

TO ACKNOWLEDGE THE DUTY THAT ACCOMPANIES EVERY RIGHT.



Nuanu Y's Men and Women's Club

1441 Pali Highway, Honolulu, HI 96813

Editor: Maurice Shimonishi
Hawaii Region: US Area

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Nuanu Y's Men and Women Club

OFFICERS,
MAURICE SHIMONISHI
PRES JAMES
CHONG, VICE PRES
LARRY HIRANAKA, SEC
STEPHEN WONG,
TREAS

MEMBERS
KATHY AHLO
NAOMI AIMOTO
TINA ALFRED
MELVIN ISHIHARA
HAROLD KUWAHARA
ALBERT LEE
GLENN MATSUKAWA
MARIO NANGUSE
JAMES OUCHI
INTERNATIONAL
MEMBERS: ANALEE
KINNEY, KOUSEI
WATANABE
HIDETOSHI YAJI

HONORARY MEMBERS
GEORGIA NIIMOTO
HELENA WALLIN
MILLER
PHYLLIS SAKANE
POPOVICH
JOE CROFFORD

Prospective Member
Randall Jay

Club Facts

Meetings Held
First Monday of the
month Chartered
May 29, 1964

PRESIDENT'S MESSAGE

November featured event was our 36th Annual Seniors Thanksgiving Dinner at the Kalanihua Seniors Center. With over 125 seniors enjoying their Thanksgiving dinner, it was a very heartwarming event for our club members and other volunteers.

We also helped with the Nuanu YMCA Turkey Swim at Ala Moana Beach Park. The beginning of the month GOSUKE OKAMOTO-brother club member of Osaka Centennial- was hosted by Larry & MAE HIRANAKA by taking him around Honolulu. Aloha, MAURICE, Club President



Members brought the rice. The chicken and cake were Purchased and the vegetable salad were donated.



Seniors Enjoying their Thanksgiving meal
Photo by Brent Wong

Christian Emphasis

by MEL ISHIHARA



Matthew 5:9
Happy are those
who work for peace
men. God will call
them his sons!





OUTSTANDING CLUB
OF THE YEAR
2009-2010
Hawaii Region

WE ARE A SERVICE
CLUB TO THE YMCA &
THE COMMUNITY.



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NUUANU YMCA, 1441 PALI HIGHWAY, HONOLULU HI 96813 TELE: 808-536-3556
Jean Riederer, Nuuanu Executive Director 12/2007
Kathy Ahlo Office Manager
Ron Okimoto, Senior Program Director
Wilson Neal, Youth Teen Program Director
Diane Gussman, Pre School Coordinator
Issac Sakamoto, A+ Dir.
Erin Berhman, Healthy Lifestyles Director
Annie Hudson, Group Exercise Coordinator
Omar Zaldana, Aquatics Director
Membership/Marketing Director - vacant
Cheryl Tang Asst Membership Director
David Poore Building Superintendent

New Projects - Every company, Every department, Needs executives With the courage to try New ideas and run The risk of making Mistakes. Otherwise Progress never Happens!

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REGIONAL NEWS!!!

.The passing of the gavel from RUSSELL LYNCH. His motto is "Service With Spirit."

The Regional Leadership Team will be RD RUSS LYNCH, HR Secretary/Treasurer BOB KUWAHARA, Metro District Governor, BILL STONE, Metro District LT Governor, MARIAN LIU, and Orchid-Valley-Garden District Governor, DONNA JONES.



HAROLD KUWAHARA

38TH ANNUAL THANKSGIVING DINNER FOR THE ELDERLY – A SUCCESS

Thanks to all members who came to help – TINA ALFRED, HAROLD KUWAHARA, KATHY AHLO. ALBERT LEE & DR. MARK LEE, MARIO NANGUSE, LARRY HIRANAKA, JAMES OUCHI, MAURICE SHIMONISHI & ANN KABASAWA, STEPHEN & SUSAN WONG WITH SONS BRENT (PHOTOGRAPHER) AND BRAD & WIFE & DAUGHTER, RANDALL JAY prospective member & CAROLYN CHUN AND JOHNNY NG. We are grateful for the new helpers from Hawaii Pacific University, Hawaii Beta Chapter of Alpha Chi National Honor Society –



SARAH FORONDA, JOHN MACHI, JENNY LEE, NA LIM HEO, CHIH-WEI CHANG, REBECCA NAUS.

