



2007 Annual Kalihi YMCA BBQ Chicken Sale

Kalihi Y's Men and Women earned an estimated \$900 from sales of about 200 chickens at the Kalihi YMCA BBQ Chicken sale. Thanks to Wayne Kim for selling the most tickets, 48, and also to Sally Wong and Sunny Young, who didn't sell all their tickets, but donate the profit margin of \$3.50 per ticket sold. The Kalihi YMCA Board sold about twice the number with estimated

profits of about \$1400. This was the first sale in about 4 years, as this event was suspended during the construction and phase in period of the new YMCA facilities. Much thanks to all who came out to help with the packaging of the chicken, including Sunny Young, Eddie Miwa, Dan Takamatsu, Tony Pfaltgraff, Sally and Will Wong., Bev and Dick Wong, Wayne Kim, and Phil and Mei-Chih Chun.



CALENDAR

December

- 3** Club meeting and caroling practice, Kalihi YMCA, 6:30 p.m. Pot luck dinner (call Eddie for assignments). Please bring wrapping paper, ribbons, tape.
- 9** **Caroling and Christmas Party.** Avalon Health Center, 9:30 a.m. Liliha Health Center, 11:15 a.m. Kalihi YMCA, 12:30 p.m. Bring tinsel leis for patients and grab bags for children. Contribute \$5 for a deserving family (instead of an adult grab bag).

CELEBRATIONS

Happy Birthday!

October

- 3** Courtney Heimowitz
- 4** Greg Lee
- 7** Marjorie Kim
- 14** Kaya Rose Heimowitz
- 15** Dick Wong
- 17** Charlene Young

November

- 13** Beverly Wong
- 16** Norma Young
- 20** Liane Miwa

Happy Anniversary!

October

- 4** Greg & Iris Lee
- 30** Tom & Bianca Kusatsu

November

- 8** Sunny & Norma Young

Teams of 2 worked to package BBQ chickens: **(top)** Sonny Young and Eddie Miwa; **(far left)** Dick Wong and Phil Chun; **(left)** Eddie Miwa and Wayne Kim.

2007 Annual Children & Youth Day



Sunny Young and Dan Takamatsu pose by the train station sign waiting for the trains to return.

The smiling faces of little children as they get on the train gave Kalihi Y's Men and Women the motivation to last the day manning the Children & Youth Day Train Stations at the State Capitol. This year the club was assisted by student volunteers, and they were a great help. The lines were long all day from 10 a.m. to 3 p.m. at the train stations, where Sunny Young, Willie and Sally Wong, Dan and Ethel Takamatsu, Bev and Dick

Wong, Eddie and Liane Miwa and their bunny, and Phil Chun supervised the loading and unloading of passengers. At times, they had to deal with people who sneaked on board the train without standing in line, but all in all it was a very satisfying day. Also the lunch line for volunteers moved too slowly. Much thanks to all who turned out to help in this annual event, which has been growing larger each year.

Today is the First Day of the Rest of Your Life

What's exciting about life is that every morning offers a brand-new day with unlimited possibilities. Yesterday's mistakes and regrets belong to yesterday. Today is clean slate, a chance to start over, to do or become anything you want, a chance to go for it! So jump into life with both feet! Go forward, head held high, expecting the best... you may be surprised at how often that's exactly what you'll get. —Anonymous



Above: Senator Susie Chun Oakland spent most of the day coordinating this event and giving out prizes for the children. Top right: Liane Miwa brought her pet rabbit, whom the kids enjoyed petting while waiting for the trains. Right: Two high school volunteers came to help the Y's men.

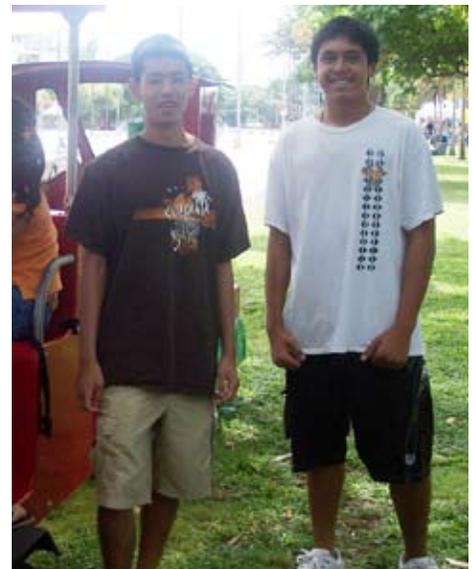
Message from the President

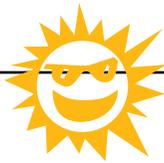
Goals for the coming year:

I would like to continue to look at our program, both for the membership meetings and functions, to encourage member attendance. Just changing the number of members to make up the quorum requirements may be too simple an answer and not address the core problem. Please share with me your ideas on how we can improve the participation of our members at any of our meetings or e-mail your ideas to me.

Let's all work together to make being a member of the Kalihi Y's Men and Women's Club more meaningful and fulfilling for all.

