



# Windward Y'er

Bulletin of the Windward Y Service Club

Chartered April 5, 1980

## Construction at our Y Starts, Finally

Construction on the new courtyard roof at the Windward YMCA began in late September and is expected to be completed in December.

The long-awaited project had been scheduled for early March, but it ran into permitting issues at the city Department of Planning and Permitting. With the permit now in place, however, contractor Kiewit Pacific hopes to expedite the work and finish well before the Winter Fun intersession program begins December 19.

During construction, the pool and group exercise room will be open during all regular hours; the Healthy Lifestyles Center will be open from 6 a.m. until construction work begins and again from 4 p.m. to 9 p.m. in the evening. It also will be open during normal hours on the weekends. "We are trying to ensure as much continuity as possible for our members," said **Bill Stone**, Windward Branch executive director.

"We will have alternate entrances open and reduce the impact on members as much as possible. We think the end result will be well worth the short-term inconvenience."

The scope of work includes making the entrance more handicapped accessible and also wid-

ening the hallway leading to the back yard. In addition, Kiewit will cut back the overhangs above the walkways on three sides of the courtyard, dig deep footings for six steel pillars and then install the pillars.

On top of the pillars, there will be steel cross-beams to outline the edges of the roof. Then smaller steel beams will create the support for the roof. The side walls will have louvers for ventilation, and there will be four solar-powered roof vents to suck hot air out of the enclosed space. A big ceiling fan will circulate air inside the new room. Air conditioning may be added at a later time.

On the ground, concrete from Ameron will be used to level the

whole area, and then rubber flooring similar to that in the Healthy Lifestyles Center will cover the concrete.

The Y plans to use partitions between the pillars so that the space can be configured in different ways for various classes and meetings. New tables and chairs also will be moved in and out of the room as necessary.

"This will be a true multipurpose room," Stone said.

"Now we can host larger public meetings, have even bigger Zumba classes and have a safe, dry space for the children during the summer and intersession programs."

(See picture on Page 4)

### President's Message from Joe-Ann McCarthy

## Readjusting from Travel

Getting back into the swing of things is very difficult after being on vacation for two weeks.

Jack and I spent our time on the along the coast of South Carolina at two timeshares at Hilton Head and Isle of Palms, which is a 20 minute drive from Charleston. If you think our climate is humid, it is nothing compared to the South. It was a wonderful trip as we spent our time getting reacquainted with a Marine we had befriended 20 years ago. We also took a day trip to Savannah, Georgia and had lunch at Paula Deen's restaurant. I learned to eat grits, which I didn't know is made from corn. We drove over a 1000 miles traveling up and down the coast eating scrumptious seafood and just enjoying the beautiful countryside.



**Joe-Ann McCarthy**  
President 2010-2012

— Aloha, Joe-Ann

**Next meeting: Dinner  
6 p.m. Monday, October 3  
405 Iana St.,  
Enchanted Lake**

## Windward Y Service Club 2011/2012

Chartered April, 1980

President: Joe-Ann McCarthy  
Vice president: James Kanehira  
Secretary: Bill Stone  
Treasurer: Marion Liu

Members: Kenneth Kadomoto,  
Karel A. Ling, Russ Lynch,  
Jack McCarthy, Freda Nakamoto,  
Karla Redding, Donna Saito,  
Donald Scott, Osamu Shoji,  
Emma Thomas, Wendy Tupper.

Youth Members:  
Makena Liu, Ryan McMonigle  
Young-Adult Member:  
Lindsey McMonigle

Bulletin Editor: James Kanehira  
Email: [jkjimini@gmail.com](mailto:jkjimini@gmail.com)

Production by Russ Lynch  
Email: [russlynch@mac.com](mailto:russlynch@mac.com)

See our club's web page at:  
<http://ysmenhawaii.org/windward.html>

## Roll Back Malaria

At the mid-year Hawaii Region cabinet meeting on September 17, delegates voted to support the Roll Back Malaria project, which brings insecticide-treated mosquito nets to children in Malaria-prone regions, such as Sierra Leone in Africa.

The Region has set a goal of \$5 per member for each of the next four years.

This should add up to Hawaii's share of the goal of 500,000 Swiss francs set by Y Service Clubs International for the current five-year project that ends in 2015. It's not an assessment but a voluntary payment and it is hoped that clubs will send \$5 a member to the Region so it can be passed on to the International with dues in early 2012.

