



Windward Y'er

Bulletin of the Windward Y Service Club

Chartered April 5, 1980

Open House Shows Y's Bright New Look

By Jim Kanehira

Windward YMCA held an open house on Saturday, January 14th, to celebrate the completion of the renovations to the building. It was great to enter the YMCA again from the front entrance which had been closed for several months.

People saw a bright office, a newly renovated enclosed white roof with bright lights, a real cheerful atmosphere.

People were greeted by many staff who manned tables and stations with printed materials and information, and also healthful snacks.

Ongoing programs were in full swing, along with demonstrations conducted by volunteers in hula, tai-chi, slow movement senior exercises and Zumba.

In the back, swim classes were held with parents viewing their children in progress. Flying

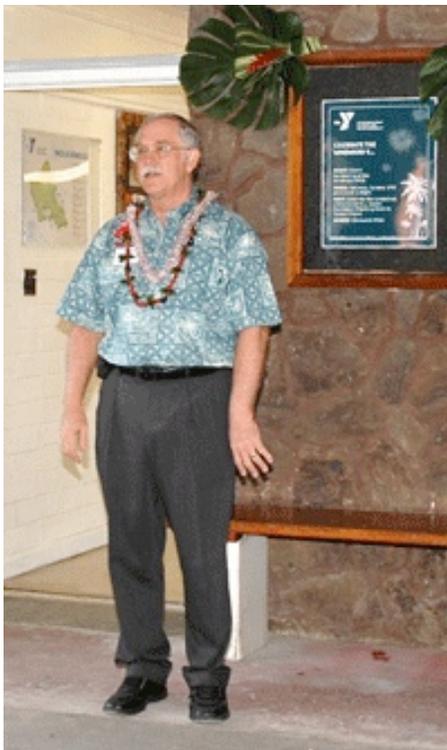
Eagle and several parent/child program children played with their cars on the fast wooden track.

Also available was child care services for parents who were doing exercises.

Visitors learned what the Y stood for and programs offered.

Many people were sold and signed up that day.

As a Y supporter, it made me proud to be a part of Windward YMCA.



Bill Stone, executive director, welcomes guests to the Open House. See also Page 3

President's Message from Joe-Ann McCarthy

We're Off and Running in 2012

Thank you Karla for allowing us to meet at your home for our first meeting of 2012.

As a reminder, we will not be having a meeting in February due to the Annual Support Campaign. However, we are still hosting the Metro District meeting and Convention meeting on Saturday, January 28th, beginning at 11 a.m. at the Windward YMCA's newly renovated meeting room.

Lunch will be served for those who attend the meetings.

At our next meeting on March 5th, please don't forget to bring all the toiletry items you've collected so we can complete packaging our toiletry kits for the Windward women's shelters.

To date, ten members and five of their guests will be attending the Hawaii Region Convention in Las Vegas. Please sign up early for the convention!

Gung Hee Fat Choy, the Year of the Dragon begins January 23rd, 2012.

Our condolences to Phil Chun (Kalihi) and his family at the passing of Mei-Chih. I recall Mei-Chih beaming with pride at one of our district Christmas parties as she was the winner of the Jun Ken A Po game and she proudly showed off her winnings.

God bless you Mei-Chih, you were an inspiration of strength for all of us.



Joe-Ann McCarthy
President 2010-2012

— Aloha, Joe-Ann

**Next meeting:
6 p.m. Monday, March 5
Windward YMCA
(Packaging toiletries)**

Windward Y Service Club
2011/2012

Chartered April, 1980

President: Joe-Ann McCarthy
Vice president: James Kanehira
Secretary: Bill Stone
Treasurer: Marion Liu

Members: Kenneth Kadomoto,
Karel A. Ling, Russ Lynch,
Jack McCarthy, Freda Nakamoto,
Karla Redding, Donna Saito,
Donald Scott, Osamu Shoji,
Emma Thomas, Wendy Tupper.

Youth Members:
Makena Liu, Ryan McMonigle
Young-Adult Member:
Lindsey McMonigle

Bulletin Editor: James Kanehira
Email: jkjimini@gmail.com

Production by Russ Lynch
Email: russlynch@mac.com

See our club's web page at:
<http://ysmenhawaii.org/windward.html>

Live for the Day

Yesterday is but a dream.
Tomorrow is only a vision. But
today well lived makes every
yesterday a dream of happiness
and every tomorrow a vision of
hope. Look well, therefore to
this day.
To live well today, we must
make every effort to be healthy.
To do this, we should eat right,
gently move our body (exercise),
sleep well.
We must move our mind, body
and bowel. Living long can only
be meaningful when we can en-
joy each day with wellness.

YMCA ASC Launches on February 9

The Annual Support Campaign for the Y starts with a kickoff dinner on Thursday, February 9th, in the Castle Medical Center's Healthy Lifestyles Center. Please be there for this important, but fun, event to kick off the campaign to raise \$70,000 for our branch's help for branch users who can't afford their needed programs.

