



Windward Y'er

Bulletin of the Windward Y's Men's & Women's Club
Chartered April 5, 1980

New Events Need Our Rapid Attention

The summer is over, folks, and we are getting busy. There are some events coming up very soon that will need our attention right away, the first of them just a few days after this issue reaches readers.

Those of you who attended recent meetings will know the basics, but because we were all so busy, not many members have been able to make the last couple of meetings, so President **Russ Lynch** asks that you be ready to jump in and help.

Pohai Nani Event

Our community service director, **Marion**, has once again arranged for us to volunteer our help at the Pohai Nani retirement community's annual craft sale.

It is on Saturday, November 1.

Volunteers from our club will be working at the bake sale from 11 a.m. to 2 p.m.

That will be **Karla, Donna, Jim** and **Russ**. If anyone else wants to pitch in, it won't be hard to find something for you to do. There's not a lot of parking so the thing to do is park on the side of the street anywhere in the lower grounds at Pohai Nani and hop on to one of the passing volunteer pick-up vehicles.

Also, if you want to donate any of your baked goods, jams, jellies

and so on for the bake sale, all such offerings will be gratefully received.

The folks at Pohai Nani always enjoy having us help them.

And don't forget the YMCA's "Hallo-Wine" event that same evening.

Gift Packing Nov. 5

At our November monthly meeting, we will once again do our annual sorting and bagging of gift toiletries for the women at a local spouse abuse center.

We have to be out of the YMCA meeting room in time for staff to close up the Y at 9 p.m.

We're very efficient at this now, so for the moment the meeting start time is still set at the regular 7 p.m. but a notice of an earlier start may go out if it is thought necessary.

This is another of our very well-received community service efforts. Because of the private nature of the facility we get no publicity from this but we do get a lot of heart-felt thanks.

Haw. Region Mid-Year

The Mid-Year Cabinet Meeting of the Hawaii Region of Y's Men International will be held on Saturday November 15 at the Ilima Hotel in Waikiki, starting at 9 a.m. and lasting through lunch, with a 2009-Convention discussion following the morning meeting. This is an important moment for discussion of the progress of Y'sdom in the islands.

December Events

In December, we have the Metro District Christmas Party on the 5th

and all clubs on Oahu have indicated their members will attend. It will be at 6 p.m. at the Kalihi Y. More details will come later.

Breakfast with Santa

We will also participate in Prevent Child Abuse Hawaii's "Breakfast with Santa" event on the 13th and 14th. Stay tuned.

Service Projects Aided Community & YMCA

Club members turned out for two projects in September, one to help the Alzheimer's Association and the other for our YMCA branch. See the stories on Page 3.



Donna, Karla and **Jim** hand out popsicles to Alzheimer's "Memory Walk" finishers at Ward Centre on Sept. 7.



Ken, Bill and **Donna** with YMCA staffers at the Windward Y booth in the "Re-Discover Kailua" fair at the community park Sept. 13.

**Our next meeting will be at
7 p.m. Wednesday
November 5 at
Windward YMCA.
(Bagging toiletries)**

Windward Y's Men's
& Women's Club
2008/2009

Chartered April, 1980

President: Russ Lynch
Vice president: Jim Kanehira
Secretary: Joe-Ann McCarthy
Treasurer: Ken Kadomoto

Members:

Karel A. Ling, Marion Liu,
Jack McCarthy, Karla Redding,
Donna Saito, Justin Saito,
Diane Sanderson,
Donald Scott, Sam Shoji,
Emma Thomas

Youth Members:

Makena Liu, Ryan McMonigle

Young-Adult Member:

Lindsey McMonigle,

Bulletin Editor: Russ Lynch

Mailing Address: 1200 Kailua Rd.,
Kailua, HI 96734

Email: russlynch@mac.com

Visit our Web site at

<http://ysmenwin.com>

Malaria Project

Y's Men International is helping "Roll Back Malaria," a United Nations program, by asking Y's Men's clubs around the world to donate funding for 20,000 mosquito kits (nets and so on) for needy people. The kits cost about \$7.50 each. Hawaii Region Director **Rick Lau** suggests Hawaii clubs think about helping.

Bill & Trudy's Excellent Adventure

By Bill Stone

Switching hemispheres, Trudy and I traded the sweltering summer humidity of Hawaii for three weeks of crisp, cool Australian winter. Our vacation rental in Sydney was a two-bedroom loft apartment in a "flash" (ritzy) location, according to Trudy's friend Bev Walters, who joined us for three days there.

A three-block walk took us to one of Sydney's main parks and an underground train station that connected us to all parts of the city. The transportation pass we bought allowed us to board any bus, train or ferry and travel all over – to the Opera House, Circular Quay, museums, beaches, restaurants, golf courses, anywhere at all.