Help also came from Central Y Service Club GARRETT HO, KANOI MENDIOLA, JANET LAU, and LOUISE LI from Kukui Gardens. With this energetic group of volunteers, our 38th Annual Thanksgiving Dinner for the Elderly from Kalanihuiia and Kukui Gardens was a GREAT SUCCESS!. Donors, such as, Honolulu Poi Company, Armstrong Produce, State Poultry and Fisher Hawaii added to our successful event on Sunday, November 21. (CONTINUE ON PAGE 6)



Central Y Helpers



Steve Wong MC



Hiranaka Supervisor of the Kitchen



Larry

REGIONAL CALEDAR
OCTOBER ASLF/DOLLARS FOR SCHOLARS LARRY HIRANAKA
NOVEMBER BROTHERHOOD FUND – TOSHI KAWASAKI
MID YEAR CABINET MEETING 11/19
DECEMBER – CHRISTIAN EMPHASIS LANNY NEEL
JANURAY-YMCA SERVICE-PHILIP SAMMER
FEBRUARY TIME OF FAST-ROBERT SIMMS
MARCH-BROTHER CLUB JAMES KANEHIRA
APRIL-LEADERSHIP TRAINING –LINDA CHUNG & PAUL KUROMOTO
MAY – REGIONAL CONVENTION BIG ISLAND DUKE CHUNG JR CHAIRPERSON

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OUR MOTTO

To acknowledge the duty that accompanies every right

HAWAIIAN REGION NEWS
EDGAR RUSSELL LYNCH Regional Director
Mid Year Cabinet Meeting – New location Nuuanu Y
Nov 20 - 9am – 3p

ROBERT KUWAHARA Sec/Trea
RICHARD LAU IPRegional Director

US AREA
PAP FRED LEONARD Area President
PHILLIP SAMMER APE MARY ANN PHILLIPS
DEBBIE REDMOND, CORPORATE SEC
DAVE CRAYTOR, CFO,



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ENDOWMENT FUND

BOB DANIELS, US AREA WEB MASTER HAS UPDATED THE ENDOWMENT FUND INFORMATION.

Go to www.ysmenusa.com Then to the Golden Book awardees Input our club number 226. You'll see the list of our club Golden Book inductees.

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"You will be enriched in every way for your generosity, which produce thanksgiving to God through us; for the rendering of this ministry not only supplies the needs of the saints but also overflows with many thanksgiving to God"

2 Corinthians 9:11-12 Share your wealth with the Annual Support for Youth Campaign

Greatness is a soul generated by love.

US AREA CONVENTION ST LOUIS MISSOURI JULY 7-10, 2010 AT THE MISSOURI ATHLETIC CLUB REGISTRATION FORMS ARE NOW AVAILABLE. THEME: INNER STRENGTH –CENTEREDNESS HONORARY CHAIR RACHELLE REEG, PIP REGISTRATION: \$285 FOR 8 MEALS, ENTERTAINMENT, PROGRAMS AND WORSHOPS – DEADLINE JUNE 20, 2011. HOTEL RESERVATION - \$80 + TAX. FOR ADDITIONAL INFORMATION CONTACT BOB DANIELS AT 324-368-3699 OR McKinley Johnson at 314-651-7871. PLAN TO ATTEND AND BE INVOLVED!!

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MEMBERS %%%%%%%%%%
75th HAWAII REGIONAL CONVENTION – MAY 20–22, 2011 HILO HAWAIIAN HOTEL. YOUR SAVINGS SHOULD NOW BE AT \$250 (\$50 A MONTH) COMMITMENTS – GOING! – MAURICE SHIMONISHI, HAROLD KUWAHARA, ALBERT LEE, STEPHEN & SUSAN WONG, JAMES OUCHI – MEETINGS AND FUN ENVENTS ARE BEING PLANNED. – See the World Botanical Gardens and go Zip Lining! – Play Golf, Discover Hilo!, Volcano Tour, Planetarium Tour.

Our Club is in charge of Program for Saturday.



