



Windward Y'er

Bulletin of the Windward Y's Men's & Women's Club

Chartered April 5, 1980

Community Service for Alzheimer's Assn.

By Russ Lynch

Members turned out before dawn in the morning September 12 at Ward Warehouse to assist the Alzheimer's Association's Aloha Chapter with their "Memory Walk."

Some of our real early birds helped with registration and cutting fruit for the thirsty and hungry runners and walkers, while others showed up around 6 a.m., ready to hand out popsicles to finishers.

Turns out there were no popsicles this year, so that duty wasn't available. Since the devil finds work for idle hands, Vice President **Jim Kanehira** played the devil, scurrying around asking who needed help and pretty soon our hands weren't idle any more.

We found plenty of work stuffing goody bags for one of the sponsors and, later, serving fruit punch and bottled water to finishers. That kept us busy from when the first runners trickled in around 7:30 until the finishers were all taken care of about 9.

Taking part were **Ken Kado-moto, Jim Kanehira, Marion Liu, Russ Lynch, Joe-Ann McCarthy, John Putz, Donna Saito, Crystal Shaw and Wendy Tupper.**

Tips for the next time we do a community service job:

— Bring our Y's Men's shirts just in case the organizers don't have enough of their own, as happened this time.

**Next meeting:
6 p.m. Monday October 5,
at Windward YMCA**

— Let's make a Windward Y's Men's sign, smaller than our banner but big enough to be seen in pictures, that we can display where we do volunteer service.

We don't do this work for the recognition we get for it, but for the service we can provide for people who need it. However, there's no harm in also getting

'Breakfast with Santa' Set for Dec. 12

Once again, our club will be volunteering at "Breakfast with Santa," the big annual fund raiser for Prevent Child Abuse Hawaii, so please mark your calendars for Saturday, December 12. This year, there won't be any sittings on the Sunday so we'll do all our work on Saturday.

We will set up and operate the kids "fishing" booth, hooking goodies on to the lines and letting the kids "catch" them.

That's always great fun for us as well as the kids. We'll also help out when asked with any other chores, such as helping to prepare and serve food.

some exposure for our logo and a chance to tell people who we are.

There are some pictures on Page Four of this bulletin and if you go to our web site you'll find a link to an online gallery of those pictures and more.

[See http://ysmenwin.com.](http://ysmenwin.com)

Yes, this isn't until December, but there are many other events going on around that time so you'll want to be prepared. The activities for the hundreds of kids and parents who donate in order to attend start with breakfast at 8:30 a.m. so we'll need to be there an hour or two before that. A second meal to a second group is served at noon and all the activities should be over by mid-afternoon.

We may want to have two shifts of volunteers.

The action is in the Manoa Grand Ballroom in the Japanese Cultural Center in Moiliili. Stay alert for details.

Regional Director **Rick Lau** visited our club at our September meeting and updated us about happenings at the Hawaii Region and U.S. Area levels of Y'sdom. Here he is officially welcoming new members **John Putz** and **Wendy Tupper.**



Windward Y's Men's
& Women's Club
2009/2010

Chartered April, 1980

President: Joe-Ann McCarthy

Vice president: Jim Kanehira

Secretary: Bill Stone

Treasurer: Ken Kadomoto

Members:

Karel A. Ling, Marion Liu,

Russ Lynch, Jack McCarthy,

John Putz, Karla Redding,

Donna Saito, Justin Saito,

Donald Scott, Crystal Shaw,

Sam Shoji, Emma Thomas,

Wendy Tupper.

Youth Members:

Makena Liu, Ryan McMonigle

Young-Adult Member:

Lindsey McMonigle,

Bulletin Editor: Russ Lynch

Email: russlynch@mac.com

Visit our Web site at

<http://ysmenwin.com>

Hawaii Region News

Regional Director **Rick Lau** has issued another issue of his monthly "RD's Blog" and you can find it on the Hawaii Region web site, <http://ysmenhawaii.org>.

Rick updates us on planning for the regional convention in 2010, which will be held at the Pacific Beach Hotel, May 15-16. Unlike recent years, it involves only one overnight stay and provisions are being made for Oahu members to attend without staying over if they want to do it that way.

(They'll miss some of the social activities, though.)

Orientation DVD: Rick is also urging clubs to use the new membership and orientation DVD. "Please start using it immediately at your regular club meetings," he says.

