



# LIMA HANA

*Serving Others for 50 years*



September Emphasis  
**ENDOWMENT**  
 RSD:  
**RAYMOND SETO**  
**VOLUME 48 ISSUE 5**

Kaimuki Y's Men Club  
 4835 Kilauea Avenue  
 Honolulu, Hawaii 96816



SEPTEMBER 2014 Issue

Chartered: April 5, 1963  
 Phone: (808) 737-5544



**Inside this issue:**

Club President's Message	1
International, U.S. Area, Hawaii Region, Metro District News	2
Branch Executive's Message	3
Japan club member, Hiroko's	4
Hiroshima YMCA Exchange Program highlights	5



## President's Message

*By Tiffany Kiyabu*

### **Aloha, Members!**

Although summer seems to last year round here in Hawaii, the season is coming to a close, and we are entering the season of fall. We may not get to see the changing of the colors of the leaves and such, but as all of our calendars and schedules can attest, we can see the changes in our schedules. With the fall and winter - a plethora of events and family functions seem to multiply to celebrate all the upcoming holidays; and it is no different for our club as well!

First, I want to thank everyone who made it to our September potluck meeting. It was a joyous occasion to see so many members in one place sharing in food, fellowship, fun, and, of course, all the club business. It is always great to see so many members and their families. A special thank you to Kaimuki club member **HIROKO YOSHIDA** who resides in Japan. She attended with Tokyo Sunrise Y's Club member **MITSUHIKO KOMOBUCHI** and his wife **EMIKO KOMOBUCHI**. It is always fun to meet members from other clubs, especially those outside of the Hawaii Region. Thank you to **MITSUHIKO** for his donation to the Kaimuki Ys Men's Club, as well as to members **KOLOHE IMAMURA** and **HIROKO** for their kind donations.

In the next few months, we look forward to a number of repeat events. First up is the Kaimuki YMCA ASP Halloween festivities, paired with the now annual Kaimuki YMCA Halloween family fair and teen Haunted House, which will be held on October 31st. Special thanks to club members **TONY YEE, WES PEI** and **JAY NISHIMURA** who all take a large role in the planning.

Please be sure to check with **RAY** regarding next year's convention being held in Las Vegas, Nevada. He'll be happy to provide you with information on a special Early Bird and Group Rates through his travel contact. Lastly, please make sure to contact **BRAD ISHIDA** for your dues and such. Looking forward to seeing you all in October to discuss in more detail all the other rapidly approaching events!

*Tiffany*

**CLUB CALENDAR**

**NEXT CLUB MEETING**  
**MONDAY, OCTOBER 13th**  
 6:30 pm at Kaimuki Y

**METRO DISTRICT MEETING**  
**TUESDAY, OCTOBER 21st**  
 Hosted by West Oahu Y's Men Mililani YMCA, start time to follow

**REGIONAL MID-YEAR CABINET MEETING**  
**SATURDAY, NOVEMBER 8th**  
 Ilima Hotel, 9:00 am

**CLUB DUES FOR 2014-2015**  
**PAYMENT DUE BY 9/15 to Brad Ishida**



## INTERNATIONAL NEWS

The 2014 International Convention was held in Chennai, India from August 7-10 . Check out the [Y's Men International Facebook](#) page which contains photos from the Convention and the International Council Meeting that was held before the Convention. No one from the Hawaii Region was able to attend the events.

## U.S. AREA NEWS

Picked up from the "Word To The Y's" newsletter of the Carondelet Y Service Club—The Mid-America Region will hold its Convention on October 4, 2015 in Kankakee, IL ... if you're in the area. The website for the Area ([ysmenusa.org](http://ysmenusa.org)) has all of the newsletters from around the U.S. Just select the "WHAT IS NEW" tab.

## HAWAII REGION NEWS

This year's Regional Awards Committee will be conducting a training session for the Club Presidents (or representative from each club) on the revised Awards forms, immediately following the November 8th Region's Mid-Year Cabinet meeting. Hopefully, this will make the process easier for the clubs to report their year's achievements which are traditionally honored at the Regional Convention each year. Questions will be answered and the actual form will be reviewed in detail.

