



Hawaii Children & Youth Day

By Phil Chun



The Children and Youth Day concluded with another very successful activities for over 30,000 people on Sunday, October 5 at the State Capitol.

The Kalihi Y's Men's & Women's Service Club again took care of the popular train rides, which ran along on the sidewalk adjacent to Beretania Street, from Richards Street to Punchbowl Street. Helping out the entire day were Bev Wong, and Sunny Young, and Phil Chun. Eddie Miwa also stayed most of the day, while Melanie Kaaihue helped out in the morning and Jean Tanaka in the afternoon.

Bev also came out several days during the prior week to help stuff "goodie bags. She enjoyed the company so much that she put in 30 hours of work. Dan and Ethel Takamatsu couldn't help with the train this year, but also came out to help stuff goodie bags during the week, along with other senior club members, retired HSTA members and other youth groups. Over 17,000 bags were stuffed. Phil also came out to stuff bags, both at the capitol and at home.

Club members were greatly assisted at the train station by members of the key clubs, Leo clubs and the UH Accounting club this year. ■

Happenings

October

FOCUS: Alexander Scholarship Fund/Dollars for Scholars

9 Membership Meeting

Kalihi YMCA, 6:00 p.m.

28 Metro District Meeting

Leeward YMCA, 6:00 p.m.

November

FOCUS: Brotherhood Fund

8 Hawaii Region Mid-Year Cabinet Meeting

Ilima Hotel, 10:00 a.m.

December

FOCUS: Christian Emphasis

4 Membership Meeting and Caroling Practice

Kalihi YMCA, 6:00 p.m.

7 Christmas Caroling and Holiday Luncheon

Starts at Avalon Care Center, 9:30 a.m.

Christian Emphasis

Be patient, then, brothers, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop and how patient he is for the autumn and spring rains."

James 5:7 NIV



Kalihi YMCA News

The Kalihi YMCA extended its hours of operation (Saturday to 4 p.m.). Membership has picked up giving members an opportunity to use the gym facility later on Saturday. After the improvements made to the basketball court, it added to the success of getting kids back into the Midnight Basketball League. There are 750 kids enrolled in seven A-plus sites. A number of our teen staff are busily planning an expansion of teen after school programs into the Waipahu, Ewa and Ewa Beach communities. Improvements were made to two shower rooms. Maintenance staff did a great job cleaning up the building after a busy summer. The teen STRIDE program and After School Teen Drop-in Program was expanded to the summer. The program director brought speakers from the community and private business to talk to the kids.

Y'S Men News

International News

71st Y's Men International Convention will be held in Chennai, India from August 7 - 10. Also held was the International Youth Convocation starting on August 4. Check out publication Youth World, edition 62 to get a youth's perspective of the event. Publication is found at <http://ysmen.org> in the menu bar under "Youth".

US Area News

From the 2014 U.S. Area Council Meeting, U.S. Area President Debbie Redmond states that three challenges that the Y's Men face are:

- 1) the Rapid Decline of Clubs and Membership,
- 2) Difficulties in getting some membership to use or recognize the internet and computers,
- 3) Three of the nine regions are having difficulty in finding leadership (Regional Directors).

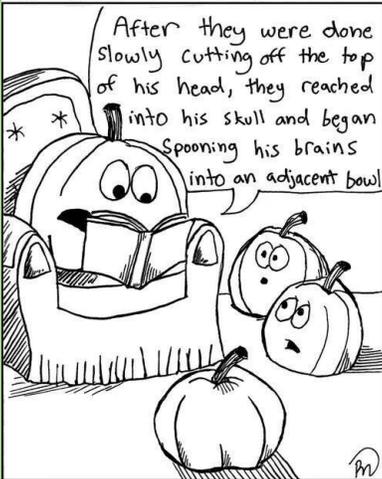
Hawaii Region News

Regional Director Bobby Stivers-Apiki will be holding the Mid-Year Cabinet Meeting at Ilima Hotel on Saturday, November 8 at 10:00 a.m. Parking is limited so get there early. Lunch will be provided. RSVP to Melanie by Wednesday, October 29 if you will be attending.

Metro District News

Metro District Meeting will be held at Leeward YMCA on Tuesday, October 28 at 6:00 p.m. Dinner and drink will be available for a small fee. RSVP to Melanie by Friday, October 24 if you will be attending.

At Random By Ryan Mason



Pumpkin Horror Stories



Laugh a Little, Live Longer True Australian Halloween Ghost Story

This story happened a few years ago on 31st October in Brisbane, and even though it sounds like an Alfred Hitchcock tale, it's true.