International Convention: The blog also urges us to start preparing to go to Japan next summer for the Y's Men International Convention in Yokohama. Be aware, Rick cautions, that the registration fee alone could be \$500, so attending won't be cheap. But many Hawaii clubs have Brother clubs in Japan and it is a great chance to get together with them and with leaders and delegates representing Y'sdom from all over the world. Registra-

tion information is not yet out but soon will be. Meanwhile, a convention brochure in PDF format (1.4 MB) has been posted on the Hawaii Region web site for your information.

Look for "International Convention" on the home page.

Taiwan Brother Club

We've had some communications from one of our International Brother Clubs, the Y's Men of Taipei Union, in Taiwan.

The club's new IBC liaison, **C.S. Chen**, wrote advising us of his election to the post and opening up what he hopes will be ongoing "close contact."

"Our IBC relationship has been built for about 20 years. However, it seems we have not met each other for some years," he wrote in an email.

(Actually, the Taipei Union Y's Men last visited us in February 1991, when the International Brother Club relationship was formalized.)

His club's membership has been growing and now is about 30, he said. Taipei Union celebrated its 30th anniversary in May and the party was attended by representatives of its other brother clubs, Sunrise Club of Japan and the Sandol Club of Korea.

"If you have any events which you would like us to join, please let me know and I will organize our club members to visit your club again to refresh our long IBC friendship. In the mean time, we will invite you come to Taiwan if we have any events," Mr. Chen wrote.

If no get-together comes up earlier, the Taipei Union people will meet us at the Y's Men International Convention in Yokohama next August.

Meanwhile, the Taiwan club has been made aware of the 2010 Hawaii Region Convention in Waikiki and is looking into the possibility of having someone attend. We have been sending our Taipei friends copies of our club bulletins each month.

'Hallo-Wine' is Here

The "Hallo-Wine" party at Koolau Golf Club, which will raise thousands for our YMCA branch, will be held October 24. Y's Men & Women get in for \$45 if we book by Oct. 17. See the ad on Page 4.

Inspiration

Christian Emphasis

With God

I love to feel in control. Self reliant. And exuding a sense of independence is a must. At least, this is what I project to the world. Truthfully, and You already know this--I depend on You for everything. Right before the meeting, I was praying for the right words and the courage to face the unknown. Before I made a decision that would impact my family, I was on my knees seeking Your will.

Lord, let me show others that You are my source of strength. Give me the confidence in You to stop keeping my weaknesses a secret. The more truth I reveal, the better I will reflect the One who makes the weak strong and the impossible possible.

— from "One-Minute Prayers to Begin and End Your Day"
by Hope Lyda, Submitted by Joe-Ann McCarthy

News from Our 'Y'

Just like the other branches of the YMCA of Honolulu, the Windward "Y" is stepping up to provide one-day programs on the days that the teachers of the state's public schools are taking their forced furloughs. **Wendy Tupper** is the coordinator. Parents will pay \$30 for each kid per day the kids are at the branch.

Starting Friday October 23, the all-day programs will include homework time and guidance, enrichment projects and recreational and sports-related activities.

Meanwhile, the Windward YMCA pool has been all fixed up, blessed and reopened.

And thanks to **John Putz**, our club now rates a mention in the "Program Information" section for Windward in the YMCA of Honolulu's Web pages,

A Little Humor —

Woman rushes into her house one morning and yells to her husband, "Sam, pack up your stuff. I just won the lottery!" Excited, the husband asks, "Shall I pack for warm weather or cold?" To which the wife replies, "Whatever. Just so long as you're out of the house by noon!"

A woman walks up to an old man sitting in a chair on his porch. "I couldn't help but notice how happy you look," she said. "What's your secret for a long, happy life?" "I smoke three packs a day, drink a case of beer, eat fatty foods, and never, ever exercise," he replied. "Wow, that's amazing," she said, "How old are you?" "Twenty-six."

A man was complaining to his friend, "I had it all – money, a magnificent house, a fast car, the love of a beautiful woman... then, poof! It was all gone!" "What happened?" asked the friend. "My wife found out."

President's Message

from Joe-Ann McCarthy, President 2009-2010



Oh my gosh! Our Membership Chairman

John Putz has recruited two more new members, Wendy Tupper and Crystal Shaw, both staffers of the Windward YMCA. This makes a total of three new members for this year. I

have no doubt John is just beginning his quest for boosting our membership. Good job John!!!

