



LIMA HANA



Sewing Others

Kaimuki Y's Men Club
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UPCOMING EVENTS

July 11:
6pm Club Meeting

July 19:
5pm YMCA Family Night

August 1:
6pm Club Meeting

President's Message OUR FUTURE, OUR CHOICE

Imagine the possibilities! As we look ahead to another service year, we should be enthused and optimistic about our prospects for making a difference with the YMCA and our changing community. We have the desire and dedication, the support of many and a clear focus on who we are and why we exist. Make no mistake, we will have many challenges that will test our resolve, but with good planning, good participation and shared leadership, we can accomplish anything! It's our choice—a personal choice that each and every one of us need to make.

We were all touched by the YMCA in our lives and know that we can have a key role in making sure our YMCA remain strong espe-

cially for the many kids and families whose lives also need that special Y touch. We all love Hawaii and our community and know that we can improve the quality of life for many by just giving back a little of our time, love and, yes, money. Such a modest price to pay for the possibility of positively changing lives.

"Acknowledging the duty that accompanies every right", is not just our motto but a philosophy for living that should drive all that we do. When we recognize the *duty* we each have to serve others, we understand the meaning of life. What greater purpose can we serve in our own lives?

It has been an honor to serve as your president this past year, and although I am leaving that



Paul Kuromoto, IP President

office, I am not leaving my responsibility to provide personal and shared leadership. I challenge all of you to choose that attitude.

Let us all give incoming president Brad Ishida and all our leaders and each other the support through hard work, participation and renewed dedication to our mission so that our imagined possibilities become reality!

Paul Kuromoto

RAY SETO, Club Member of the Year!



Congratulations to Ray Seto, our club's only remaining charter member, for being named as "member of the year" in this, our first president's award. In presenting the award at our June 6th club meeting, president Paul Kuromoto began

with "It is obvious that Ray Seto should be receiving our member of the year award. His active participation in club work projects and activities and his leadership for our club sponsored endowment dinner for the district, brother club

(continued on page 3)

WHAT'S MY JOB?

When you are assigned a responsibility, what's YOUR job??

Submitted by Paul Kuromoto

Whether you are a club officer or not, whenever we are individually tasked with a job, what should we be doing to insure that the job gets done? I suggest the following:

1. Be willing to assume responsibility.

The task of operating a club and its activities is a shared job, not just the president or officer of the club.

2. Have a clear picture of the end result of your responsibility. Begin with understanding what and by when each task involved in your job is and due. Ask questions to make sure you know what is expected.

3. Take full initiative to plan all the tasks involved with your job, create an action plan and follow through. Visualize all the tasks that will need to be done. Determine a time line. Save time and grief for you and the club by following your timeline. Ask for help when you need it and communicate your progress with the person who assigned the responsibility to you. Do not "dump" tasks on others without considering what YOU should do yourself and what is appropriate to ask someone else to do. Follow up with persons you give a responsibility to, and make sure the task gets done. "Dumping" your task on another person does not relieve you of being accountable. Of course the person you assigned the task to should also be following these guidelines so, hopefully, when you follow up with that person, the task is being done without you having to pick it up yourself. If everyone follows up the job will get done without glitches.

4. Plan to do better than what is expected. Doing a "good job" requires that we each think about how we can go above and beyond what might be expected. These would be good surprises for the club that would make each activity even better. Although this is not expected, going above and beyond demonstrates our commitment to the event and taking personal responsibility for the success of the club.

5. When you need help or answers, ASK THE RIGHT PERSON.

Each member HAS the responsibility to know who is responsible for a task. Good communication and effective completion of your task will depend upon asking your questions to the person who should be giving you the answer. This is not always the same person, i.e. President. If it is a budget issue, ask the treasurer. If it is a question for a particular club activity, ask the person in charge of the activity. Stop the thinking that one person, such as the President should know everything. Doing so puts too much on one person and discourages members to take on a club leadership position. With this said, keep in mind that it is your responsibility to keep the person in charge informed of what you are doing. Making a decision on your own that is not consistent with what was already agreed would be a "bad surprise" and undermines club effectiveness and morale. Being in charge of something does not give you license to make these kind of changes without checking with the right person first.

6. If you cannot fulfill a task when it is expected to be done, ask for help before it is too late. The worse thing that you can do is forget or simply neglect your tasks and timeline. The club is depending on you to come through for us. Be sure that your need for help is genuine and based on legitimate cause. Everyone in the club is busy and it would be catastrophic if everyone started abdicating their responsibilities for their own convenience. Anticipate the time you will need.

