



# Windward Y'er

Bulletin of the Windward Y's Men's & Women's Club  
Chartered April 5, 1980

## Memory Walk: A Nice Community Service

On Saturday, September 9, a bunch of us turned out early in the morning to provide a community service, helping out at the Memory Walk & 5K Run conducted by the Aloha Chapter of the Alzheimer's Association.

It turned out to be a nice community service for us. We were kept busy, which is always nicer than standing around waiting, and the whole event lasted only about three hours.

The connection: **Marion** has been going to Alzheimer's classes to learn how best to help her older sister and, through that, got to know a great group of people.

When she learned that the organization helps 28,000 people in Hawaii she asked if we could help and that led to our participation in the annual fund-raiser.

It was an early start, considering that we had to make it over to the city in time from the windward side. We gathered at 6:30 a.m. at Ward Warehouse — President **Marion**, VP **Jim**, Treasurer **Ken**, plus **Donna**, **Joe-Ann** and **Russ**, whose wife **Eiko** was also on hand and quickly pitched in to help.

After a quick and clear briefing from the Alzheimer's Association's **Janet Eli**, we went to work. Our job was to pass out popsicles to



We had a nice turnout of volunteers for the Alzheimer's Memory Walk & 5K Run on September 8, doing our community service by handing out popsicles to the finishers. Our crew for the day, from left: **Russ & Eiko Lynch**, **Jim Kanehira**, **Ken Kadomoto**, **Donna Saito**, **Joe-Ann McCarthy** and **Marion Liu**. For an online album of photos go to: <http://homepage.mac.com/russlynch/ysmenwin/page13/page13.html>

the thirsty finishers. We were stationed outside Ward Warehouse and we had to unpack the goodies and have them ready as the finishers streamed across from the finish line near the Fisherman's Wharf restaurant.

The first finisher, an experienced runner, came by less than 30 minutes after the start gun, after running the three-plus miles along Ala Moana and around part of Ala Moana Park.

A steady trickle followed, rising to a mass an hour or so later as the bulk of the walkers came over, many with small kids in strollers and some participants in wheel

chairs. Our group gathered at the bus stop where we directed the happy popsicle-lickers farther along to where Jim stood to point them to the donated foods and drinks.

After the last of the several hundred finishers came by, it was just a matter of clearing up the empty boxes, delivering the leftover popsicles (supplied by Marukai, by the way) to the refreshment tables and we were done.

It was something different for us and we enjoyed doing it. We wore event shirts so there wasn't any Y's Men's publicity. Maybe we can bring our banner next time.

**Next meeting is October 3,  
Wednesday, 7 p.m. at  
Windward YMCA.**

Windward Y's Men's  
& Women's Club  
2007/2008

Chartered April, 1980

President: Marion Liu  
Vice president: Jim Kanehira  
Secretary: Bill Stone  
Treasurer: Ken Kadomoto

Members:

Karel A. Ling, Kenneth Ling,  
Russ Lynch, Joe-Ann  
McCarthy, Jack McCarthy, Donna  
Saito, Justin Saito,  
Diane Sanderson, Donald Scott,  
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## Inspiration

### Christian Emphasis

“That everyone may eat and drink,  
and find satisfaction in all his toil  
- this is the gift of God.”

*-Ecclesiastes 3:13*

“Let love and faithfulness never  
leave you; bind them around your  
neck, write them on the tablet of  
your heart. Then you will win fa-  
vor and a good name in the sight  
of God and man.”

*-Proverbs 3:3-4*

“The name of the LORD is a  
strong tower; the righteous run to  
it and are safe.”

*-Proverbs 18:10*

## President's Report

*from Marion Liu, President 2006-2007*



Thank you all who volunteered their Saturday morning handing out popsicles at the Alzheimer's Association Aloha Chapter Memory Walk. This was our first venture with the Alzheimer's Group. I am told there were about 100 volunteers and about 400 participants.

It was nice getting hooked up with another nonprofit group, an early commitment at 6:30 a.m. which ended about 9:30 a.m. What fun to see so many people walking and running while enjoying themselves for such a worthy cause.

