



# Windward Y'er

Bulletin of the Windward Y Service Club

Chartered April 5, 1980

## Conrad Remembered in War Medal Gift

By Jim Kanehira

On Sunday, April 29th, club members enjoyed a wonderful dinner at Mid-Pacific Country Club. With 20 members, spouses and guests present, we enjoyed good food, good fellowship, and a wonderful presentation of a gold emblem to **Yoshi Tsukayama** by **Colonel Harold Kuwahara** and a short but entertaining performance by **Magical Sam (Osamu Shoji.)**

Colonel Kuwahara looked real sharp in his uniform as though it was specially tailored for him in spite of having the uniform for many years.

He explained that the medal was an exact replica of the emblem made by Congress to honor the 100th Battalion and 442nd Regimental Combat team.

He also gave background on the formation of the fighting units and the heroic efforts by the Japanese-American soldiers.

This gold emblem was purchased by **Maurice Shimonishi** of the Nuuanu Y's Men's and Women's Club who was also present to honor the late **Conrad Tsukayama**, retired lieutenant colonel, who was a valued member of our club.

Further information regarding 100th Battalion and 442nd Regimental Combat teams is documented in Conrad's story placed in the computer by Russ. (You can

read the story if you search the Internet for "Japanese Eyes, American Heart," a book published by the Hawaii Nikkei History Editorial Board. It's Conrad's story in his own words.)

Conrad passed away in July 2001 at the age of 83.

**Col. Harold Kuwahara** presents the medal replica to **Yoshi Tsukayama** at our April 29 dinner.



### President's Message from Joe-Ann McCarthy

## Winding Up a Great Year

The convention in Las Vegas was terrific and well planned thanks to the leadership of Duke Chung. Having meetings scheduled from 10 a.m. to 2 p.m. allowed everyone enough time to gamble and shop to their hearts content. Congrats to Nuuanu Y Service Club for being selected Club of the Year.

We (Marion, Jack, Laurene and myself) managed to visit 12 different casinos both on the Strip and downtown. My cousin Laurene is very familiar navigating through the streets and highways of Las Vegas. Unfortunately we also deposited money in each casino with very little return.

Thank you all for providing your support throughout the year, it was greatly appreciated. I now hand over the reins to Jim Kanehira, who will no doubt lead our club with much enthusiasm!



**Joe-Ann McCarthy**  
President 2010-2012

— Aloha, Joe-Ann

**Next meeting:  
6 p.m. Monday, June 4  
Windward YMCA**

Windward Y Service Club  
2012/2013

Chartered April, 1980

President: James Kanehira  
Vice president: Karel A. Ling  
Secretary: Bill Stone  
Treasurer: Freda Nakamoto,

Members: Kenneth Kadomoto,  
Russ Lynch, Marion Liu,  
Jack McCarthy, Joe-Ann McCar-  
thy, Karla Redding, Donna Saito,  
Donald Scott, Osamu Shoji,  
Emma Thomas, Wendy Tupper.

Youth Members:  
Makena Liu, Ryan McMonigle  
Young-Adult Member:  
Lindsey McMonigle

Club Bulletin: Send items to  
Russ Lynch

Email: [russlynch@mac.com](mailto:russlynch@mac.com)

See our club's web page at:  
<http://ysmenhawaii.org/windward.html>

## Inspiration

### Christian Emphasis

Loving God, inflame our hearts with burning love for Christ who calls us to build communities where dialogue is learned and life giving relationships are created. Teach us to rejoice in the abundant diversity of peoples and give us a loving heart ready to embrace all peoples and give us a loving heart ready to embrace all peoples of our one world. Transform our one world into one heart fully alive with Christ's spirit..Amen.

## Club Elects Kanehira President

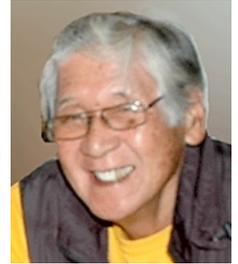
**Jim Kanehira** (at right) will take over as club president for the coming year, a position he has held with distinction a number of times in the past.

Vice President will be **Karel Ling**. **Bill Stone** will continue to serve as club secretary and treasurer will be **Freda Nakamoto**.

**Russ Lynch** will continue to do the club bulletin production work and update our clubs section in the Hawaii Region web-

site. The bulletin editor has yet to be finally decided but whoever it is will rely on members to let us know what's going on in their area of expertise and in their outside activities as well.

