



**Nuanu Y's Men and Women's Club**

1441 Pali Highway, Honolulu, HI 96813

Editor: Maurice Shimonishi  
Hawaii Region: US Area

Volume 35: Issue 6 Nov 2008  
Bulletin Year 2008-2009

**Nuanu Y's Men and Women**

**OFFICERS,** Kathy  
Ahlo Pres  
Larry Hiranaka, Sec  
Stephen Wong, Treas

**MEMBERS**  
Naomi Aimoto Tina  
Alfred James  
Chong  
Melvin Ishihara

Harold Kuwahara  
Glenn Matsukawa Johnny  
Ng  
James Ouchi Phyllis  
Sakane Popovich  
Maurice Shimonishi

International Member  
Del Jay Kinney Kousei  
Watanabe Hidetoshi Yaji

Honorary Members  
Georgia Niimoto  
Helena Wallin Miller

**Club Facts**

**Meetings Held**

First Monday of the month  
Chartered May 29,  
1964

**WE ARE A SERVICE CLUB TO THE YMCA & THE COMMUNITY.**

**PRESIDENT'S MESSAGE**

Aloha everyone,  
'Tis the season. In October, our club volunteered to help with a flu shot project at the Kahala Mall. Sunny Young who is a Kalihi Y's Man and in the Pearl City Lion's Club coordinated the project. Way to go on helping people get there flu shots. In September, I was fortunate to have the opportunity to attend a YMCA training in San Diego called P & P or Principles and Practices. I met YMCA staff from all over the country and learned a lot. We had workshops on YMCA history; Heritage & Cultures, Developing Assets (a positive action plan through childcare), YMCA retirement plan and Taking Charge of Your Career were just a few workshops we covered. I learned how diverse our YMCA's are in who they serve and programs they offer. Essentially, YMCA's fit the needs of their community. We should all be proud to be affiliated with the YMCA! Another program of great importance is the Dollars for Scholars program. Many of us have been giving to this program for years. Well, this year I was a proud recipient of a grant from DFS, which helped my branch send me to the P & P training in San Diego. I will tell all of you now; your money was not wasted!!!

Our next meeting is scheduled for November 3<sup>rd</sup> in the Youth Dept. on the second floor. See you all there!

Ahlo ha,  
Kathy



Kathy Ahlo President

**Christian Emphasis**  
by MEL ISHIHARA



Philippians 2 : 3  
Don't do anything from selfish ambitions, or from cheap desire to boast, but be humble towards each other, never thinking you are better than others.



US Area Convention  
Possibly St Louis  
In 2009



Jean Riederer,  
Nuuanu Executive Director  
12/2007  
Kathy Ahlo Office Manager

Dulli Haag 7/2006  
Senior Program Director  
Franco Heu, Youth Teen  
Program Director  
Bradley Choy Youth Program  
Director

JJ Bush Healthy Lifestyles  
Director  
Marcia Timboy Interium  
Group Exercise Coordinator

Omar Zaldana.  
Aquatics Coordinator

Tobias Ragosnig  
Membership/Marketing  
Director  
Cheryl Tang Asst  
Membership Director

David Poore Building  
Superintendent

New Projects - Every company,  
Every department,  
Needs executives With the  
courage to try New ideas and run  
The risk of making Mistakes.  
Otherwise Progress never  
Happens!  
#####

Roll Back Malaria –  
New International HQ  
Project for 2009 – A  
malaria kit will be  
distributed in Nigeria o help  
combat the spread of  
Malaria – clubs are asked to  
support this program with a  
cash contribution. Program  
to star on United Nations  
day October 24, 2008

## CLUB CALENDAR OF EVENTS

- 11/15 Mid Year Cabinet Meeting
- 11/23 Sun Thanksgiving Dinner for the Elderly
- 12/5 Fri Metro District Christmas Party  
Kalihi YMCA
- 1/? YMCA Sunday
- 2/ Annual Support Campaign Nuuanu YMCA  
Our club to host dinner one evening
- 3/? Bowling with the Teens
- 4/ Book & Bread Sale
- 5/15-17 Hawaii Regional Convention  
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### WINDS OF CHANGE

Our convention planning committee propose our 73<sup>rd</sup> Regional convention to be an event where we join with old and new friends for a weekend for fun and to attend to the business of improving our ability to help our community and YMCA. As we continue to finalize planning with these goals in mind we present a draft of the schedule we are working on. We believe the timetable will allow more of our members to fully participate

- Saturday May 16 2009 – Hotel Industry Charity walk and start of convention
- Sunday May 17 – Training Academy Installation Dinner
- Monday May 18 – Convention departure

**Ilima Hotel to be the convention hotel and meetings. Meals and program to be held at the Mirimar hotel and at Sammy’s restaurant.**