Speaking of the Regional Convention, May 13 and 14, 2015 have been designated with the likely venue of Las Vegas, Nevada.

## METRO DISTRICT NEWS

Our club was represented at the Metro District Meeting last month by **RAY SETO, TONY YEE and VERNON YOSHIDA**. They report that support was given to the Peace Project and the Las Vegas venue for the May 2015 Convention. Volunteers are also needed to sort through historical Y's Men material currently housed in the Nuuanu YMCA basement. April 11, 2015 has been targeted for the YMCA Healthy Kids Day at the Bishop Museum. Also on the calendar is the YMCA of Honolulu's ASC Kick Off at Dole Cannery on February 7, 2015..

The next Metro District meeting will be hosted by the West Oahu Y's Men's Club on October 21st. The Kaimuki Club will need to decide on a date and menu for their turn in January 2015.

*"Look at a day when you are supremely satisfied at the end. It's not a day when you lounge around doing nothing; it's a day you've had everything to do and you've done it."*

Margaret Thatcher



Christian Emphasis  
2 Corinthians 13:11 (NKJV)

*"Be of good comfort, be of one mind, live in peace; and the God of love and peace will be with you."*



## A Message from the Branch Executive of the Kaimuki-Waialae YMCA

**TONY YEE**



Aloha Lima Hana Readers,

This month the YMCA of Honolulu kicked off the beginning to the 2014-15 Youth and Government session by conducting a training for the new group at the Atherton YMCA. We are proud that the Youth Governor for this session is Kaimuki's very own **KAI UYEHARA**. One of our staff members, **MICHELLE MUELLER**, recently sat down with **KAI** for a little talk-story.

Michele: How long have you been a part of the YMCA?

Kai: 11 years

M: What makes you stay at the YMCA?

K: Great memories and I want to pass those down to the younger generations.

M: What is your best memory of the YMCA?

K: Relay for Life was the best memory. It was my first year with Relay for Life. It was memorable interacting with survivors of cancer and people dealing with cancer. It felt good to give a good time to those people. The event was a humbling event, but fun at the same time.

M: What legacy would you want to leave at the YMCA?

K: I want to change the focus from what can I get to what can I give. It will always be easier to be giving when you experience the good that comes out of it.

M: Would your life be different without the YMCA?

K: My morals would not be the same. Never a day goes by that I don't think about the Ragger's Creed. That influences all the decisions I make.

M: Where do you see yourself 5 years from now?

K: I see myself working with Middle Schoolers or anything involved with the YMCA.

M: If you were the Executive Director, what would your focus be?

K: I would focus on the teens because teens get an automatic label of troublemakers. I want to show the community that teens can contribute as well.

M: What would you change as an Executive Director?

K: I would promote Day Camp more. Looking in the future, starting them young.

M: How do you hold yourself in public?

K: As a teen, some are shame to be part of the YMCA. You shouldn't be ashamed, you should be proud.

M: What advice would you give the younger generations?

K: The longer you stick with the YMCA, the more you will realize what they have been trying to help you with. Patience is a virtue! The YMCA will always be there.

Until next time,

*Tony*



Kai playing the ukulele for children in Hiroshima



## CLUB MEMBER HIROKO YOSHIDA VISITS THE ISLAND

By Ray Seto

Tokyo Ginza & Kaimuki Club member **HIROKO YOSHIDA**, arrived in Honolulu on September 4th for a golfing holiday with **MITSUHIKO & EMIKO KOMOBUCHI**, of the Y's Men's Club of Tokyo Sunrise. This club celebrated its 25<sup>th</sup> Club Anniversary this year. They stayed at the Ilima Hotel. Their golf itinerary included golf at Turtle Bay Golf Club on the 5th, Ala Wai Golf Club on the 6th, Ft. Shafter Nagoski G. C. the 7th and Leilehua G. C. on the 8th.

**RAY SETO** arranged golf at Nagoski and Leilehua. Club member **VERNON YOSHIDA** played with the group at Leilehua, enjoying the time off from work. After the round at Leilehua, a sayonara dinner ended the busy itinerary at a Chinese restaurant in Mililani. Our visitors certainly seemed appreciative of the hospitality and the sunny days of golfing!