Please help out with your stories and fun articles.



## MoW Assignments

Here are the assignments drawn up by the Meals on Wheels Hawaii folks for our volunteers delivering meals on Mondays in the second half of 2012:

June 11, **Bill Stone**. June 25, **Jim Kanehira**. July 9, **Bill**. July 23, **Bill**. August 6, **Russ**. August 20, **Russ** (filling in for Wendy who will be traveling). September 2, **Ken Kadomoto**. September 24, **Bill**. October 8, **Jim**. October 22, **Russ**. November 5, **Wendy Tupper**. November 19, **Ken Kadomoto**.

As before, pickup is 11:15 a.m. at Castle Medical Center and the Kailua route takes a bit over an hour to deliver.

## YMCA Healthy Kids Day

On Saturday, April 21st, the Y Service Clubs of the Metropolitan District provided shave ice for the YMCA of Honolulu's Healthy Kids Day at Bishop Museum.

The project, coordinated by **Joe-Ann McCarthy**, had all clubs well represented, grossed approximately \$1,500, netted approximately \$1,000, and contributed about \$500 to the YMCA.

In the morning, it was relatively slow but in the afternoon, all three machines were running constantly to keep up with the customers.

Present from our club were **Joe-Ann, Donna, Freda, Marion,**

**Jack, Jim, Ken, Makena** and **Russ**. Members **Bill** and **Wendy**, as YMCA staff, were busy with the YMCA booths.

It was hard work but everyone had fun and it was a great chance for some socializing with members of the other Y Service clubs.



## Water & You, Advice

Drinking water at certain time maximizes it's effectiveness on the body:

Two glasses of water after waking up - helps activate internal organs.

One glass of water 30 minutes before a meal - helps digestion.

One glass of water before taking a bath - helps lower blood pressure.

We should really drink eight glasses a day.

A glass of water before going to bed avoids stroke or heart attack.



The pictures tell the story. Here are some shots from the 76th Hawaii Region Convention in Las Vegas. Above, smiles in the casino from **Ken Kadomoto**, **Yasuko** and **Osamu Shoji**, **Lillian Kadomoto** and **Walter Osakoda**. Top center, **Joe-Ann McCarthy** and **Marion Liu** grab some pupu with **Ray Seto** and others in the hospitality suite. Top right, **Donna Saito** in the slots tournament with **Mary Ann Phillips**, U.S. Area president. Right, **Jim Kanehira** chats with **Pete Phillis**, Mary Ann's husband. Far right, Regional Director **Russ Lynch** presents the Outstanding Club President award to our president, **Joe-Ann McCarthy**. (That picture is by Maurice Shimonishi, the others by Russ.)



## Hawaii Region Convention Mixed Business and Fun

By Jim Kanehira

The Convention held in Las Vegas in the first week of May was a huge success. Thanks to Convention Chair **Duke Chung** and the committee, the convention ran smoothly and was very enjoyable.

In spite of relatively low attendance and missing East Kauai, those who attended had a wonderful time during convention meetings and activities.

The other times when we were free to do our things depended on whether we had good fortune or not.

During the awards ceremony, we were extremely pleased and excited as **Joe-Ann** was announced as the Outstanding President for the year. A job well done and we're proud of you.

Listed below were some happenings aside from business:

**Russ** ended his two-year term with a job well done. The Hawaii Region's official gavel, which disappeared at the previous convention, mysteriously appeared in time to present it to new regional director **Sharon Ishida** (Kaimuki).

**Russ** proudly carried the Regional Banner wherever he went, like a soldier carrying his rifle for protection.

**Donna** and **Osamu** were first place winners in the slot tournament. **Lillian Kadomoto** had a nice win at MegaBucks (two grand) for a small investment. She also was fortunate in catching several four aces on video poker machines.

**Osamu** loved playing Blackjack and finally learned the terms in English used in playing Blackjack. However, even with his magical ability, he couldn't change the cards to be a winner. **Jim K**,

playing beside **Osamu** on the second night, got real lucky and won \$900 on one sitting.

However, on the next three sittings with **Osamu**, no such luck came but his net win on Blackjack was still \$600.

**Yasuko Shoji** didn't lose much money in gambling but spent time and money shopping with **Gladys K**. By the way, **Gladys**, who was up and down throughout the trip, came out ahead when she finally hit a Royal Flush on the last night holding two cards. Thank goodness, both she and **Jim** came home as small winners.

