



## Kalihi YMCA News

By Tony Pfaltzgraff

Kalihi Y childcare staff was busy in March setting up our Spring Intersession program at the Branch and Pearlridge Elementary. We expected about 100 children to be enrolled at the two sites, but ended up closer to 70. It is often hard to decipher the reasons for lower than expected enrollment when you have a program that is only one week long. Sometimes the reasons are as simple as parents choosing to stay home with their children or asking an aunt, uncle or grandparent for help with babysitting.

Our Healthy Lifestyle department continues to bring in exercise classes to meet the fitness needs of our members. We have a particularly strong schedule of classes that are targeted towards our senior members including some very good yoga classes. This has helped to keep our total number of members close to 1000 which is pretty remarkable!

The ASC campaign continues to chug along with close to \$87,000 pledged so far. This is ahead of last year's pace and gives us a real opportunity to hit our goal prior to the Victory Dinner scheduled for April 19<sup>th</sup> at Geoff Pang's house. Please let Renee know if you have any further pledges to report. ■

## Happenings

### April

- 12 Healthy Kid's Day**  
Bishop Museum, 9:00 a.m.
- 14 Membership Meeting**  
Kalihi YMCA, 6:00 p.m.
- 19 ASC Victory Dinner**  
6:00 p.m.
- 26 Window Cleaning Project**  
8:30 a.m., TBA

### May

- 3 Gazebo Project**  
More info to come
- 9 Kalihi Y Golf Tournament**  
Pearl Country Club, 11:30 a.m.
- 12 Membership Meeting**  
Kalihi YMCA, 6:00 p.m.
- 16 Endowment Dinner**  
JCC, 6:00 p.m.
- 17 Visitor Industry Charity Walk**  
Ala Moana Beach Park, 7 a.m.
- TBD Parking Lot Resurfacing Project**  
Kalihi YMCA, TBA

## Laugh a Little, Live Longer

### Easter and Spring Quotes

"Spring is nature's way of saying, Let's party!"

- Robin Williams

"All I really need is love, but a little chocolate now and then doesn't hurt!"

- Lucy Van Pelt

"Good Idea: Finding Easter eggs on Easter. Bad Idea: Finding Easter eggs on Xmas.

- Jack Handy



## Christian Emphasis

"For, lo, the winter is past, the rain is over and gone; the flowers appear on the earth; the time of singing of birds is come, and the voice of the turtle is heard in our land."  
- Song of Solomon 2:11-12

You Are My Hiding Place  
From Every Storm Of Life,  
You Even Keep Me From  
Getting Into Trouble, You  
Surround Me With Songs Of  
Victory.

- Psalm 32:7

## Y'S Men International News

YMCA World Challenge 2014 is the next big step. From now till 6 June, millions will declare that they stand up for young people by signing a global youth declaration, organizing local events, and igniting social networks with our message. Visit <http://challenge.ymca.int/> for more information.

## US Area News

The January-March 2014 Y's Alliance has been published. If you haven't seen it yet, click on this link: <http://www.ysmenusa.com/Alliance010314.pdf>.

## Hawaii Region News

The 78th Hawaii Region Convention will be held at Kilauea Military Camp on May 31 - June 1, 2014. Five representatives from the Kalihi Y's Men will be attending. Raffle tickets are available from Jaunette Quiroz for \$3. Raffle drawing will be held during the convention. You do not need to be present to win.

## Metro District News

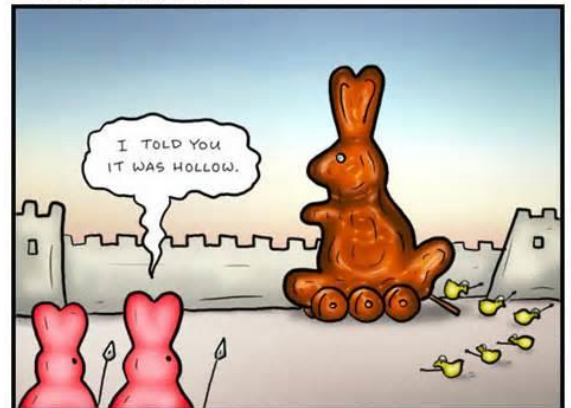
Metro District Conference will be held on Saturday, April 19th, 2014 at the Nu'uuanu YMCA from 11:00 a.m. to 2:00 p.m. Anyone interested in attending should let the group know at the April 14 Membership meeting.



