



# Windward Y'er

Bulletin of the Windward Y's Men's & Women's Club  
Chartered April 5, 1980

## YMCA's Annual Support Campaign is Here

By Russ Lynch

The Annual Support Campaign for the Windward YMCA will kick off January 21 and once again our club is being asked to assist in raising money for the branch.

We always raise an important part of the funds, thousands of dollars for Windward, and the branch hopes we will do it again.

We heard some more details from Branch Exec **Bill Stone** at our January meeting, Wednesday January 9, and more info is coming, but meanwhile we can plan to attend the formal kickoff.

Once again the campaign will begin with a dinner at Castle Medical's Wellness & Lifestyle Center, this time on Monday January 21, the Martin Luther King Jr. holiday, starting at 6 p.m..

Here's what Bill had to say in a letter to branch board members and other supporters:

"Well, it's nearly time to kick off our 2008 campaign, and I would like to invite you to once again aid us in raising much-needed scholarship funds for children, teens and adults.

"I haven't tabulated the fourth quarter yet – including both Fall Intersession and Winter Fun – but as of Sept. 30 your hard work on the 2007 campaign had provided \$36,500 in financial assistance. That is the highest total for any branch in the association!

"Our little branch walks the talk, and every dollar makes a difference in someone's life.

"But it's time to gear up for a one-month push to hit our 2008 goal of \$70,000.

"Kickoff will be held at Castle's Wellness & Lifestyle Center again. We had to work around Castle's schedule, though, so it is a week early and on the holiday – 6-8

p.m. Monday, Jan. 21, Martin Luther King Day."

Castle will provide the food.

So there it is folks. Let's be ready to let Bill and his staff know if we will be attending the dinner. If you haven't done one of these before, I can assure you it's a worthwhile event, containing both fun and inspiration.

The branch will have much more detail for us as the campaign gets closer but as you can see, it is pretty close now.

Those who have taken part appreciated the policy of the last few years to cram the entire campaign into just one month. The

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**YMCA Open House** - The "Mermaids Hawaii" synchronized swim team goes through its paces in a demonstration in the Windward YMCA pool on Saturday, January 5. It was "Community Day" for all the branches of YMCA of Honolulu and our branch rose to the challenge with staff-escorted tours, entertainment, some health and lifestyle sales booths 9 a.m. through 1 p.m.

**Our Next Meeting:**  
**February 6, Wednesday**  
**6 p.m.**  
**"Happy New Year"**  
**Pot Luck Dinner**  
**at the home of**  
**Kenneth & Karel Ling**  
**(see Page 3)**

Windward Y's Men's  
& Women's Club  
2007/2008

Chartered April, 1980

President: Marion Liu  
Vice president: Jim Kanehira  
Secretary: Bill Stone  
Treasurer: Ken Kadomoto

Members:

Karel A. Ling, Kenneth Ling,  
Russ Lynch, Joe-Ann McCarthy,  
Jack McCarthy, Donna Saito,  
Justin Saito, Diane Sanderson,  
Donald Scott, Sam Shoji,  
Emma Thomas

Youth Members:

Makena Liu,  
Lindsey McMonigle,  
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## Inspiration

### Christian Emphasis

Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. Then you will win favor and a good name in the sight of God and man.

- Proverbs 3:3-4

And a here's one that just might apply to one or two of our members:

"Gray hair is a crown of splendor; it is attained by a righteous life."

- Proverbs 16:31

## Breakfast with Santa Went Well

Our club's participation in the annual "Breakfast with Santa" fundraiser for Prevent Child Abuse Hawaii was, as usual, a busy one and, as usual, very much appreciated by this organization that does so much to help kids.

This time we did not need to help with food preparation but when we weren't busy with our "Go Fishing" booth, there was some fetching and carrying we were able to do.

Windward Y's Men's teams worked morning and mid-day shifts both Saturday December 8 and Sunday December 9. Our



One of our teams at Breakfast with Santa:  
**Ken, Joe-Ann, Marion, Donna** and  
**Russ.**

main job was to set up and maintain the corner booth where kids could use a fishing rod to "catch" little bags of cookies, clipped on from behind by our members.

Our teams said the cookies seemed a better idea than the candies we had used in the past. They were certainly well received and they were easy to handle.

There were two shifts on each of the two days, breakfast from 8:30 a.m. to 10:30 a.m. and lunch from noon to 2 p.m.

Aside from the man- and woman-power, our club donated the cookies at a cost of \$151.