In the raffle, **Brad Ishida** won the opal ring that was donated by the Windward club. He mumbled, "I'd rather have the cash value".. Along came **Sharon** and the ring fit beautifully on her finger. She

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# A New Member's Impressions

By Freda Nakamoto

When **Joe-Ann** asked me to join the Windward Y's Men's Club, my first thought was, What is a "Wise Men's Club" and why would I want to join? I'm not a man nor am I wise and I had never heard of the club.

I joined a little over a year ago and I'm extremely glad I did. I enjoy the service projects and learning from the vast store of knowledge that is the Windward Y Service Club.

The 76<sup>th</sup> Convention (my first but not my last) provided the Y Service Club members, families and friends with a wonderful opportunity to catch up with old friends and make new friends.

Attending the convention furthered my knowledge and made me a better asset to our service organization.

Each club had similar issues and unique problem-solving techniques and being able to talk to each other about their approaches to various issues helps me think outside the box.

We collaborate, share insights/perspectives, be innovative and efficient. New ideas and

## 'Sam' Shoji Writes About His Hawaii & Vegas Trip

By Osamu Shoji

I took a trip for 13 days with my wife Yasuko.

We left Kansai airport, and arrived at Honolulu airport after flying at 36,000 feet for seven hours.

Mr. and Mrs. Kanehira welcomed us with a lei.

I attended Hawaii Region Convention for the 19th time, in Las Vegas this time.

So, Mr. Kanehira made a plan for us to spend one week with my friends in the Hawaii Region.

new ways to look at an issue helps me to be excited about our future. Turn change and challenges into opportunities.

Fiscal constraints affect all of us and we all have to do More with Less. **Fred Yamashiro** (Hilo) had extremely challenging situations which he is turning into positive opportunities for change.

I was inspired by his courage and commitment.

I also spoke to **Donna Jones** (Maui) whose club is struggling with low membership which we all also face.

She hasn't and won't give up on increasing membership. Sharon gave an incredible speech on what she hopes and plans to accomplish for her tenure as Regional Director.

These are a few of the people I met and I am humbled by their dedication, commitment and willingness to serve. I look forward to many years of involvement.

As soon as we arrived, we went to Ala Moana Beach and floated in the ocean.

We were impressed by the atmosphere of Hawaii; the color of the blue sky and sea.

We were tired from jet lag, so after getting some sleep, we took a walk along Ala Wai Canal and Waikiki beach.

We visited an abacas school of Hawaii. I was an abacas teacher in Japan 50 years ago. I read out some problems to the students. The school students



Freda Nakamoto

welcomed me.

Next, We went to the Hawaiian bank. During the banking transaction, I experienced business English.

After that, we went to visit the grave of Mr. Conrad Tsukayama who passed away 11 years ago.

We also enjoyed day trips with Hawaii Region friends for four days. To the west, to the east, and to the north.

In the west, Mr. Kadomoto drove us around the Disney resort which opened in August last year. Mr. Kanehira also went. We saw the highest class hotel and I felt the peacefulness of the town.

There was a resort amusement park in the hotel.

In the east, Mr. Kanehira and I drove as to Kailua beach. It took one hour. The white sand and the blue sea were very beautiful.

I praised with both hand, it called the powder snow beach.

They call it a powder beach. I was so happy and relaxed that.

I lifted my hand to the sky.

There was a meeting of the Windward club and commendation for the late Mr. Conrad Tsukayama.

I did a magic show and received a lot of applause.

In the north, we were driven to the north shore with Ms. Marion by Mr. Russ's drive.

We stopped at tourist draws with many times. A young man was enjoying surfing and jet skiing. If I were young, maybe it would be me! I met a wild turtle.

It was crowded with people taking photograph.

We ate the famous Matsu-moto shaved ice.

We were really satisfied with the beautiful nature and comfortable climate.

We went to see the sunset from Ala Moana beach at 5;30 in the evening. A photographer was lining up a shot at the pier. I took about hundreds of pictures. Then we moved to the Hawaii Region

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## Shoji's Trip

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Convention. We arrived in Las Vegas from the Honolulu airport in five hours.

The convention began from the slot tournament.

We played four times during two days, I got "\$100" and started with a good omen.

The second day was an incoming meeting, and the new Regional Director, **Sharon Ishida**, gave a positive speech.

We went around Las Vegas on a bus tour, the night view of the fountain show and illumination was a feeling taken with water and sound.

Our California Hotel was on an arcade next to an amusement center.

On the road, there were people dancing to the music of a band.