Mahalo,
Dan





Much thanks to all who made their annual donations for the **Foodland Give Aloha Fund**, which will benefit our club's treasury. **Greg Lee** made it a point to send in his contribution to the fund, even while still on the mainland enjoying his annual trip with **Iris** to celebrate their anniversary... Mystery of the Shave Ice Syrup solved: The club was wondering where the syrup for the shave ice stand was for the recent Summer Fun Carnival. Although there was just enough from last year's batch and from **Gary Ogata**, no one knew where the batch of syrup that **Tom Kusatsu** had promised, and it was thought that the donation didn't come through. Tom was finally contacted and he confirmed that he dropped off the syrup at the front desk at the Y that day. Tony then investigated and finally found the batch in the Program Director's office, albeit many weeks late, so the

syrup will be stored and used for next year... **Tom** has not been able to make meetings lately, as he has to take care of his mother... **Bev and Dick Wong** enjoyed a terrific few days in Cancun, Mexico as part of their UH Football tour to Las Vegas. According to Bev the accommodations and meals were first class... **Sunny and Norma Young** also went to Las Vegas for their High School Reunion, while **Greg and Iris Lee** will also stop off at Vegas on the way home from their mainland trip... **Tony Pfaltzgraff** went on his annual retreat in California for meditation and reenergizing... **Eddie and Liane Miwa** took part in the Pet Walk with their rabbit, which they brought with them to the Children & Youth Day Train Station. Children waiting for the train were very happy to see and pet the bunny, so Eddie suggested a petting zoo for next year...

Tony reported that the Y is having problems with abusive parents who swear and threaten staff. A letter was sent out to Y members from Larry Bush, president of the YMCA of Honolulu, which gave results of a satisfaction poll of YMCA Fitness members, which was not very good. Tony said Kalihi did much better than the average. Because of the fight between Democrats and President Bush, the Y's 3 year program for rural youth lost much of its funding for the 3rd year. ■ The Regional Convention will be held on Maui next year and Kalihi will be in charge of the convention booklet. Delegates will also be responsible for their own land transportation. The Royal Lahaina is the tentative site for the convention. ■ Club members donated a total of \$4,360.00 to the Foodland Give Aloha Fund, which surpassed last year's total. *Note: Dan Takamatsu, who attended the Foodland Ceremony, reported that the Kalihi Y's Men's & Women's Club was in the top 100 beneficiaries, and received \$1,216.31 from Foodland and another \$211.27 from Western Union, in matching donations.* ■ Copies of the Club Constitution were handed out to members. It showed that the quorum for meetings is 1/3 of the membership, so all actions of past meetings which had less than 50% but had 6 or more members were deemed valid. ■ A discussion was held regarding members who have not been active and have not paid their dues. It was agreed that if dues are not paid by March 1, 2008, a month before the April 1st Rosters are due, these members will be dropped from the club. Since the club must pay over \$100 per member in Regional, Area and International dues and assessments, it is not financially wise to keep non-paying members on the roster. ■ It was agreed that the November meeting, which falls on a holiday, will be cancelled, unless there is an urgent matter to discuss.

Thought for Today: A Touching Story

I was at the corner grocery store buying some early potatoes. I noticed a small boy, delicate of bone and feature, ragged but clean, hungrily appraising a basket of freshly picked green peas. I paid for my potatoes but was also drawn to the display of fresh green peas. I am a pushover for creamed peas and new potatoes.

Pondering the peas, I couldn't help overhearing the conversation between Mr. Miller (the store owner) and the ragged boy next to me.

"Hello Barry, how are you today?"

"Hello Mr. Miller. Fine, thank ya.

Jus' admirin' them peas. They sure look good." "They are good, Barry. How's your ma?"

"Fine. Gittin' stronger alla' time."

"Good. Anything I can help you with?"

"No, Sir. Jus' admirin' them peas."

"Would you like to take some home?", asked Mr. Miller.

"No, Sir. Got nuthin' to pay for 'em with."

"Well, what have you to trade me for some of those peas?"

"All I got's my prize marble here."

"Is that right? Let me see it" said Mr. Miller.

"Here 'tis. She's a dandy."

"I I can see that. Hmmmmm, only thing is this one is blue and I sort of go for red. Do you have a red one like this at home?"

"Not zackley but almost."

"Tell you what. Take this sack of peas home with you and next trip this way let me look at that red marble".

Mr. Miller told the boy.

"Sure will. Thanks. Mr. Miller."

Continued on page 4

Continued on page 4

Thought for Today *(Continued from page 3)*

Mrs. Miller, who had been standing nearby, came over to help me. With a smile she said, "There two other boys like him in our community. All three are in very poor circumstances. Jim just loves to bargain with them for peas, apples, tomatoes, or whatever. When they come back with their red marbles, and they always do, he decides he doesn't like red after all and he sends them home with a bag of produce for a green marble or an orange one, when they come on their next trip to the store.