**Walter Osakoda Convention Chairperson**

REGIONAL CALEDAR  
JUNE – PUBLIC  
RELATIONS  
DONNA SAITO

JULY –MEMBERSHI &  
CONSERVATION: DUKE  
CHUNG; EXTENSION –  
GARY BAUTISTA

AUGUST – COMMUNITY  
SERVICE – DARRYL  
TUPINIO

SEPTEMBER –  
ENDOWMENT BRAD  
ISHIDA

OCTOBER  
ASLF/DOLLARS FOR  
SCHOLARS LARRY  
HIRANAKA

NOVEMBER  
BROTHERHOOD FUND –  
JOHN SIMPSON

MID YEAR CABINET  
MEETING 11/19

DECEMBER – CHRISTIAN  
EMPHASIS  
JONI NEEL/JENNY  
YUKIMURA

–  
JANURAY-YMCA  
SERVICE- FRED  
TAMASAKA

FEBRUARY TIME OF  
FAST-DAN TAKAMATSU

MARCH-BROTHER CLUB  
JAMES CHONG

APRIL-LEADERSHIP  
TRAINING –LINDA  
CHUNG & PAUL  
KUROMOTO

MAY – REGIONAL  
CONVENTION OAHU  
WALTER OSAKODA  
CHAIRPERSON

&&&&&



Get Your Flu shot like Mae Hiranaka at the Kahala mall

**INTERNATIONAL NEWS**

TIME OF FAST contributions are helping projects such as:  
Landmines Office, Africa Alliances \$25,000  
Professional Training for Youth Brazil \$15,000  
Refugees Support: Sierra Leone \$2  
Sanitation and Water, Lima, Peru \$25,000  
Many others  
\* \* \* \* \*

**U.S. AREA Supply Office:**  
Long Beach Uptown Y's Men's Club  
c/o Tibor Foki  
3465 Marna Ave  
Long Beach, CA 90808-3126

OUR MOTTO

**To acknowledge the duty that accompanies every right.**

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**LUMINARIES**

Happy Birthday  
11/17 Del Jey Kinney  
11/18 Tina Alfred  
11/19 Stan Popovich  
11/25 Georgia Niimoto

Happy Anniversary -  
Harold & Miyoko Kuwahara 11/19

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**Y'S MEN CLUB OF BAUHINIA NEWS**

**c/o Chinese Young Men's Christian Association  
23 Waterloo Road, Kowloon  
Chartered: 1979  
Bauhinia Y's Men's Club Email address:**

**Bauhinia Club President, Virginia Wong  
c/o Related Secretary of Bauhinia Club, Phoebe See  
[mysee@graduate.hku.hk](mailto:mysee@graduate.hku.hk)**

BAUHINIA NEWS September, 2008  
Seventeen Bauhinia club members and guests attended the September 19<sup>th</sup> dinner meeting at the Chinese YMCA of Hong Kong. Their guest speaker was Mr. ANDY LEUNG from the Hong Kong Association of Hair Design, Hairdressing Instruction, who gave a talk on "Beauty and Hair." Due to popular demand, Mr. ANDY LEUNG has been invited to again speak at their next meeting on Monday, November 17<sup>th</sup>, 2008.  
Continue next column



*NEWS FROM AROUND THE WORLD BROTHER CLUBS*

On October 15, the club's October meeting was held at the Hotel Granvia Osaka with a total of 22 Y's men and Y's menettes in attendance. With its emphasis on "B F" this month, Y's man TAKAHIKO YAMADA outlined the meaning and purpose of the program.  
The highlight of the meeting was the report made by Ms. CHIFUMI KAJITA, our member and also director of The human communication course of the Osaka YMCA professional school. She spoke about current situation of the course which is open for those children suffering from LD, ADHD and high functioning autism. We were extremely happy to learn that most of the 17 first graduates from the school were successful in finding out their ways in their life. Some of them went on to the universities, colleges and the ordinary professional school and some got a job with companies.  
According to Ms. KAJITA, almost 90% of their students had been away from their elementary and junior high schools before coming to her school. The longest non-attending record from school was "six years". She told us how her school had supported these mentally retarded students, showing number of the cases she experienced. The mottos of the school are "To live together admitting the difference" and "Atmosphere changes people." The activities and the great results of the school are drawing attention from the education circles here and Ms. KAJITA will report their activities at the Japan LD society.  
Yen 35,000 was collected for our club's niko-niko (smiling) fund.



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**Continue Bauhinia News from left column**

Mr. LEUNG will speak Beauty and Hair," Part II. The venue: The Function Room 1/F, Chinese YMCA Harbour View International House, Wanchai. To celebrate the Bauhinia Club's 19<sup>th</sup> Anniversary, members will visit the Nan Lian Garden at the Chi Nin Nunnery and have a vegetarian lunch on Saturday, November 1<sup>st</sup>.  
The Joint Dinner Meeting of the 13 clubs of the Hong Kong District Y's Men International will be held on December 11<sup>th</sup>, 2008 at the Crystal Hall, 3/F The Chinese YMCA, 23 Waterloo Rd., Kowloon. The Kitty Collection for August was \$120 and the August Brotherhood Fund collection was \$140.

**HAWAIIAN REGION NEWS**

Richard Lau  
Regional Director

Richard Lau Regional Director Elect

Robert Kuwahara  
Sec/Trea

**US AREA PAP Rob Wilby**

**Area President Fred Leonard**

**Area President Elect- Phillip Sammer  
Debbie Redmund, Corporate Sec  
Dave Craytor, CFO,**

OUR MISSION

As Y's Men International is a world-wide fellowship of persons of all faiths working constructively together, based on the teachings of Jesus Christ, in partnership with and supporting the YMCA, its mission is to strive through active service to develop, encourage and provide leadership to build a better world for all humankind.