To see more pictures of the event, which was held in the Ma-noa Ballroom at the Japanese Cultural Center in Moiliili, check the photo gallery that Russ set up for the organization:

<http://gallery.mac.com/russlynch#100164>

To learn more about Prevent Child Abuse Hawaii see its web site at:

<http://www.preventchildabusehawaii.org/>

## Annual Support Campaign

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idea is to work hard and fast and get it done.

Bill will be sending out more information on campaign structure and meeting dates soon, such as a schedule of those "phone nights" where volunteers gather together and burn up some phone lines calling potential donees from a list provided by the organizers.

Windward's campaigners this year will be split into three teams, the Windward Branch board members, the Y's Men's & Women's Club, and people involved in programs at the branch.

With the top staffers **Bill Stone** and **Diane Sanderson** both counted in our club team, since they are both members, our team should do very well indeed. Please let the YMCA know if you will attend the January 21 kickoff, which will include dinner provided by Castle's own restaurants. Either send Bill an email at [bstone@ymcahonolulu.org](mailto:bstone@ymcahonolulu.org) or phone the Windward Branch at 261-0808. Do that now please, since the kickoff is next week. Plan to be there and bring spouses, whether or not you think you'll be able to do much in the campaign itself.

Bill's note concluded with this comment: "Thanks for your continued support of the best little branch anywhere."

## Y's Spy —

Over the holidays, there was so much traveling and buzzing around among our members, and some illness unfortunately, that we were scattered to the four winds, but we're all coming back together now.

**Jim** is well into recovery from colon surgery, although he hasn't gone back to work yet. Yes, we do have members who still work for a living, a fact that the retired set sometimes forgets when planning events! **Ken Ling** is on the way back too. See the story at right. **Marion** and **Joe-Ann** had a great trip to New Orleans for the Sugar Bowl, joining in all the fan fervor and having a terrific time, even if UH did lose the game.

Y's Spy hasn't reported in a while so can now belatedly tell you that **Russ** had a great time at the big party November 24 to celebrate the 90<sup>th</sup> Anniversary of the Central YMCA and remember the old social clubs from the Y and the local high schools. He was able to say hello to **Mayor Mufi** with fellow Y's Men **Reggie Takaki** and **Rick Lau**, of the Central Y Service Club. Also on hand, with a bunch of other YMCA executives and staffers, was our **Diane**. The mayor, who is a big fan of the YMCA and spent a lot of his young years there, entertained the crowd with some songs. Let's face it guys, if there are microphones and bands and any of the Hannemanns anywhere nearby, you're going to hear them sing. See Mufi on the dance floor and you see a man standing tall in the crowd!

## Travelers' Tales -

### Lanai - A Great Place to Get Away

By Bill Stone

Trudy and I went to Lanai for Thanksgiving, as previously reported. But I don't know if I told folks about swimming with the spinner dolphins at Hulopoe Beach Park (Manele Bay).

A pod of about 50 dolphins comes into the sandy-bottom bay every morning. The water is crystal clear and about 30 feet deep.

I bought disposable contact lenses specially for the snorkeling and wore them with a mask to watch all the fish, but especially the dolphins.

I swam with them all around

me and no one else in the water for about 30 minutes one morning. It was magical!

I swam with the dolphins several times, but only that once was I alone with them — like part of the pod. If they turned left or right, so did I. If they came up for a breath, I surfaced with them and then dove when they dove. They are so graceful and powerful and free. Pretty cool.

*Editor's Note: Bill and Trudy loved the adventure so much that they went back to Lanai for New Year's, taking Bill's mother with them.*

## Next Meeting is Pot Luck at Lings' House

Since **Kenneth Ling** has been unable to come to our meetings during his recovery from a spell in hospital, we will go to him.

At our January meeting it was decided to hold the February meeting on Wednesday, February 6, at the home of Ken and Karel, 552 Kalolina St., Kailua.

That's off Oneawa Street in Coconut Grove.

Instead of a formal meeting, President **Marion** decided that, since it is close to Chinese New Year's, we should make it a pot luck New Year's party dinner.

It will start at 6 p.m. instead of our usual 7 p.m. Contact Marion at 235-7709 to find out what you can bring in the way of food or refreshments.

Ken has been recovering from blood loss and other problems that had him hospitalized after a fall in the bathtub.

He's coming along fine and is in his usual good spirits, but isn't moving around much.

Because we canceled our Christmas Party, it was decided to celebrate the beginning of the year instead.