7. Be positive and motivating to others as you fulfill your task. We each have the choice of the attitude we bring to the job. We can be pleasant or we can be unreasonably demanding and demeaning in how we fulfill a task, the choice is ours. Members leave when they feel unappreciated and "dumped" on.

8. Take full accountability for the successful completion of your job at all cost. Failing to do your job is disrespectful of the other members in the club as it sends a message that your life and your time is more important than everyone else's.

9. Be ready to help each other out at all activities. Every member should be active and involved in every activity. You are not a guest, you are a member and part of a club team. If you find yourself simply observing rather than taking an active part, find a way to make yourself useful and a contributing force at all activities.

10. Remember that we are all owners of our club. Function as though you are a full partner in a business not just a part timer. Do everything a partner needs to do to insure that we have a successful business.



“Take full responsibility for your job, but be ready to help each other out”

Club Sponsored Endowment Dinner a Success

The annual Metro District Endowment



Masayo with Daichi and Kaine Martin Nakagawa

was also a new member induction conducted by all club presidents and our Past Area President, **Donna Ward**. Attending from our club were **Ray & Phyllis Seto, Brad & Sharon Ishida, Masayo & Bob Martin, Helen Ushijima, Paul Kuromoto, Bobby Stivers, Lisa Joy Andres** with **Joy and Marisa, Yuko Inoue** and brother club members **Takeo & Noriko Ohara**. Our honorees were **Daichi and Kaine Martin (Masayo & Bob's twins)** Here is the text as it will appear in the **GOLDEN BOOK** at Y's Men IHQ in Geneva:

KAIMUKI Y'S MEN GOLDEN BOOK INDUCTEES

The Kaimuki Y's Men Club is pleased to submit **Kaine and Daichi Martin Nakagawa** into the Y's Men International's Golden Book.

Building strong kids and families are YMCA values that are highly re-

garded by our Kaimuki Y's Men Club. We view a healthy family as the key to developing our children into happy, healthy and successful adults. We know that our children are our future.

Kaine and **Daichi** are our club's youngest children and their birth over a year ago created a new energy within the club to view our club and the entire Y's Men Movement with more enthusiasm and optimism. As we all share in the care of these children and watch them grow, we feel a sense that there WILL be a new generation that will have the dedication and spirit of community service to carry on our mission.

The Kaimuki Y's Men Club therefore submits **Kaine** and **Daichi** Martin as Golden Book Honorees on behalf of all Y's Men and YMCA children who will one day walk in our footsteps.

Dinner sponsored by our club held on May 17, 2007 at the Japanese Chamber of Commerce, was well received by the over 80 Y's Men and guests who attended. Although usually attended by Metro Clubs, this year we had representation from all clubs in the region. Included in the program

CHRISTIAN EMPHASIS

(Ray Seto, page 1

visitation program and the 71st regional convention distinguished him as truly outstanding". Ray received applause from all members present and the unanimous comment, "I

It is well deserved!" Mahalo, Ray!!!

(Christian inspiration offered by Sharon Ishida)

THE KAIMUKI Y'S MEN CLUB ...
Is a Miracle!

There is nothing that together we cannot do.

We work, play, and strive for success as a team.

We believe that success is more than just a dream.

And so each day we all contribute
To life's wonderful exhibit
And knowing that anything can be
If only we allow excellence to be
free
And to know that progress begins
not with you,

BUT WITH ME.

-Thanks to an Unknown author

PLAN NOW FOR THE 2008 INTERNATIONAL CONVENTION *Herning, Denmark - July 31 to August 2, 2008*

Traveling to foreign countries is always a challenging task, especially from Hawaii. You've got to be checking airfares all the time to make sure you secure the best prices. This is a good reason why you should start making plans to attend the 2008 International Convention now. Herning, Denmark

does not have a passenger airport, so the best airport to fly into is probably Copenhagen (CPH). The closest passenger airport is probably Karup (KRP). Either way you'll have to find ground transportation into the city of Herning. In checking today's airfare to Copenhagen, the best web fare was \$2181 on Ameri-

can Airlines.

To Fly into KRP, which goes through Copenhagen, the cost on Continental Air, is \$2654. There are better fares if you keep searching. In any case, Denmark would be a great place to visit. Why not plan to attend the 2008 International Convention!