REGIONAL CONVENTION CHAIR DUKE CHUNG

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CLUB CALENDAR OF EVENTS 2010 Subject to changes

- December 10 Christmas Party Metro
- 11 – Santa's Christmas Breakfast at the Y
- 2011 – Jan 5 Metro District Mtg
- Jan -YMCA Sunday Kawaiaha'o Church
- Feb– Kick Off Annual Support Campaign
- Club Dinner event for ASC 2nd Report Night
- Mar – ASC Victory Dinner
- April 2– Bread & Book Sale
- April 6- Metro District Mtg
- 16 -Healthy Kids Day – YMCA of Honolulu
- May Regional Convention Hilo

Set your sights on your Potential, not your problems. You'll be amazed at what you see.

Webmaster RUSSELL LYNCH Please go the Hawaii Region website and view the Regional news!
<http://ysmenhawaii.org/>

CONVENTION SCHEDULE MAY 20-22 FRIDAY-SUNDAY IN HILO

HILO HAWAIIAN OTEL Room rates: \$100 (BanyanView) & \$119 (Delxe OceN view)
 Delegate Registration fee - \$25/Meal package \$145 for 5 meals

SCHEDULE

FRIDAY, MAY 20 –
REGISTRATION; TOURS; GOLF; WELCOME DINNER; MEET & GREET
 9:00 AM – Registration
10:00 –4:00 pre-convention activities
 Golf or Tours of Volcano, Astronomy Center, Tsunami Museum or Botanical Garden
5:00-6:00 Outgoing Cabinet & Awards Meeting
6:30 Welcoming dinner at the Japanese Cultural Center
 Welcome by RD and Dr Masao Hondo – Japanese Immigration to the Big Island
 9:00 Hospitality/meet and greet in Hotel Suite **ono pupu's and hosted refreshments**
SATURDAY, MAY 21 –
BREAKFAST; BUSINESS MEETINGS; FELLOWSHIP LUNCH; CRAFTS & UH/YMCA; HILO TOWN EXCURSIONS; AWARDS DINNER; MEET& GREET
SUNDAY, MAY 22 –
MORNING WALK; DEVOTIONAL; TRAINING; ALOHA BRUNCH

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KATHY AHLO & MARIO NANGUSE



GROUP PACKAGINGThe apples oranges toilet tissue



Continue from Page 2 – Thanksgiving Dinner For entertainment, we were fortunate to have member, Tina Alfred, arrange to have the Ladies of Napunahele O’Haluakai Amoana entertain us with hula and the Hui O’Waena provide us with music, as the seniors were having dinner.

Of course, our annual lucky number event was enjoyed by all because everyone went home with a prize. Then, as they exited to go home, everyone was given a package which contained an apple, orange and toilet tissue which were donated by our generous donors noted above.

Thanks to all the members who brought or bought rice. We had enough food for everyone, including all the volunteers who came to help make this a successful community service project. Thank you to all the volunteers!!! We look forward to hosting this dinner as long as we can in the future.

CAROLYN CHUN & RANDALL JAY



JOHNNY NG



The Dancers The Ladies of Napunahele O’Haluakai Amoana



Tina & Hui O’Waena



Dr Mark Lee Helping pass out the goodie bags

HOSTING GOSUKE OKAMOTO, BROTHER CLUB MEMBER –

Upon his arrival, LARRY & MAE, were surprised to find a SURFBOARD As part of his luggage – sorry won’t go on the car. Needed a van taxi to take GO and his surfboard to Waikiki Hotel..

On Friday Larry & Mae Took Go to Maui Divers to learn and enjoy the black coral that is made into Jewelry.

After that, it was Pizza Time! This was Go's first experience for pizza and he thoroughly enjoyed the California Pizza Kitchen's. We then headed for The Wedding Ring Shop. Larry’s friend Mr. Han and his sales assistant Laura Weems, who spoke in Japanese, explained that they sell diamond jewelry. This shop is beautiful and had lots of beautiful rings and ring sets. The Wedding Ring Shop just won the prestigious award. The Hooke Award for being the best retails store on Oahu. Michael Han and Go exchanged many questions and answers with Laura Weems as the interpreter. They have a very small jewelry making and repairing section and we met one of the designers, Michael Ly, who won several awards. Mr. Ly has been the jewelry designer of the year in Hawaii for the past 3 years..

We then went to Sam's Club to help Go to purchase some omiyage items. Go says he will be back in Hawaii for a vacation. It was really nice taking him to the various places. We also learned a lot about how our jewelry stores help the economy of Hawaii and how they operate their stores.



Lunch at Hee Hing Restaurant –Maurice, GO, Mae, Larry, Harold