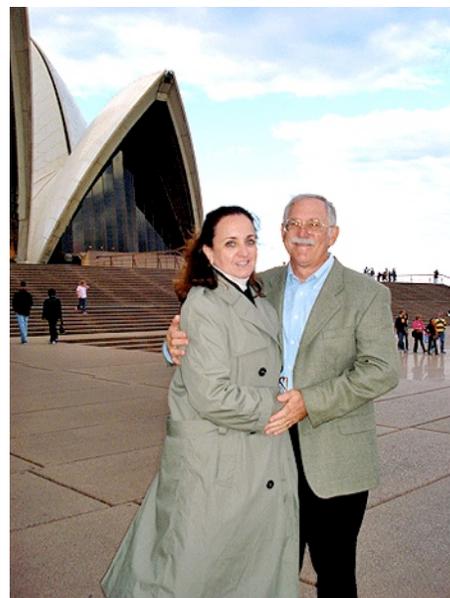
The weather was great for walking around and sightseeing, except for the one day we took a 2-hour train trip to Katoomba in the Blue Mountains. The temperature there was in the 30s, and that's before the strong, icy wind started to blow. Luckily we found a great cafe and warmed up with hot chocolate, hot apple/blueberry crumble cake and a big fire.

We played golf at a course overlooking Bondi Beach and bordered by steep ocean cliffs – only sacrificed two balls to the sea before hopping on the bus – clubs

and all – to head back into the city. I also played another course right in the heart of the city, Moore Park, and had a celebratory ginger beer with the two blokes who let me join them. We won't discuss scores, but the courses were beautiful.

For the second half of the trip, we flew cross-country to Perth and then drove 4 hours south to the renowned vineyards of Margaret River. Our vacation rental there, Marmalade Lodge, was on the rural outskirts of the city and featured a wood-burning stove

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Outside the Sydney Opera House. Bill's jacket is from a Windward Y garage sale!

Inspiration

Christian Emphasis

"Peace comes when there is no cloud between us and God. Peace is the consequence of forgiveness, God's removal of that which obscures His face and so breaks union with Him. The happy sequence culminating in fellowship with God is penitence, pardon, and peace -- the first we offer, the second we accept, and the third we inherit." **-Charles H. Brent**

"Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. Then you will win favor and a good name in the sight of God and man." **-Proverbs 3:3-4**

From Joe-Ann McCarthy, Club Christian Emphasis Service Director

Alzheimer's Event

Once again we volunteered our services to the Alzheimer's Association at their annual Memory Walk and 5K Run on Saturday September 7. You can see the pictures online at:

<http://gallery.me.com/russlynch#100270>

Ken, Marion and Joe-Ann had helped out at the Alzheimer's office a week or so before because they could not be there on the big day.

Donna arrived early Saturday and helped cut fruit. Then she joined **Russ, Jim and Karla** outside Ward Warehouse to hand out popsicles to the finishers. Meanwhile, **Diane** worked an information desk inside the mall.

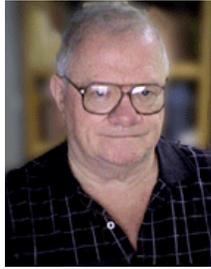
It was a busy time but, as always, a rewarding experience. It is always nice for Y's Men and Y's Women to help a worthy cause, but this one had the added value of being a great chance to socialize among ourselves.

Unfortunately, we didn't have enough popsicles for the last eight or 10 people, the military unit who had served as track wardens.

Later, on his way to catch a bus home, Russ found one of the popsicle cartons under a bus stop



Don't leave your pumpkins too close to the beer folks. The result might be disastrous.



President's Report

from Russ Lynch, President 2008-2009

Apologies are in order — again — for letting events catch up with me to the point where I will be bombarding members with “urgent reply please messages” about upcoming activities.

I know we are a pretty fast-acting group and I can only hope that the word isn't getting out too late

for you to decide to attend several events. We've already had the garage sale at the YMCA on Saturday, October 18. Read about it in the next issue. Several of us attended the Metro District meeting at Kaimuki YMCA on October 22 and heard some great thoughts from District Governor **Phil Chun** about preserving our history and working for the future of Y'sdom.

Upcoming we have the “Hallo-Wine” wine-tasting fund-raiser for the Windward Branch on November 1, our own meeting and goodies-bagging session November 5 and all those others listed on the front page of this issue and in the club calendar. These events didn't just pop up out of nowhere, having been planned for some time, so if you're only just hearing about them now, that's from my lack of communication.

I'll try to do better.