John Bradford, a Sydney University student, was on the side of the road hitch hiking on a very dark Halloween night and in the midst of a storm. The night was rolling on and no car went by. The storm was so strong he could hardly see a few feet ahead of him. Suddenly he saw a car slowly coming towards him and stopped. John, desperate for shelter and without thinking about it, got in the car and closed the door, just to realize there was nobody behind the wheel and the engine wasn't on!

The car started moving slowly. John looked at the road and saw a curve approaching. Scared, he started to pray, begging for his life. Then, just before he hit the curve, a hand appeared through the window and turned the wheel. John, paralyzed with terror, watched how the hand appeared every time they came to a curve. John saw the lights of a pub down the road so, gathering strength, jumped out of the car and ran to it.

Wet and out of breath, he rushed inside and asked for two shots of tequila. He then started telling everybody about the horrible experience he went through. A silence enveloped everybody when they realized he was crying and... wasn't drunk.

About 15 minutes later, two guys walked into the same pub. They were also wet and out of breath.

Looking around and seeing John Bradford sobbing at the bar, one said to the other, 'Look, Bruce. There's the idiot who got in the car while we were pushing it.'

Christmas Caroling

Join us for our annual Christmas Caroling event!

We are encouraging you to bring your children or grandchildren, as well as family members and friends. The more the merrier.

Christmas Caroling will be on Sunday, December 7 starting at 9:30 a.m. at Avalon Care Center followed by Liliha Healthcare Center at 11:15 a.m. Attire should be festive: Santa hats, elf ears, holiday shirt, etc. The more red and green the better! Or wear your Y's Men shirt.

A holiday luncheon at Wah Kung Restaurant will be held after the caroling. More information, including price, will be sent soon.



A rehearsal and potluck dinner will be held on Thursday, December 4 at the Kalihi YMCA Multipurpose Room (2nd Floor) at 6:00 p.m.

Help share the holiday cheer. Hope you can join us!

Kalihi Y Service Club 2014/2015

President: Melanie Kaaihue
Vice president: Charlee Malott
Secretary: Eddie Miwa
Treasurer: Wayne Kim

Members: Phil Chun, Jaunette DeMello, Dave Endo, Schön Harunaga, Kyle Ishizaka, Steve Kranz, Tom Kusatsu, Tony Pfaltzgraff, Dan Takamatsu, Ethel Takamatsu, Jean Tanaka, Bev Wong, Sunny Young.

FYI is a publication of the Kalihi Y's Men's Club



Chartered on January 19, 1991.

Send your articles to:
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No Membership
Meeting in November.

See you in December!

Holiday Survival Tips

The holiday season is quickly approaching! Holidays can be a merry time but for most, it can be quite stressful. Here are a few tips to make things a bit brighter.

Food: Holidays can be full of temptations! Learn to say “no” or limit yourself when it comes to seasonal goodies and sugary/alcoholic beverages. Stay hydrated by drinking lots of water. Keep healthy snacks on hand.

Health: Get a good night's rest. If you currently have an exercise regimen, keep up with it. If you don't, get 15-30 minutes in every day. It's a good stress reliever and good for your body. It may also be the start of flu season so take precautions.

Gift giving: Start early! Most people wait until the last minute and that's when the stress really builds. Start working on your Christmas/holiday cards. By early November, make a list of everyone and items you may want to give to these people. Visit stores, look through catalogs, and start purchasing items early. Some stores extend their return policy so you may be able to return items after the holidays if you find something else.

And...don't forget to take time out for yourself and breathe.

Not to stress you out but as of November 1, it will be 26 days until Thanksgiving, 53 days until Christmas Eve, and 60 days until New Year's Eve.

Nuuanu 50th Anniversary

Sunday, November 16, 2014
at Natsunoya Tea House
11:00am - 1:30pm (check-in
10:30 - 11:00am)

Seating is limited, please
RSVP to Albert by November
3rd at albertslee@hotmail.com
or 383-0583.

\$35 per person. Pay at the
door or mail payment to:
Albert Lee, 311 Ohua Avenue
#301A, Honolulu, HI 96815
Check payable to:
NUUANU Y'S MEN CLUB

ASC Casino Night

It's almost ASC time
again!

In the December
membership meeting, we
will discuss this in more
details and set a date for
this event (late February
or early March).

If you are not attending
December's meeting and
have any input about the
event, let us know before
Dec. 4.