Our next community service project will be held November 3 at Pohai Nani. Prep day is November 2, at Kahaluu Elementary.

We have not yet confirmed Make A Difference Day. That will be forthcoming. It may be an early October date.

Our teen-age members are all back in school: **Lindsey**, a freshman at University of Washington in Seattle, **Makena** as a sophomore at Castle and **Ryan** a freshman at Kailua High.

**Joe-Ann** and **Jack** and I will be in Fun City October 20th through 27th and I am off to Seattle to visit Lindsey and will not be back until November 8.

I'll see you at the Teens-Only night at the Y on September 29th. God bless you all in your good work for Ysdom and the community.

*Aloha, Marion*

## Hawaii Region News

### Regional Director's New Newsletter

The Hawaii Region has a new publication out, a one-page update from Regional Director **Phil Sammer**. Called simply "RD Notes," it is a quick summary of what's going on at the Regional level. All members of Y's Men's clubs in Hawaii should be receiving it by email.

If you haven't seen it, you can find it on the Region's web site at <http://ysmenhawaii.org>

It's a good idea to check there frequently anyway for announcements and other Hawaii Region news.

Phil's new newsletter does not replace "Bulletin Board," the quarterly bulletin of the Hawaii Region,

which is bigger and much more detailed.

RD Notes has a useful list of club presidents, as well as links to various Y's Men web sites.

### Mid-Year Meeting

Mark your calendars for November 24, a Saturday. That's the date set for the Hawaii Region Mid-Year cabinet meeting, which will be held at the Ilima Hotel in Waikiki.

You can expect lots of interesting reports, updates on the planning for the 2008 convention on Maui, and other discussions of topics important to Ysdom in Hawaii.

# Teens' Night Keeps Going

Although the kids taking part haven't reached the numbers the YMCA would like, the end-of-the-month Saturday Teens-Only Night is viewed as a success.

That means our club has a regular gig helping out with food, if we choose to keep doing so.

We were there for the July and August events, seeing numbers of about 60 the first time falling to 40 for the second one.

The numbers could well rise dramatically for the September one, thanks to schools being back in and the resultant word of mouth, plus other publicity, including a nice write-up in Mid-Week.

We will be cooking the rice and serving the Y's supply of Zippy's chili on September 29. **Bill Stone**, Windward Y's executive director, anticipates that there could be 100 or more teen-agers

showing up for this one because of the added publicity.

At the August one, Joe-Ann's chocolate fountain was a big hit, as was our shave-ice machine (see the pictures at right). With people traveling and busy, we won't be doing either this time.

But Bill has made some changes to make the event even more entertaining for the kids.

It is here to stay, thanks to the funding that made it possible, a generous grant from the Harold K.L. Castle Foundation.

It is a great way to provide drug- and booze-free fun for the young people in our community, who have the run of the Y for those few hours.

It has also proven to be a good opportunity for the Windward Y's Men's & Women's Club to help our local branch.



Shave-ice server **Jim** helps a customer.



The fruit chocolate-dip fountain was popular.



OK, so they're not teen-agers, but this family really did enjoy the pool.



**Ken** and **Marion** test out the chocolate fountain. Somebody had to make sure it was OK for consumption, right?

## **Editor's Note:**

*My apologies for being a month late with this issue. With your help we can get back on schedule. Submit articles and/or pictures to me at russlynch@mac.com  
Russ*

## Y's Spy —

**Bill Stone** is staying on as executive director of the Windward YMCA. He had sought an advancement to a bigger branch, either Leeward or Kaimuki, because vacancies arose in a shuffle that followed the departure of some key personal on Oahu, but was asked to stay where he is. It must be a personal disappointment not to get the advancement he wanted, but Bill insists that he likes our branch and doesn't see staying there as a setback. It's good for us that he is staying on, because we won't have to acquaint a new director with the importance of Y'sdom.

It's good to hear that **Ken Ling** is sufficiently recovered from his recent illness to be able to travel to Las Vegas with **Karel**. Good luck!