For those who haven't participated before, or those who could use a brush up on how to solicit donations, there will be two coaching rallies, one in the evening of Thursday, February 2nd, and the other Saturday morning, February 4th.

You will be hearing from cam-

paign leaders about these events.

There are report nights at the Windward Branch on Thursdays, February 16th and 23rd and March 1st, followed by the Victory Dinner on March 16th.

These will all be at the branch and the big final event will be in the newly covered and lit courtyard, now dubbed the "Great Room."

Our club's **Marion Liu** and **Jim Kanehira** are the co-chairs for the campaign and as of this writing, **Russ Lynch** and **Ken Kadomoto** have agreed to serve as team captains.

The Y needs all of our help and we'll make sure it's there.

Our Young Members Are Doing Well

By Marion Liu

Our youth members are now young adults, all in college and doing well.

Lindsey, now 22 years young, graduated from University of Washington this past June. She's earning a few more credits from Kapiolani Community College before enrolling at UH Hilo Pharmacy School.

Makena is enjoying his sophomore year at UH Manoa. He just celebrated his 20th birthday. College and dorm life suits suits him fine. He can also fend for himself. Aunt **Joe-Ann** taught him at a younger age to cook.

Ryan is now 6' 1" tall. He is presently enrolled at Feather River Community College in Quincy, CA. It's a very new experience for him — the cold winter, cooking his own dinners etc. and experiencing dorm life. He seems to have acclimated himself quite well.

Popo **Marion** is praying that he gets picked by a Division 1 college so she could see him play baseball professionally.

Inspiration

Christian Emphasis

Here is one for January:
Whether we are poets or
parents or teachers
or artists or gardeners,
we must start where we are
and use what we have.
In the process of creation and
relationship, what seems
mundane and trivial may show
itself to
be holy, precious, part of
a pattern.

by Luci Shaw

We all have gifts to offer to
help others.
All we have to do is use them.
Karel Ling

— submitted by **Karel Ling**,
Club Service Director for
Christian Emphasis

Scenes from the Y Open House



More scenes from the Windward YMCA Open House, Saturday morning, January 14. Left: **Mike Broderick**, president and CEO of YMCA of Honolulu (and a Windward resident himself) with guests and local Y board members including, to the right, our **Marion Liu**. Right: The well-lit area under the new roof, ready for guests. Note, flooring still has to be completed and there will be a big-blade fan to circulate air. *Photos: Russ Lynch*

Club Events Shifted

The regular club meeting for February has been canceled because we'll all be too busy with the Y's Annual Support Campaign.

We'll meet instead on Monday, March 5th, at the Y. We'll make this a sort-and-package night for those toiletry items you've collected as gifts for the women in the Windward abuse shelters.

At our January meeting, it was decided to postpone a social get-

together we had been considering for February, again because of ASC. The plan now is to hold that even in April, maybe for the Mongolian barbecue on Marine Corps Base Hawaii or perhaps at Mid Pacific Country Club, where they also have a Mongolian barbecue.

As of press time for this edition, it's hoped to use that April occasion for bring in **Yoshi Tsukayama** so she can be presented with a special medal honoring her late husband **Conrad's** service in the 442nd Battalion in Europe in World War II.

U.S. Area News

This bulletin and those of the other Hawaii clubs are posted on the website of the U.S. Area of Y Service Clubs International.

It's a great idea to visit the site to see the bulletins from all over the country. They give you a good idea of what's going on in Y'sdom and they can also give you ideas for fund raisers and fun events.

Visit <http://ysmenusa.com> and slide down to the bottom of the page and click on "What's New" to see the list of all those recently posted.

They may also give our bulletin editors some ideas, but it's pretty clear that our Hawaii club bulletins already compare very

favorably with all the others in appearance and content.

The Area website also has a lot of background information and on our movement.

Note: This issue has three pages only. Editor.

Club Calendar

January 28, Saturday

11:45 a.m. We host Metro District meeting at Windward Y. Lunch served. (Follows Convention mtg.)

February 9, Thursday

6 p.m. to 8 p.m. Annual Support Campaign Kickoff. Castle Medical Center.

February is ASC

See story in this issue for Annual Support Campaign dates and times.

March 5, Monday

6 p.m. Club meeting. Windward YMCA. Bring toiletries to sort and pack for women's abuse centers

May 4 & 5, Friday/Saturday

76th Hawaii Region Convention, Las Vegas

August 2-5, 2012

International Convention Stavanger, Norway.

Dis-n-Dat

Deepest condolences to Kalihi Club's **Philip Chun** and family for the loss of **Mei-Chih**. She was a staunch and loving supporter of Phil in every effort of service to the community and her children. She will be missed by all.

Congratulations to **Jen Townsend** on being promoted to be Executive Director and CEO of Leeward YMCA.

And congratulations to birthday "kid" **Marion** who had a birthday (we're not saying which one) on January 25th.