



LIMA HANA

Serving Others for 50 years



October Emphasis
ASF/DOLLARS FOR SCHOLARS
 RSD
MAURICE SHIMONISHI
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Kaimuki Y's Men Club
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Inside this issue:

Club President's Message	1
International, U.S. Area, Hawaii Region, Metro District News	2
Branch Executive's Message	3
Christian Emphasis	4



President's Message

By Tiffany Kiyabu



Aloha Members!

Happy Halloween! It's that time of year again when ghouls, goblins and ghosts return to haunt the Kaimuki-Waiālae YMCA! A special mahalo to the club members who have been tirelessly helping with the annual Kaimuki YMCA Teen Program Haunted House. The two-and-a-half room haunt always draws a nice sized crowd and raises much needed funds to support the teen program efforts. Thanks to all of you who helped support in the design, build, attend or breakdown the house - it truly is a team effort.

I especially want to take the time to send a mahalo out to the Kaimuki Ys Men members, both current and former, who have come out to support a SECOND Haunted House built on the campus of Sacred Hearts Academy. The Academy's Parent Board hosts a "Fright Night" on the campus for Academy families and requested the knowledge, help and expertise of the Kaimuki Ys Men and Teen Advisor Corps to help design and build their "Haunted Oz" attraction. It's expected that hundreds of families will attend the Fright Night for a truly memorable time.

Be sure to mark your calendars for the upcoming Cancer Camp being hosted out of Camp Mokuleia on the weekend of November 20th - 22nd. Any help and support is greatly appreciated! Be sure to contact JAY NISHIMURA for more details on how you can help with this annual great cause!

Other great upcoming opportunities to get out and support include the YMCA of Honolulu's Youth and Government program! The Kaimuki YMCA delegation has been undergoing trainings run by club members TIANA MARUYAMA, BRYAN PARK and many more -- keep your fingers crossed for Kaimuki's teens running for elected positions!

Stay safe everyone!

Tiffany

CLUB CALENDAR
NEXT CLUB MEETING
 Monday, November 9, 2015
 6:15—8:00, Kaimuki Y

HALLOWEEN HAUNTED HOUSE
 Sponsored by the Kaimuki Teens Group
 Saturday, October 31, 2015
 Kaimuki Y
 (admission charge)

METRO DISTRICT MEETING
 Saturday, November 14, 2015
 Kalihi YMCA, 11:30 am

HAWAII REGION MID-YEAR CABINET MEETING
 Saturday, November 21, 2015
 Ilima Hotel

CANCER CAMP
 November 20—22, 2015
 Camp Mokuleia
 (contact JAY NISHIMURA for details on how you can help)





INTERNATIONAL NEWS

Ever wonder how the TIME OF FAST GLOBAL PROJECT FUND donations are spent? TOF projects should primarily:

- deal directly with people,
- improve the receiver's quality of life,
- be of the self-help variety, with ongoing results,
- have the endorsement of the YMCA of the country in which the project is located.

The following projects are the latest endeavors:

1. **"Kachin Drug Rehabilitation Project"**: Myitkyina, Kachin State, Myanmar - Because of easy access to drugs, many young people in Myanmar are becoming users. In Myanmar, the drug issues are, especially in the states of Kachin and Shan. Myanmar stands second in production of poppies in the world, next to Afghanistan.
2. **"YMCA Youth Potentials"**: East Jerusalem. Palestine - In partnership with the East Jerusalem YMCA, young Palestinians will be nurtured and empowered by providing opportunities through programs which will enhance their skills, help them overcome challenges and improve their social reality.
3. **"A Bridge for Social Inclusion over Educational Gap"**: Marginal Neighborhoods in the West Zone of Montevideo, Uruguay - This project aims to reach the over-aged and socially misfit group to prevent them from marginalization and anti-social behavior and provide them the hope and means to change and become responsible citizens. The 105-year-old Montevideo YMCA has been working especially with children and teenagers and is a pioneer in this field.
4. **"Woman Empowerment Programme & Youth Center"**: Fort Kochi, Lerala, India - Drugs and gangs have changed the face of Fort Kochi. Unemployed and poorly schooled youth draw to these vices like a magnet. In order to save the youth of Fort Kochi and mold a good society, the YMCA of Fort Kochi and the YMC-Chochin West have given shape to this project named Youth Resource Centre to motivate and guide the young in the area to lead a responsible life. The YRC also plans to organize vocational training courses for the marginalized women, especially widows, in the Fort Kochi area to help them earn a decent livelihood and to lead them into the main stream of society.
5. **"Training Schools in Creative Technologies"**: Ecuador, Province Pichincha, Canton, Quito - Designing training modules for families geared to changing cultural patterns for mainstreaming their children into the formal educational opportunities for children and adolescents in creative technologies, and training families to adapt to changing cultural patterns.
6. **"Youth & Women Empowerment through Self Employment"**: Airapuram, Ernakulam District, Kerala—Y's Men's Club of Airapuram is embarking on this project to empower women in the category of "below poverty line" by providing them with job skills to enable them to earn a decent living.