The Kaimuki Y's Men's Club rescheduled its club meeting to Sunday, September 6th so **HIROKO** could attend as a club member. She paid her dues and made a donation to the club treasury. Also attending the club meeting were **MITSUHIKO and EMIKO**. This was one of our largest member turnouts for a club meeting that included a delicious potluck dinner for all.

Besides golfing, a visit to Hanauma Bay and shopping at all the golf course pro shops rounded off their activities. They returned to Japan on the 9th. Aloha to our gracious visitors from Japan until we meet again!



MITSUHIKO KOMOBUCHI, HIROKO YOSHIDA and EMIKO KOMOBUCHI share a last aloha (and shaka) after the club meeting

THE KAIMUKI Y'S MEN OHANA SMILES PRETTY FOR THE CAMERA AFTER A MEMORABLE EVENING WITH OUR JAPAN VISITORS



## YMCA HIROSHIMA EXCHANGE SPARKS LIFELONG MEMORIES

*by Jay Nishimura*

The 54th Let's Get Together Exchange was an awesome opportunity for Honolulu teens to have a great exchange and cultural experience. This year, three YMCA staff went. **KEAHI KAAWA** from Atherton YMCA, **JAY NISHIMURA** from Kaimuki YMCA, and **TIFFANY UNDEM** from Nuuanu YMCA. Thirteen teens from the Kaimuki, Nuuanu, Mililani and Kalihi YMCAs were chosen to attend .



A Bomb Dome was memorable

The teens engaged in peace talks with the Hiroshima teens, as well as homestay. The homestay is a crucial part of the exchange, as all of the cultural aspects come to life. All the teens reported a great homestay experience. We went to a Carp baseball game, Miyajima Island for camping and the Iwakuni YMCA.

The teens are excited for this coming summer as Hiroshima teens are coming to Hawaii. The bonds of friendship they formed are very strong. The staff as well as teens made great relationships with the homestay families and the Hiroshima YMCA Staff.



Hawaii teens visited the Sadako Crane Memorial

### KAIMUKI Y TEEN PARTICIPANTS:

**Kekoa Shiota-Ho**  
**Cody Chung**

**Nicholas Bagget**  
**Chris Ilar**

**Dakota Lind**

KAIMUKI - WAIALAE YMCA  
4835 Kilauea Avenue, Honolulu, HI 96816

#### 2014-2015 CLUB OFFICERS

PRESIDENT: TIFFANY KIYABU  
VICE-PRESIDENT: SHARON ISHIDA  
TREASURER: BRAD ISHIDA  
SECRETARY: SHARON ISHIDA  
LIMA HANA BULLETIN EDITOR: SHARON ISHIDA

### KAIMUKI Y'S MEN CLUB ROSTER 2014-2015

Lisa Joy Andres, Leina'ala Hilea. Noa Hussey, "Kolohe" Imamura, Cassidy Inamasu, Brad Ishida, Sharon Ishida, Keahi Kaawa, Tiffany Kiyabu, Bob Martin, Masayo Nakagawa, Jay Nishimura, Reuben Naholowaa, Wes Pei, Ray Seto, Brian Shimabukuro, Robert Stivers-Apiki, Tony Yee, Hiroko Yoshida, Vernon Yoshida

#### HONORARY MEMBERS

Paul Kuromoto, Phyllis Seto

#### KAIMUKI Y'S SLINGS

Joy & Marisa Andres, Kaine and Daichi Martin, Maile and Taylor Yee



## BROTHER CLUBS

**Gardena Valley Y's Men's Club**  
1000 W. Artesia Boulevard  
Gardena, CA 90248-3364

**Tokyo-Setagaya Y's Men's Club**  
c/o Setagaya YMCA  
3-Chome, Miyasaka  
Setagaya-Ku  
Tokyo, Japan 156-0051

**Tokyo-Ginza Y's Men's Club**  
[tokyo-ginza-ys-mens-club@googlegroups.com](mailto:tokyo-ginza-ys-mens-club@googlegroups.com)