KAIMUKI Y'S MEN CLUB HONOLULU, HAWAII

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"To Acknowledge the duty that accompanies every right."

FOUR TO ATTEND GARDENA VALLEY Y'S MEN 60TH

Brad & Sharon Ishida along with daughter, **Mikie Okihara** and **Paul Kuromoto** will be attending the 60th anniversary celebration of Brother Club Gardena Valley Y's Men on June 21st in Gardena, California. Our club will be presenting a special plaque to honor this important milestone. A complete report will be made when they return.



BROTHER CLUB VISIT

On Sunday, May 20th, we co-hosted with the Central Y's Men and Women Service Club, **Yuko** and **Hitoshi Inoue**, **Takashi** and **Hideo Kawakami** (Kyoto Palace Club) and **Donna** and **Bill Ward**, at the Ishida's home for a dinner party. We enjoyed a scrumptious dinner and played a couple of party games complete with Made in Hawaii prizes. There were 25 people attending, including all our guests mentioned above and **Ray** and **Phyllis**, **Brad** and **Sharon**, **Helen**, **Lisa Joy**, **Marissa**, **Joy**, **Bob**, **Masayo**, **Daichi**, **Kaine**, myself, **Bobby Stivers**, **Nan Asuncion**, **Lillian** and **Walter Otake** (Sharon's parents), **Ricky** (Sharon's son), and Central club members, **Phil Sammer**, **Rick Lau**, **Reggie Takaki**, **Roy Hiyama**, **Garret Ho** and guest,

Mary Nakamura and **Ted Isokawa**. Many thanks to the Ishidas for once again allowing us the use of their beautiful home.

We held an Aloha Chinese Dinner along with the Central Club, on Monday, May 21st for brother club members, **Takeo** and **Noriko Ohara**, **Yuko** and **Hitoshi Inoue** with their son and son's guest and **Donna** and **Bill Ward**. It was a nice way to end their wonderful visit with us. Attending the dinner were **Ray**, **Phyllis**, **Brad**, **Sharon**, **Bob**, **Masayo**, **Kaine** and **Daichi** from our club, **Phil Sammer**, **Rick Lau**, **Reggie Takaki**, **Darryl Tupinio** and **Roy Hiyama** from the Central



Creating Lasting International Friendships
The Spirit of Brother Clubbing

Club. We were also joined by **Paige Ishida**, **Sean Ishida**, **Clinton**

71ST REGIONAL CONVENTION HELD ON MAY 18-20, 2007

The 71st Hawaii Region Convention is now in the history books but our memories of this very successful event will continue on for sometime. Convention chair and Kaimuki Y's Men, **Ray Seto**, did an outstanding job in conceptualizing something a little different and, in his own words, "better than most". From the well organized check-in and registration headed by the West Oahu Club, to the daily well managed program by the Windward Club, to delightful magic show by the League of Young Magicians secured by **Russ Lynch** of the Windward Club, to the professionally done live auction and hospitality programs handled by the Nuuanu Club, good pupus donated by the Kalihi Club, the well coordinated transportation by the Central Club, our convention booklet put together by our own club AND the well received 6th ACADEMY led by co-deans **Sharon Ishida** and **Linda Chung**, this year's convention had it all! I wish more of our club members could have been there to join myself, **Ray** and **Phyllis Seto**, **Sharon** and **Brad Ishida**, **Masayo & Bob Martin** (with **Kaine** and **Daichi**), **Bobby Stivers**, **Yuko Inoue**, **Helen Ushijima** and **Nan Asuncion**, to have experienced a truly grand event. We were also joined by brother club members **Takeo** and **Noriko Ohara**, from the Setagaya Club. Our club received service awards for World Service, YMCA Service, Community Service and Club Bulletin. The Windward Club was awarded the Club of the Year and **Marion Liu** and **Lance Niimi**, co Presidents of the Year. All of those were well deserved. The 72nd convention will be on Maui in May of 2008, and our goal will be better club turnout.

Ishida and **Judy Ishida**. Paige will be our youth representative who will be hosted by our brother club in Japan this summer.

71st HAWAII REGIONAL CONVENTION GARNERS FAVORABLE REVIEWS

A lively discussion to critique the past Regional Convention was held at Liu's Restaurant in Kamehameha Shopping Center on May 30th. **Ray Seto**, Convention Chairperson, took the opportunity to thank the Club Presidents and planning committee for their diligence and hard work that made the event such a success.