I left the store smiling to myself, impressed with this man. A short time later I moved to Colorado, but I never forgot the story of this man, the boys, and their bartering for marbles. Several years went by, each more rapid than the previous one. Just recently I had occasion to visit some old friends in that Idaho community and while

I was there learned that Mr. Miller had died. They were having visitation that night that evening and knowing my friends wanted to go, I agreed to accompany them. Upon arrival at the mortuary we fell into line to meet the relatives of the deceased and to offer whatever words of comfort we could.

Ahead of us in line were three young men. One was in a army uniform and the other two wore nice haircuts, dark suits and white shirts... all very professional looking. They approached Mrs. Miller, standing composed and smiling by her husband's casket. Each of the young men hugged her, kissed her on the cheek, spoke briefly with her and moved on to the casket. Her misty light blue eyes followed them as, one by one, each young man stopped briefly and placed his own warm hand over the cold pale hand in the casket. Each left the mortuary awkwardly, wiping his eyes.

Continued on page 5

Laugh A Little, Live Longer

6th Grade History (Examples of creativity provided by a 6th grade class during history tests.)

1. The greatest writer of the Renaissance was William Shakespeare. He was born in the 1564, supposedly on his birthday. He never made much money and is famous only because of his plays. He wrote tragedies, comedies and hysterec-tomies, all in Islamic pentameter. Romeo and Juliet are an example of a heroic couple.
2. Writing at the same time as Shakespeare was Miguel Cervantes. He wrote Donkey Hote. The next great author was John Milton. Milton wrote *Paradise Lost*. Then his wife died and he wrote *Paradise Regained*.
3. Delegates from the original 13 states formed the Contented Congress. Thomas Jefferson, a virgin, and Benjamin Franklin were to 2 singers of the Declaration of Independence. Franklin discovered electricity by rubbing two cats backward

Continued on page 5

Meeting Notes *Cont'd from page 3*

■ The December meeting will be held on the 1st Monday, December 3, so members can wrap gifts and practice singing for the Caroling project on December 9. ■ The caroling will be at Avalon Health Center (formerly Beverly Manor) and the Liliha Health Center. Since Carl and Adele Tanaka will not be able to make it this year, Bev Wong volunteered to coordinate the games, and Tony Pfaltzgraff the food for the Christmas Party. It was also agreed that the \$10 per person adult grab bag activity be dropped in favor of \$5 per adult donation for a needy family chosen by the Y staff.



More Children and Youth Day Smiles



Top left: Bev Wong. Top right: Sally and Willie Wong. Left: High school volunteers help the Y's men. Right: a girl who had her face painted, waits for the trains to return.





Teamwork makes the job fast & fun!

Members of the Kalihi YMCA staff worked hard packaging chicken. More than \$2300 in profits was made by the chicken sale.

Thought for Today

Continued from page 4

Our turn came to meet Mrs. Miller. I told her who I was and reminded her of the story from those many years ago and what she had told me about her husband's bartering for marbles. With her eyes glistening, she took my hand and led me to the casket. "Those three young men who just left were the boys I told you about. They just told me how they appreciated the things Jim "traded" them. Now, at last, when Jim could not change his mind about color or size...they came to pay their debt."

"We've never had a great deal of wealth of this world," she confided, "but right now, Jim would consider himself the richest man in Idaho". With loving gentleness she lifted the lifeless fingers of her deceased husband. Resting underneath were three exquisitely shined marbles.

The Moral:

We will not be remembered by our words, but by our kind deeds. Life is not measured by the breaths we take, but by the moments that take our breath.

Today I wish you a day of ordinary miracles—a fresh pot of coffee you didn't make yourself...an unexpected phone call from an old friend...green stoplights on your way to work...the fastest line at the grocery store...a good sing-along song on the radio...your keys found right where you left them. An unexpected kiss or hug from someone you love...

It's not what you gather, but what you scatter that tells what kind of life you have lived.

—Anonymous

Laugh a Little *(continued from page 4)*

and declared, "a horse divided against itself can not stand." Franklin died in 1790 and is still dead.

4. Abraham Lincoln was America's greatest precedent. Lincoln's mother died in infancy and he was born in a log cabin which he built with his own hands. Abraham Lincoln freed the slaves by signing the Emancipation Proclamation. On the night of April 14, 1865, Lincoln went to the theater and got shot in his seat by one of the actors in the moving picture show. They believe the assassin was John Wilkes Booth, a supposedly insane actor. This ruined Booth's career.

5. Johann Bach wrote a great many musical compositions and had a large number of children. In between he practiced on an old spinster which he kept up in his attic. Bach died from 1750 to the present. Bach was the most famous composer in the world and so was Handel. Handel was half German, half Italian, and half English. He was very large.

6. Beethoven wrote music even though he was deaf. He was so deaf he wrote loud music. He took long walks in the forest even when everyone was calling for him. Beethoven expired in 1827 and later died from this.

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