Continuing projects and additional information are available for viewing on the ysmen.org website.

U.S. AREA NEWS

Since the International Convention is scheduled for 2016 in Taipei, Taiwan (from August 4—August 7), the Area will not be conducting its own Convention as has been the tradition.

METRO DISTRICT NEWS

The Metro District meeting is slated for Saturday, November 14th at the Kalihi YMCA, 2nd floor (multi purpose room) starting at 11:30 am. Parking is limited in the Y parking lot but on-street parking is available on Bernice Street. Cars will be towed if Kalihi Palama Library is used. The honorable **ALBERT LEE**, District Governor will be presiding.

HAWAII REGION NEWS

There will be a full agenda for the Mid-Year Hawaii Region Cabinet meeting at the Ilima Hotel on Saturday, November 21st. RD **BOBBY STIVERS-APIKI** will be pounding the gavel at 10:00 am. Lunch will be provided by the Blue Truck caterers to preview some of the upcoming Convention meals that will be on the menu.





A Message from the Branch Executive of the Kaimuki-Waialae YMCA

TONY YEE



Aloha Lima Hana Readers,

For this edition of Lima Hana I'd like feature the newest addition to the management team at Kaimuki, **ASHLEEANN ROWE**. **ASHLEE** will be joining our own **JAY NISHIMURA** as a second Youth Director for the branch. She will have primary oversight for our Summer and Intersession programs.

ASHLEE has a Bachelor's Degree in Family Resources from UH Manoa. Her nine years of work experience within the Y has given her a broad range of experiences and perspectives in both Youth and Membership. Her recent roles include Site Director of Kahala Elementary, our largest A+ site, and Front Desk Clerk in membership where she played a significant part in the growth of the program. Here's an excerpt from an impromptu interview.



How did you get started at the Y?

I first got involved with the YMCA, because my friend worked here. She thought that I would enjoy working with the children in the after school program.

Why do you stay with the Y?

I've stayed with the YMCA, because I believe in the programs that we offer to the community and I want to help improve and expand those programs.

What have you learned through the Y?

I've learned a lot from being at the YMCA. One thing that I learned is how important it is to have the right attitude when working in a team. It really does make a difference in the outcome and within the team on how well everyone works with one another.

What would you share with other young people who are just getting started with the Y?

For anyone who is getting started with the YMCA, I would tell them be open to the different opportunities the YMCA has to offer. They should step out of their comfort zone and take on new and challenging things.

In other news, the Kaimuki Y was asked to help Hawaii Public Radio with their semi annual on-air pledge drive. Mahalo to the four other representatives from the Y joined me in participating: **CAROLINE DANG**, **ASHLEEANN ROWE**, **COLLEEN LEUNG**, and **MAILE YEE**.

Our friends at HPR were kind enough to mention the Kaimuki Y several times on-air and we are grateful for the volunteer time their leaders **MICHAEL TITERTON** and **VALERIE YEE** have given at the Kaimuki Y this past year.

Wishing you all a safe and spooky Halloween!

TONY





SETTING UP FOR THE BOO—WES PEI and BRYAN PARK build the foundation for a spooky night at Sacred Hearts Academy as a service/fundraising project. The Kaimuki teens and advisors have also been creating their annual haunt at the Y.



Christian Emphasis
Proverbs 3:13 (NKJV)

*"Happy is the man who finds wisdom,
 And the man who gains understanding;
 For her proceeds are better than the profits
 of silver, and her gain than fine gold."*

KAIMUKI - WAIALAE YMCA
 4835 Kilauea Avenue, Honolulu, HI 96816

2015-2016 CLUB OFFICERS
 PRESIDENT: TIFFANY KIYABU
 VICE-PRESIDENT: WES PEI
 TREASURER: BRAD ISHIDA
 SECRETARY: BRYAN PARK
 BULLETIN EDITOR: SHARON ISHIDA

**KAIMUKI Y'S MEN CLUB ROSTER
 2015-2016**

Lisa Joy Andres, Reese Ebata, Nainoa Heaston, Leina'ala Hilea, Kameron Ho, "Kolohe" Imamura, Cassidy Inamasu, Brad Ishida, Sharon Ishida, Keahi Kaawa, Tiffany Kiyabu, Colleen Leung, Bob Martin, Tiana Maruyama, Masayo Nakagawa, Jay Nishimura, Bryan Park, Wes Pei, Raymond Seto, Brian Shimabukuro, Robert Stivers-Apiki, Kai Uyehara, Tony Yee, Hiroko Yoshida, Vernon Yoshida

HONORARY MEMBERS
 Paul Kuromoto, Reuben Naholowaa, Phyllis Seto

KAIMUKI Y'SLINGS
 Joy & Marisa Andres, Kaine and Daichi Martin, Daniel "Kamahina" Maruyama, Maile and Taylor Yee



**BROTHER
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