Comments ranged from "great hotel negotiations" to the "need for a more equitable division of tasks among clubs". The Y's Men's Academy held on Saturday, May 19th, merited highly favorable scores, especially regarding the three speakers.

Notes for this Convention will be passed on to the OVG District for use in planning the next Convention.

INTERNATIONAL NEWS

The International Council next meeting will be in Adelaide, Australia. The most important decision that the council is working on is what they have now labeled as the Power Balance for Y's Men International. The council members will be reviewing some of the past methods of how the seats are allocated. The larger the area, the more members they have representing that Area. The U. S. Area is now one of the smaller Area in Y's Men's International. The U. S. Area is the founding area for this great organization since its inception in 1922. That means we are now 85 years old. Should you have any suggestions as to how the ICM should be made up you can write to headquarters and offer your idea.

U. S. AREA NEWS

Last call for the U. S. Area Convention in South Carolina. July 12-15, 2008. The Hawaii Region will have at least four (4) delegates to the Area Convention. They are R-D Phil Sammer, M/M Raymond Seto and Donna Schultz. Any others joining us would be nice. The Hilo President may be a delegate and don't know if George will accompany Donna to the Convention. Donna Schultz will receive the Boots Fabian Award, and the 1st woman to be selected to receive this award. She is the 2nd Y's Person to receive this award from Hawaii, the first being Paul Kuromoto.

HAWAII REGION NEWS

The 71st Hawaii Region Convention is now history. One of R-D Sammer's requests is for all clubs to consider the method of how our Regional Convention should be hosted. Club Presidents will be asking club members to come up with ideas for the region to proceed. Now is a good time to discuss this matter as the regional convention was just held and memories are fresh in all who participated.

METRO DISTRICT NEWS

We welcome our new District Governor **Russ Lynch** of the Windward Club. He will be calling his first meeting soon. Let's all support him, as he takes the Metro District to new highs for Y'sdom. The District also hosted one of the best Regional Conventions at the Pagoda Hotel this past May. The program of combining the Academy with the convention proved to have worked really well with the subject of discussion being the status of our membership and how we are to go after the members we want to have in our organization. The speakers hit home on why we are failing if we don't change ourselves to the real world of people who are interested of volunteer work.

Thanks to all who contributed to the success of this Regional Convention.

What the Y Means to Me

by Kristi Paul

Executive Director, Kaimuki YMCA

P-R-I-D-E

- ◆ **Purpose** ... at the YMCA there is a sense of pride and purpose. I see it everyday in the staff, the members, program participants, parents and volunteers. The sound of laughter and fun fills the courtyard daily. The sound of teens and young adults learning and teaching others. I waited two years before being hired by the YMCA. The history and longevity pulled me in. The people, programs and values have kept me here.
- ◆ **Relationships** ... that are built on core values: honesty, respect, caring and responsibility. Relationships that start in a part-time preschool program, the pool, an exercise class, or a weekend teen leadership program. Relationships continue through college and adulthood and lead to YMCA Committee, Board and Service Club opportunities. Relationships that matter and create a life-long bond with the YMCA and give people a reason to give back.
- ◆ **Impression** ... created by professional staff, volunteers, members and constituents that makes the Y a place where others want to be and to be a part of. There are many other places to go, but the Y "feels good". The Y makes a difference. The Y cares.
- ◆ **Development** ... the Y is about developing people. From cradle to grave, the Y has programs for all. It is about developing specific skills—like learning to swim or martial arts; abilities—like public speaking in Youth Legislature; healthy lifestyles—in fitness classes or workout centers; relationships—with other participants or with a teen advisor or mentor; and spirit—a healthy acceptance of self.
- ◆ **(All) Encompassing** ... all are welcome. All are included. We don't deny anyone who wants to be a part of the Y. The Y appreciates and welcomes diversity—including those who cannot afford our programs. We are about people, family, kids and community.

The Kaimuki-Waiālae YMCA is a place to go and a place to grow. We will continue to grow every day and serve the needs of the community—in Body, Mind and Spirit. We will do this together with the volunteers, staff and community working together for a strong tomorrow. Committed volunteers, Board members, committee members and annual campaign members are a vital part and critical to the success of the YMCA as we work to fulfill the mission.