Meanwhile, a big mahalo to those who took part in recent activities, helping out at the Windward Y tent at the “Re-Discover Kailua” fair in the community park and at the Alzheimer's Association's “Memory Walk.”

Aloha, Russ

seat at the other end of Ward Warehouse, with eight popsicles melting away inside. Looks like someone swiped a box while we were busy.

'Sunset in the Park'

A few of us worked early on Saturday September 13 at the Windward YMCA's tent at the “Re-Discover Kailua and Sunset in the Park” event in Kailua Town. We would probably have achieved more had there been more people.

It was raining and there were many other events going on. However, the YMCA said many more people swung by the tent later and through the rest of the two-day event that went late into the night.

The Y staffers, who really did all the work for long hours, called it a success in recruiting new members for Y programs.

Y's Spy —

Congratulations to our V.P. **Jim Kanehira** on his retirement from his job in Corrections, which followed an impressive career with the YMCA. More time for Y'sdom? Well, tireless volunteer Jim was already putting in more than his share so it is hard to see how he could do more. All the best, Jim, for a long and enjoyable life after work. He's off to Japan in November for a tour of onsen (hot springs).

Joke Time: I thought I saw an eye doctor on an Alaskan island but it was an optical Aleutian. The man who survived mustard gas and pepper spray is now a seasoned veteran.

Club Calendar

October 1, Wednesday

7 p.m. Monthly club meeting
Windward YMCA

October 22, Wednesday

6 p.m. Metro Meeting
Kaimuki YMCA

November 1

YMCA "Hallo-Wine" party
at Koolau Golf Club, 5:30 p.m.

November 5, Wednesday

7 p.m. Monthly club meeting
Windward YMCA. We'll be
bagging toiletries for our
annual gift effort. Be early!

December 5

Metro District joint Christmas
Party, Kalihi YMCA

December 13 & 14, Sat.-Sun.

"Breakfast with Santa" for
Prevent Child Abuse Hawaii
at Japanese Cultural Center

October Focus:

**Alexander Scholarship Fund
& Dollars for Scholars**

November Focus:

Brotherhood Fund



ON THE WEB: See pictures from the October 18 YMCA garage sale & other news on our website. Go to:

<http://ysmenwin.com>

The report on the successful garage sale will appear in our next issue.

Bill & Trudy's Adventure

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that provided the only heat. For the first time in my life, I chopped firewood and built a blaze twice a day to keep warm – and I LOVED IT!

We ended each night gazing up at the blazingly clear stars and the vivid Milky Way, with the Southern Cross prominent and a constellation chart helping us with all the others. We were far enough out in the bush to have very little light pollution, and the beauty of the night sky made us laugh out loud with joy.

We drove all over the Cape (Leeuwin) to Cape (Naturaliste) coast, about 200 km of forest land bordered by great surfing beaches and cliffs on one side and vineyards and farms on the other. At Cape Leeuwin, the Atlantic and Indian oceans collide visibly along a shoal by a historic lighthouse. Offshore is a little island that the lighthouse keeper said was directly opposite Washington, D.C., on the globe. In this political season, we were just as happy not to be any closer.

One of the highlights for me was playing the Margaret River golf course, where dozens of kan-

garoos lounge in the shade of karri trees, feed along the water hazards and doze in the afternoon shade on the fairways. On the very last hole, a par-4 and the hardest hole on the course, I had to hit my 190-yard second shot over about 10 'roos scattered all over the area.

Anything short, right, or left might make one of them "hopping mad." Luckily I hit a great shot onto the green, then ignored two of the juvenile males as they jostled nearby during my putting – three putts for an easy bogey, unfortunately.

On the culinary front, we ate lamb at every opportunity – minced lamb (lamburger?), lamb roast, lamb stew, lamb steak, and rack of lamb. Our favorite concoction was minced lamb, eggplant and brown rice with Patak's Rogan Josh, a kind of tomato-based curry mixture that is a perfect complement for lamb.

Of course, we drank a little wine, too. Although driving on the left convinced us to be circumspect in our imbibing. Our favorite wineries were Evans & Tate, Leeuwin and Clairvault, but we definitely will have to return to sample more!

He's not in Hawaii any more! Bill chops wood for the fireplace, their only way of keeping warm in the West Australia winter. Looks like her still has a bit of chopping exercise ahead of him.



'Hallo-Wine' Fun Awaits You

It's too late to get the member discount for the Windward YMCA's great "Hallo-Wine" fund-raiser on Saturday, November 1, but even at the full ticket price of \$60 it's worth it. You can pay at the YMCA branch, 1200 Kailua Road, or at the door for the 5:30 p.m. event at Koolau Golf Club. Wear a costume if you like. Great food, music, silent auction & wine.