



## Kalihi Chicken Sale



Willie Wong, Bev Wong, and Dick Wong transfer packaged chicken into boxes.

**S**ales of chicken improved about 50% over the previous year, when over 1200 chicken were sold, compared to over 800 sold in 2007. Much thanks to members who helped sell tickets and who turned out to help with the

packaging: Sunny Young, Bev and Dick Wong, Willie Wong, Eddie Miwa, Wayne Kim, Greg Lee and Phil Chun. Tony Pfaltzgraff was busy as ever, coordinating the event. The club will realize profits of about \$760.

### HAPPENINGS

#### November

- 15** Midyear Regional Cabinet Meeting  
Ilima Hotel, 9 a.m.–3 p.m.
- 17** Club Meeting  
Kalihi YMCA, 6:30 p.m.  
Dinner hosts: Sally and Willie Wong, Sunny Young
- 27** **HAPPY THANKSGIVING!**

#### December

- 5** Metro District Christmas Party  
Kalihi YMCA, 6 p.m.
- 8** Membership Meeting  
Kalihi YMCA, 6:00 p.m.  
Potluck dinner, gift wrapping, singing practice

### CELEBRATIONS

#### Happy Birthday!

#### November

- 13** Beverly Wong
- 16** Norma Young
- 15** Dick Wong
- 17** Charlene Young

#### Happy Anniversary!

#### November

- 8** Sunny and Norma Young

## Kalihi YMCA News by Tony Pfaltzgraff

**A**nother chicken sale has come and gone at the Kalihi YMCA. We saw a very positive increase in sales from 875 in 2007 to 1200 whole chickens in 2008. This is particularly good as we also increased the price of each chicken from \$7 to \$8. Even though the weather was rainy, we were able to bag the chicken without too many problems. The Kalihi Y's Men's and Women's Club sales were off a bit in 2008. As a

result, profits should be around \$760 for the club.

There has been a lot of bad economic news nationally and locally over the past couple of months. The good news for the Kalihi YMCA is that our children's A+ programs showed an actual increase in enrollment this fall. We have also received additional funding from the Department of Health through June of 2009 for our adoles-

cent substance abuse programs. Both of these facts should help us meet the financial challenges over the next eight or nine months. While that only reflects the short term, it will give us time to identify other sources of revenue and funding.

The end of the year rapidly approaches and I just want to wish all of you healthy and happy holidays.



**I**t was a bittersweet day for Wayne Kim, when on the night his son got married, his brother passed away...Y's Man Reggie Takaki of the Central Club is now hospitalized because of his cancer, but his is now able to see visitors...The presidents of both Central and Nuuanu clubs, Gary Bautista and Naomi Aimoto, respectively, have resigned. Daryl Tupinio and Kathy

Ahlo are the new presidents...The YMCA building cleanup project was cancelled, when the Y's maintenance staff was so efficient that they cleaned and painted the walls that the Y's Men were to work on... Phil Chun's daughter Jeanne and family will be coming from California to visit during Thanksgiving week.

## Exercising ADVICE

- For every mile you jog, you add one minute to your life. This enables you, at the age of 85, to spend an additional five months in a nursing home at \$5,000/month.
- The only reason I took up jogging was to hear heavy breathing again.
- I joined a health club last year, spending \$500 in the process.
- I haven't lost a pound. Apparently you have to show up.
- I have to exercise early in the morning, before my brain figures out what I'm doing.
- I like long walks, especially when they are taken by people who annoy me.
- The advantage to exercising every day is that you die healthier.
- I have flabby thighs but fortunately my stomach covers them.
- If you are going to take up cross-country skiing, it helps to start with a small country.
- I don't jog. It makes me spill my milk shake.
- Actually, I don't exercise at all. If we were meant to touch our toes, we would have them farther up on our body.

## Laugh a Little, Live Longer

### When Grandma Goes to Court

**I**n a trial, a Southern small town prosecuting attorney called his first witness, a grandmotherly, elderly woman to the stand. He approached her and asked, "Mrs. Jones, do you know me?" She responded "Why, yes, I do know you, Mr. Williams. I've known you since you were a boy, and frankly, you've been a big disappointment to me. You lie, you cheat on your wife, and you manipulate people and talk about them behind their backs. You think you're a big shot when you haven't the brains to realize you'll never amount to anything more than a two-bit paper pusher. Yes, I know you."

The lawyer was stunned. Not knowing what else to do, he pointed across

the room and asked, "Mrs. Jones, do you know the defense attorney?"

She again replied, "Why yes I do. I've known Mr. Bradley since he was a youngster, too. He's lazy, bigoted, and he has a drinking problem. He can't build a normal relationship with anyone, and his law practice is one of the worst in the entire state. Not to mention he cheated on his wife with three different women. One of them was your wife. Yes, I know him."

The defense attorney nearly died.

The judge asked both counselors to approach the bench and, in a very quiet voice, said, "If either of you idiots asks her if she knows me, I'll send you both to the electric chair."

## thought of the day

### The Most Caring Child

**A** four year old child had a next door neighbor who was an elderly gentleman who had recently lost his wife. Upon seeing the man cry, the little boy went into the old gentleman's yard, climbed upon his lap, and just sat there.

When his mother asked him what he had said to the neighbor, the little boy said, "Nothing. I just helped him cry."

### Metro District News

A new recognition program was approved, which will recognize Y's men and women in the District for the hours of service and years served as Y's men. Another District initiative will develop an orientation program for new members.

The next Council meeting will be held on January 28 and will be hosted by the Central club.

The District Christmas Party needs volunteers to help lead games. Please contact Bob Kuwahara if you can help. Parking will be allowed in the Library parking lot.

### Regional News

Regional Director Rick Lau will preside over the mid year cabinet meeting to be held on Saturday, November 15 at the Ilima Hotel starting at 9 a.m.. District meetings will follow after lunch. Clubs and Regional Service Directors are asked to submit progress reports. The 2009 Regional Convention plans will also be presented.

FYI is a publication of the Kalihi Y's Men's Club, Chartered on January 19, 1991.

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