Next International Convention Yokohama, Japan 2010 - **Yokohama** is the capital of [Kanagawa Prefecture](#), located in the [Kantō region](#) of the main island of [Honsū](#) and is a major commercial hub of the [Greater Tokyo Area](#).

**US Area Convention Location is still Undecided-**

Seek and you will find, Ask and you will be Served, Knock and the door Will open unto you!

**Our Prayers Go To: Nuuanu DEL JAY KINNEY**

EAST KAUAI – ALFRED LAURETA KAIMUKI HELEN USHIJIMA KALIHI MICHAEL LACUESTA REGGIE TAKAKI –QUEENS MEDICAL CENTER- SUFFERING FROM PANCREATIC CANCER WEST OAHU DUKE CHUNG –

WINDWARD JAMES KANEHIRA

HILO BEN INOUE THAYER NAKAMOTO JAMES FUJIMOTO

Officers for 2008-09 Pres – Kathy Ahlo Sec- Lawrence Hiranaka Trea – Stephen Wong



**&&&&&& Continue from center column**

Mel Purchase and pickup pumpkin pies Naomi Act as Mistress of Ceremony Steve Pickup Makamae guests, if any

**ALL MEMBERS are asked to report to Kalanihulia at 2:30 PM to help with set up, help serve dinners and act as runners to hand off lucky number prizes. Also, please bring a pot of rice and water pitchers.**

# Thanksgiving Dinner for the Elderly – 2008

By Harold Kuwahara



How time flies! Our next Thanksgiving Dinner for the Elderly will be held on **Sunday, November 23, at Kalanihulia Activity Center.** If not for the dedicated participation of club members, entertainers, spouses and friends, we could not hold this event year after year. After all, this is our 34<sup>th</sup> or 35<sup>th</sup> year that we are holding this dinner and the senior citizens do look forward to it eagerly.

Again, we ask that if you can participate, to bring a pot of cooked rice and stay to help serve the 150 or so elderly who come from Kalanihulia, Makamae and Kukui Gardens. We also wrapped enough lucky number prizes for each attendee earlier at Maurice’s home last month.

Please come if you can and specific assignments will be made at our next general membership meeting on November 3 at Nuuanu YMCA. Hope to see you at the dinner.

PROGRAM FOR THANKSGIVING DINNER FOR SENIOR CITIZENS SUNDAY, NOVEMBER 23, 2008

- Mistress of Ceremony – Naomi Aimoto
- 4:00 Pickup Seniors from Makamae, if any.
- 4:15 Hui Hanele O Aikane begins their musical interlude. Seniors allowed to enter hall to be seated. Association President’s husband to act as Sergeant-at-Arms at the entrance.
- 4:30 Kathy Ahlo, Club President to give welcoming address Mr. Brad Taniguchi, Director, Public Housing to speak to group Invocation to be given by one of tenants Begin to serve dinner Hui Hanele O Aikane continues to play.
- 5:00 All donors will be acknowledged Maurice to begin with lucky number prizes program.
- 5:30 Pass out fruits and vegetables as Seniors exit Return guests to Makamae, if any
- Cleanup - All members and helpers present

### ASSIGNMENTS – THANKSGIVING DINNER Sunday, November 23, 2008

Harold-Reserve Kalanihulia Activity Center hall , Post notices of dinner at Kalanihulia, Makamae & Kukui Gardens. Invite State Public Housing Director , Order and pickup BBQ chickens Arrange to get donations of fruits and vegetables, Coordinate dinner with Kalanihulia Association President. Kathy -Give welcoming address as Club President, Arrange to get PA system from Y and a drink dispenser with ice Larry - Arrange to get donated tossed salad , Paper goods, utensils, etc. Maurice Arrange with Ann to get Hui Hanele O Aikane to perform Run lucky number prizes program Continue on left column

**“You must be the change if you wish to see change in the world.”**  
-Mahatma Gandhi

Publication of Bulletin **Contributors**

**MAHALO!**  
MAE HIRANAKA  
MEL ISHIHARA  
MAURICE SHIMONISHI  
STEPHEN WONG  
NAOMI AIMOTO  
HAROLD KUWAHARA  
KATHY AHLO

**DISTRICT NEWS**  
Metro District Governor Phil Chun  
Lt District Governor Walter Osakoda  
Secretary/Treasurer: Roy Hiyama  
%%%%%%  
The Nuuanu Y's Up Club Bulletin can be viewed at the [www.ysmenusa.com](http://www.ysmenusa.com) website. Go to Hawaii Region, Nuuanu Y's Men's Club link

**The best way to Escape your Problem is to Solve it!**

**Our Eyes are Placed in front Because it is More important To look ahead Than to look Back**

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REGIONAL NEWS  
MID YEAR CABINET MEETING CALLED BY RD RICHARD LAU



November 15 at the Illima Hotel