## Hallo-Wine 2012

Don't forget the Windward YMCA's big annual fund-raiser, to be held Saturday October 22, 5:30 p.m. to 9 p.m. in the ballrooms-atrium area of the Koolau Golf Club.

Please remember to bring to the next meeting at Karla's house any items you can donate that would be good for the silent auction that accompanies the wine-tasting event. Karla will take small gift items and combine them into baskets for sale.

And come to the event itself. You can wear a Halloween costume if you like and there will be a costume contest, but costumes are not required.

There be great food, island music by **Walt Keale** and of course the fabulous silent auction, all in support of people who need our Y but cannot afford it. Our members get in for the YMCA-

member rate if they book by October 15. Otherwise it's \$60.

Fine wines for sampling are being donated by Young's Market (formerly Better Brands), Southern Wine & Spirits and Paradise Beverages.

To make your reservation stop by the welcome center at the Y or phone 261-0808.

## Vegas Convention

Planning is proceeding for the 2012 Hawaii Region Convention in Las Vegas and it's time to make your travel and room reservations.

The meetings, at the California and Main Street hotels will be held on only two days, Friday and Saturday May 3 and 4, so if you buy a five-night package there'll be plenty of time for sightseeing and fun. Note: Several package deals for under \$700 are being offered by Hawaii Region members but the Region itself is not handling any bookings. You must do that yourself.

## *Inspiration*

### **Christian Emphasis**

I was sitting reading a book my daughter Heather sent me and I really enjoyed this little story from the book "Gifts from my Front Porch," Developed by GRQ Ink, Inc.

The story goes like this..."It's dawn on a summer morning. I am sitting quietly in my rocker on the front porch, my hands cupped around a steaming cop of coffee. The birds are waking up--stillness." How many of us could do this every morning to just start our day off right.

There's more.... "My neighbors are still asleep. As I look up and down the street, I realize that each quiet house has its own story to tell." Try this and check out how well you know your neighbors.

..."One of my neighbors is coping with unemployment. Down the street, another neighbor is planning a backyard wedding for her daughter. Next door a single mom is struggling with the ravages of divorce." Take a few minutes and think about how you can help any one of your neighbors, or even just one. May God bless us each day so that we can turn around and bless someone else.

— submitted by Karel Ling, *Christian Emphasis service director*

## 50,000 Members by 2022 is World Goal

"Towards 2022," the forward plan adopted by Y Service Clubs International, includes a goal of 50,000 members by that year, 100 years after the founding of Y'sdom.

That will be a big challenge with current worldwide membership at around 30,000.

**Finn Pederson**, international president, is confident it can be achieved. Finn had this to say in the latest issue of the "Family Letter" from international headquarters in Geneva:

"How to get new members in our club or to establish new clubs is not only about calculations and plans, but also about the attitude to each one of our members and each one of our clubs.

"Proud members and active clubs give us our best image and our best possibility to increase the membership. I encourage you to invite one friend to your Y's Men's Club. I am sure that you know one person in your family, a friend, a neighbor, a colleague or a newly established family in your community you can invite to be a guest in your club.

"Be proud and tell what Y's Men do for your community and internationally.

"Tell with pride about the Roll Back Malaria project. Tell about Time of Fast Global Projects. Tell about your local projects.

"Tell about what Y's Men means for you."

Finn also talked a little about YES, a recently introduced program of Y Service Clubs International that provides funds for extension, which means the development of new clubs.

Officially called Y's Extension Support, the program is intended to help cover travel costs and other expenses incurred in efforts to build new clubs.

The Hawaii Region will be looking into ways such funding could be used, says Regional Director **Russ Lynch**.



## Shoeboxes of Gifts for Needy Kids

At our next meeting, a dinner gathering October 3 at Karla Redding's house, we'll be sorting and packing shoe boxes full of the gifts we'll bring to be sent overseas to needy children.

This is part Operation Christmas Child, run by an international relief organization called Samaritan's Purse. At the suggestion of **Wendy Tupper**, our club decided at our last meeting to adopt it as a club project.

Please bring suitable gift items to the dinner at Karla's.

Here are a few suggestions listed in the Samaritan's Purse web pages:

Toys such as small cars, balls, kazoos, harmonicas, yo-yos, jump ropes, small Etch-A-Sketch, toys that light up. (Please include extra batteries.)