**Marion** is also heading for Vegas and then to the state of Washington to see granddaughter (and Youth Member) **Lindsey**, newly settled in a college dorm and feeling a bit homesick.

A belated Happy Birthday to **Jack McCarthy** on September 2.

And we also missed Happy Wedding Anniversary wishes in August to **Jim** and **Gladys Kanehira** (on the 15th) and **Ken** and **Lillian Kadomoto** (on the 29th). Both couples were married all the way back in 1959, so their unions were made when Hawaii joined the Union.

## Club Calendar

### September 29, Saturday

6 p.m. to 10 p.m.  
"Teens-Only Night" at  
Windward YMCA.

### October 3, Wednesday

Club meeting. 7 p.m.  
at Windward YMCA.

### October 26, Friday

6 p.m. to 9:30 p.m.  
"Hallo-Wine" YMCA fund-  
raiser at Koolau Golf Club.

### Also in October

"Make a Difference Day."  
To be announced.

### November 2 & 3, Fri. & Sat.

Pohai Nani Craft Fair.  
Prepare food Friday at  
Kahaluu Elementary and  
serve it Saturday at  
Pohai Nani, Kaneohe

### November 7, Wednesday

Club meeting. 7 p.m.  
at Windward YMCA.

### November 24, Saturday

All day. Hawaii Region Y's  
Men's Mid-Year Meeting,  
Ilima Hotel, Waikiki.

### September Focus:

**Endowment**

**October Focus:**

**AFS/Dollars for Scholars**

The Windward YMCA presents



# 'Hallo-Wine'

## Wine Tasting & Silent Auction



For reservations or to make an  
auction donation, drop by the  
Windward Y's front desk or call  
**261-0808.**

Date: Oct. 26, 2007

Time: 6-9:30 p.m.

Place: Koolau Golf Club Ballroom

Event: A costume-optional party with  
music, pupus and fabulous silent auc-  
tion items. Also featuring fine wines  
donated by:

**Kendall Jackson, Better Brands,  
Fine Wine Imports, Coastal Wine &  
Spirits through Kalapawai Market**

**Only \$45 before Oct. 21**

**\$40 (YMCA Member Price)**

**\$50 after Oct. 21/at door**

**Special Mystery Tasting**

**\$20 extra**

All proceeds go into the scholarship fund for children, teens  
and adults who otherwise could not afford Windward YMCA  
programs.

## A Christian Joke

(Yes, there are such things!)

A new pastor was visiting the homes  
of his parishioners.

At one house it seemed obvious that  
someone was at home, but no answer  
came to his repeated knocks at the  
door. Therefore, he took out a card  
and wrote "Revelation 3:20" on the  
back of it and stuck it in the door.

When the offering was processed the  
following Sunday, he found that his  
card had been returned. Added to it  
was this cryptic message, "Genesis  
3:10."

Reaching for his Bible to check out  
the citation, he broke up in gales of  
laughter.

Revelation 3:20 begins "Behold, I  
stand at the door and knock."

Genesis 3:10 reads, "I heard your  
voice in the garden and I was afraid,  
for I was naked."

## It's Time for Hallo-Wine for the 'Y'

Hallo-Wine 2007 will be cele-  
brated on Friday night, October  
26, at the Koolau Golf Club.

This has turned out to be an  
important fund-raiser, bringing in  
thousands of dollars each year to  
provide financial aid to people  
who could not otherwise afford to  
take part in programs at our  
YMCA branch.

And of course it is great fun.  
Many people dress up - it's a  
chance to try out your costumes  
for Halloween, which is the follow-  
ing Wednesday. The YMCA board  
of managers and staff have been  
busy rounding up great items for

the silent auction. There will be  
great food, the chance to try out  
dozens of different wines and lis-  
ten to some good live music.

There is also talk of a cash bar  
for those who'd rather have some-  
thing other than wine.

It's a good deal at \$45 in ad-  
vance (\$40 if you're a YMCA  
member).

It would be nice to see a good  
contingent of Y's Men and Women  
there, among all the other YMCA  
supporters. Contact  
the Windward  
Branch in person or  
phone 261-0808.