## Easter Word Search



## DOCTOR FUN



The Trojan Easter Bunny

- |             |           |              |
|-------------|-----------|--------------|
| BASKET      | CHOCOLATE | GRASS        |
| BONNET      | CHRIST    | HUNT         |
| BRUNCH      | DYE       | JELLYBEANS   |
| BUNNY       | EASTER    | PARADE       |
| CANDY       | EGGS      | RESURRECTION |
| CELEBRATION | FAMILY    | SPRING       |
| CHICKS      | FLOWERS   |              |

**Kalihi Y Service Club  
2014/2015**

President: Jaunette Quiroz  
Vice president: Charlee Malott  
Secretary: Eddie Miwa  
Treasurer: Wayne Kim

Members: Phil Chun, Dave Endo, Schön Harunaga, Kyle Ishizaka, Melanie Kaaihue, Wayne Kim, Steve Kranz, Tom Kusatsu, Tony Pfaltzgraff, Dan Takamatsu, Ethel Takamatsu, Jean Tanaka, Bev Wong, Sunny Young.

FYI is a publication of the Kalihi Y's Men's Club



Chartered on January 19, 1991.

Send your articles to:  
Kalihi Y's Men Club  
c/o Kalihi YMCA  
1335 Kalihi St.  
Honolulu, HI 96819

Bulletin Editor: Melanie Kaaihue  
Email: [miekogecko@gmail.com](mailto:miekogecko@gmail.com)

**Window Cleaning Project**

Bring your buckets, sponges, scrub brushes, rags, and any item you feel will help to clean window screens and jalousies.

Date: Saturday, April 26, 2014

Time: 8:30 a.m. (until finished)

Location: Takahashi residence (more info will be sent via email)



*Come join us!*

**The Metro District Y Service Clubs of Honolulu**  
is hosting its annual

**Endowment Dinner**  
“Honoring our Peers”

Date: Friday, May 16, 2014

Time: No Host Cocktails from 6:00pm

Dinner: 6:30pm

Place: Manoa Grand Ballroom  
at the Japanese Cultural Center of Hawaii in Moiliili

Cost: \$35.00 per person

*R.S.V.P. by May 7 to Raymond Seto, Endowment Fund RSD  
[luckyatolaloa@aol.com](mailto:luckyatolaloa@aol.com) or 626-2255 with headcount*

**Special Early Bird Cost: \$30.00**

(for early mail-in advance payment by April 19<sup>th</sup>)

*Make check payable to: Metropolitan Y's Men*

*for Special Early Bird rate,  
Send Check to:  
Ken Kadomoto  
45-607 Uhihalehua St.  
Kaneohe, Hawaii 96744*

▶ \$5.00 Parking in JCC building with Validation ◀

- Golden Book recipients from all clubs will be honored •
- New Member Induction Ceremony & Club Officers Installation •

*...so come join us at the biggest Metro event of the year!*

**Easter Word Find Solution**

```

B + + E + G C + R T N U H C T
+ R G + N + H + E + + + E E +
+ G U I + C I + S + + L K Y +
S + R N H + C + U C E S + + D
Y P E R C + K + R B A + + + +
S L I T + H S + R B U N N Y +
+ S I + A + + A E + + + D + +
T + + M + L T + C + + S E Y +
+ + + + A I O + T + + R D + +
+ + + + O F + C I + + E A + +
+ + + N + + + + O + + W R G +
B O N N E T + + N H + O A R +
S N A E B Y L L E J C L P A +
R E T S A E + + + + + F + S +
+ + + + + + + + + + + S +
    
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**Tips for Making Perishables Last**

**Herbs:** Fill an ice cube tray two-thirds full with chopped herbs; cover with olive oil or melted butter; freeze until solid, at least a day. Transfer cubes to a ziplock bag, and store for up to one month.

**Produce (like celery, lettuce, and broccoli):** Wrap tightly in tinfoil before storing in the fridge; this will help the veggies stay crisp for up to four weeks.