School supplies such as pens, pencils and sharpeners, crayons or markers, stamps and ink pad sets, writing pads or paper, solar-powered calculators, coloring and picture books. Hygiene items such as toothbrushes, toothpaste, mild bar soap, washcloth etc.

Other items young kids like, such as candy (double-bag all candies), sunglasses, jewelry etc.

Here's what **Jim Kanehira** had to say but the fun he had gathering shoe-box items:

Tuesday September 6 was a very hot day. Gladys had an appointment with the doctor at 3:45 pm on King street just past Keeaumoku Street.

So I had about hour and 15 minutes to kill so I parked at Wal Mart, put on my walking shoes and spent my time in the air-conditioned store. At the same time, I thought why not shop for children gift items. Wow, I found note books at 15 cents each, Cra-Z-Art crayons 24 count at 25 cents each. I then looked for tennis balls and found a bag of 12 balls for about \$7.50. For the girls, bounce flash spiky balls cost \$1.00 each. It was an afternoon well spent and I picked up Gladys right on time.

At home, there are a lot of things that could be used as gifts. Ball point pens, scratch pads, small calendars, finger nail clips, ornaments, small toys, combs, etc.

Look around your home and you'll surely find items that children would be happy to receive.

Hey, even gifts you received from charitable organizations when they request for donations.

We've got to fill up 20 shoe boxes with gifts at our next meeting in October. Let's make sure we'll have more than enough to make this a successful project.

## Dis-n-Dat

Items for your amusement and information —

**Karel** returned from Vegas on September 12. She said she did all right. **Jim, Gladys** and daughter **Jolie** will be going on October 26. They're hoping they'll also be able to say they did all right. **Osamu** and **Yasuko** have committed themselves to attend our Convention in Vegas in May next year.

**Freda** has gone to the mainland for job training, so stated **Joe-Ann**.

**Ken** and **Lillian Kadomoto** will take a trip to Japan October 10-20, covering Kyushu areas.

**Russ** and **Eiko** are off to Columbus, Ohio, to watch their grandsons, age 6 and 4, have their Halloween fun. Russ says he'll be able to go to our Y's "Hallo-Wine" party before they leave.

### Joke of the Month —

What did the circus owner say when the Human Cannonball died? "It's going to be hard to find a man of his caliber."

## Convention in Norway

Y Service Clubs International now has a website up and running telling all about the 70th International Convention to be held in Stavanger, Norway, in August 2012. It will start taking reservations in mid-October. If you're interested, check out the website at: <http://www.ic2012.org/>

**Y Service Clubs Motto:  
To acknowledge the duty that  
accompanies every right.**

## Karla's Entry in the 'Golden Book'

Windward's **Karla Redding** now has a "living tribute" posted in the Golden Book of Y Service Clubs International, as part of the international Endowment Fund effort. Each year our club makes a donation and gets to honor someone and the latest is Karla.

Here's her citation:

Karla has been a member only since May 2008 but she has packed a wealth of activities into that short time, vigorously participating in all club activities and leading some of them.

Always full of good ideas and energy, Karla has created new activities and been a leader in our support of the YMCA and other community organizations. Service of this type has always been part of her life and she has worked actively with other service organizations in our community, such as Windward Rotary and the local branch of Soroptomist International.

As a member of the Board of Managers of the Windward Branch of the YMCA of Honolulu, for more than 10 years, she has served as head of the board's fi-

nance committee and currently chairs the board itself.

Karla serves as a wonderful link between the Y Service Club and the Y and is a hard-driving fund-raiser in the Windward YMCA's Annual Support Campaign as well as its Capital Campaign. A long-time resident of our local community, Karla is a self-employed businesswoman, working among other things as a public accountant, a distributor of Shaklee products and an adviser to others starting their own businesses.

The club is grateful to Karla for her service to Y'sdom.

## Club Calendar

### October 3, Monday

6 p.m. Monthly club meeting and dinner, packing shoe boxes for kids. Karla's house, 405 Iana St., Enchanted Lake

### October 22, Saturday

5:30 p.m. to 9 p.m.  
"Hallo-Wine" at Koolau Golf Club.

### October 29, Saturday

Metro District Y Service Clubs meeting.



Making the sky disappear! **Bill Stone**, Windward YMCA executive director, stands in the Y courtyard area that will soon be roofed over in a new construction project. (See Page One)