Some members visited **Kenneth Ling** and his wife and fellow member **Karel** (both seated) on November 21. Standing, from left, are **Ken Kadomoto**, **Donna Saito** and **Marion Liu**. **Russ Lynch** took the photo.

## Club Calendar

### January 21, Monday

6 p.m., Castle Wellness Center. Windward YMCA Annual Support Campaign kickoff dinner.

### January 26, Saturday

6 p.m. to 9 p.m.  
"Teens-Only" Night at YMCA Windward Branch.  
We're running the "chocolate fountain."

### February 6, Wednesday

Club meeting. 6 p.m.  
"Happy New Year" pot luck dinner at the Lings' house, 552 Kalolina St, Kailua

### February 10, Sunday

10 a.m. to 11:30 a.m.  
Church service at New Hope Kailua, in Kailua High School Cafeteria. ("YMCA Sunday")

### May 16-18, Friday-Sunday

72<sup>nd</sup> Y's Men Hawaii Regional Convention, Maui. (Royal Lahaina Resort)

### January Focus:

**YMCA Service**

### February Focus:

**Time of Fast**

## Christmas Goodies

Toiletry gift bags made in a working-bee session at **Joe-Ann's** house on December 5 were well received by the folks at the Ohia domestic Violence Shelter, as were some Christmas gifts for kids, donated by our members.

The group of workers put together an incredible 140 bags of shampoos, soaps, creams and other goodies, all originating as hotel-room amenities. Our people travel quite a bit and got some help from flight-attendant friends in gathering the items.

**Finances:** Treasurer **Ken** reported at our January meeting on the 9<sup>th</sup> that the club had \$2,644 in the bank after paying our annual contributions to the Brotherhood Fund, a Regional assessment and the cookies for the Breakfast with Santa booth. Ken cautioned that are still expenses to come.

## President's Report

*from Marion Liu, President 2006-2007*

Happy New Year to all! May you enjoy a healthy and prosperous 2008!

To Kenneth Ling and Jim Kanehira: I hear good reports about your recuperation. Keep it up. I know you'll be very good to your care-givers.

Just remember all the good times you enjoyed with your families. Please know that you are always in our prayers.

And I am so glad that Kenneth and Karel like the idea of us having our February meeting at their place, since Ken can't yet make it to our usual meeting place, the YMCA.

Before you know it, it's convention time again.

It'll be interesting, a first-time "no-host" convention with all clubs participating in the arrangements for Maui in May.

Windward will surely participate as always, although we have no specific assignments just yet.

See you at our holiday party/meeting February 6 at the Lings' house. And we're planning to go to a church service February 10 for "YMCA Sunday." I'll let you know the details later.

*Kung Hee Fat Choy — Marion*



## Other News of Interest –

**YMCA Teen Night:** Asked to choose between our club's shave-ice and our fruit dipped in chocolate, those involved in the monthly "Teens-Only Night" at our YMCA pushed unanimously for the chocolate dip for January 26.

This event, which opens the Windward branch to teen-agers in the community, is still evolving and attendance has its ups and downs but it is still a fixture for the last Saturday of the month.

We will run the chocolate fountain from 6 p.m. to 9 p.m. Again, this is for Saturday night, January 26.

**Church Service:** To mark the observance of YMCA Sunday, our club is planning to attend a church service on Sunday February 10 at New Hope Kailua, to hear Pastor **Rick Stinton**. Pastor Rick won't be running the show for the next couple of weeks and February 3 is Super Bowl Sunday, so the 10<sup>th</sup> is the choice. YMCA Sunday is a long-standing event in Y'sdom. There is no pressure to observe it

and attendance is voluntary. The service, in the cafeteria at Kailua High School, starts at 10 a.m. and ends at 11:30 a.m.

**Hawaii Region News:** The Mid-Year Cabinet Meeting on November 24 heard positive reports from most clubs, with a little worry at the Maui club about dwindling membership.

After the formal meeting the group moved into the "convention committee" phase and discussed the upcoming 72<sup>nd</sup> Hawaii Region Convention on Maui. Details of the meeting have been circulated in newsletters from Regional Director **Phil Sammer**. You can get these and lots of other stuff in the Hawaii Region web pages at:

<http://ysmenhawaii.org>

**International News:** The YMCA is established in Mainland China but Y'sdom has not yet been permitted. However, Y's Men's Clubs in Hong Kong are now cooperating with the National Committee of YMCAs in China, a hopeful sign.