On September 12 we all woke up bright and early to assist the Alzheimer's Association with their annual Memory Walk. This is the third year we have participated in this project. This year we had two groups working. The early birds, **Marion Liu, Donna Saito** and myself, registered late comers who wanted to participate in the event.

The second crew, **Russ Lynch, Ken Kadomoto, Jim Kanehira, Wendy Tupper, John Putz** and **Crystal Shaw** worked the after-race refreshments. Thank you all for giving up your Saturday morning for a worthy cause.

Marion Liu, Lindsey McMonigle and I are off to Seattle to assist Lindsey in getting settled in her new apartment located off campus of the University of Washington. We all leave on September 22, 2009.

I will be back on island September 29. Marion will be staying an extra week to visit her favorite spot, Las Vegas.

See you all on October 5 at 6 p.m. for our monthly meeting at Windward YMCA.

— *Joe-Ann*

U.S. Area News

The Area is holding a three-day training session for Regional Directors Elect in Torrance, California, November 12-15 and Windward's **Russ Lynch** will attend.

He'll be among some of the top people in Y'sdom. since attendees will include U.S. Area President **Phil Sammer**, Canada/Caribbean Area President **Martin Dand**, and International Secretary General **Rolando Dalmas** from Y's Men International headquarters in Geneva, Switzerland.

Also on hand to talk about next year's International Convention will be International Pres-

ident Elect **Hirotohi Fujii**.

Among subjects to be covered by a string of U.S. Area experts will be the changes that are going on and will need to happen in Y'sdom, the role of District Governors, relations with the YMCA and ideas for the development and use of Y's Men's funds.

International News

At its International Council Meeting in Sri Lanka in August, Y's Men International officially approved the use of "Y Service Clubs International" as an alternative name and approved Stavanger, Norway, as the site for the 2012 International Convention.



At the Alzheimer's Memory Walk. Top: At the registration desk, **Marion, Donna, John, Wendy, Joe-Ann** and **Crystal**. Center: **Ken, Wendy** and **John** prepare drinks for the flood of walk/run finishers soon to arrive. Bottom: **Crystal, Wendy** and **John** enjoy posing with **Elvis**, who happened to drop by on one of his rare visits back to Earth. For more pictures see our club web site www.ymsmenwin.com

- Photos by Russ Lynch



Coming: Work Day at Camp Erdman

The Metro District of Y's Men Hawaii is coordinating a "Make a Difference Day" work day at YMCA Camp Erdman at Mokuleia. It will be on Saturday, October 10, 9 a.m. to noon, and lunch will follow. The Camp is aware that we are unskilled and that many of the members of the six clubs that make up the District can't do heavy physical work, but there's plenty we can do and there's plenty to be done. All volunteers are welcome. Contact District Governor **Phil Chun** at philchun1@yahoo.com if you can go.

Club Calendar

- October 5, Monday**
6 p.m. Windward YMCA
September club meeting
- October 10, Saturday**
9 a.m. on. Metro District
work day at Camp Erdman
- October 24, Saturday**
5:30 p.m. to 9 p.m.
"Hallo-Wine" at Koolau Golf
Club. See ad below.
- November 21, Saturday**
Regional Mid-Year Cabinet
Meeting, 9 a.m., Ilima Hotel
- December 4, Friday**
6 p.m. Metro District
Christmas Party, Kalihi YMCA
- December 12, Saturday**
Breakfast with Santa
- September Emphasis:**
Community Service
- October Emphasis:**
*Alexander Scholarship
Fund & Dollars for Scholars*

Windward YMCA — celebrating its 50th year of service 1959-2009

'Hallo-Wine'

Wine Tasting & Silent Auction

Date: Saturday, Oct. 24
Time: 5:30-9:00 p.m.
Place: Koolau Golf Club Atrium

- Costume-optional
- Island music by Waimanalo Sunset
- Delicious heavy pupu
- Fabulous silent auction items
- Fine wines donated by:
Kendall Jackson, Better Brands, Fine Wine Imports, Coastal Wine & Spirits through Kalapawai Market
(Special prices on all wines ordered that night)

Only \$55 before Oct. 17
\$45 YMCA members, seniors & military
\$65 after Oct. 17(at door)

Proceeds go into the scholarship fund for children, teens and adults who otherwise could not afford Windward YMCA programs and the Windward Branch endowment fund.

For reservations or to make an auction donation, drop by the Windward Y's Welcome Center or call 261-0808.