At a Casino, we enjoyed blackjack and poker for three nights.

The most famous first-class brand name shops in the world stood in an arrow.

We ended up with many bags; our four suitcases were too heavy.

Then, we went to Chinatown by taxi, got a massage and felt refreshed.

We had a pleasant time in Hawaii and Las Vegas.



**Yasuko** and **Osamu Shoji** with **Jim** and **Gladys Kanehira** outside the Windward YMCA.

## Windward Honors Jane for Endowment

Our club's honoree this year at the Y Service Clubs' Endowment dinner May 24 was Jane Okazaki, who retired from the Windward YMCA. Our donation of \$120 in her name goes to the Endowment Fund that helps YMCAs everywhere.

This is what **Bill Stone** wrote about her as our entry in the Golden Book of Y Service Clubs International:

**Jane Kienutske Okazaki** deserves the highest recognition for her dedication and selfless contributions to the success of the Windward YMCA. Not only has she been a diligent employee, but also a committed volunteer, a fantastic fund-raiser and she even married a Y member!

Jane worked full-time in the Y's Welcome Center for 10 years, quit to pursue a business opportunity, and then returned for another three years before finally retiring. During her working years, she trained countless new employees – including her boss, Bill Stone, who would have been lost without her guidance. Jane also adapted to three separate computer software systems as the YMCA of Honolulu tinkered with its IT programs.

She expertly navigated from an archaic software program to an interim program and finally to the system still in place – all of this while pretending not to work well with computers.

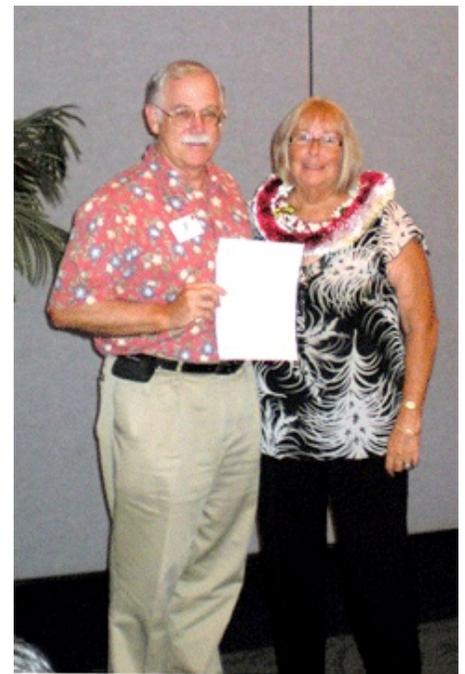
As a volunteer, Jane could be counted on to show up for every Y function. She was especially helpful – even after she retired – at the annual Hallo-Wine wine tasting and silent auction.

At that event, she took on the toughest job: checking people in and serving as cashier at the end of the auction. No matter how long the line of auction winners, she kept smiling and helping. What a trooper!

Her best skill, however, is her ability to persuade people to be

philanthropic during the Y's annual fund-raising drives every February. Jane not only was the top fund-raiser for many years in a row, but she also mentored new solicitors and showed them how to succeed, too. Her forte is schmoozing donors on the phone, and her sweet attitude almost always wins them over. Many contributors insist on dealing only with her, and are disappointed if she doesn't call and cajole them into doubling their pledge.

Even her fund-raising prowess, though, pales by comparison to her most stunning effort at the Y – marrying member **Ron Okazaki**. Ron, a widower, had known Jane for many years before working up the courage to ask her out. After that it was a whirlwind romance, culminating in a storybook wedding at her sister's house in Lanikai. The couple, both now retired, visit the Y regularly to work out, swim and talk with friends. We sure hope Jane and Ron will always be part of the Y.



**Bill Stone**, executive director of the Windward YMCA and a longtime member of the Windward Y Service Club, poses with **Jane Kienutske Okazaki** at the Endowment Dinner on May 24.

## Club Calendar

### May 24, Thursday

6 p.m. Metro District Endowment Dinner, Manoa Grand Ballroom

### June 4, Monday

6 p.m. Windward YMCA. Monthly meeting.

### August 2-5

International Convention Stavanger, Norway.

## Convention Fun

*(Continued from Page 3)*

was so happy to receive it from Brad because not only was it beautiful, opal is also her birthstone. This was the second ring she won through the raffle.

**Freda Nakamoto** who doesn't gamble nor care for shopping, finally ventured in investing \$1 on a machine. She was a big help in our hospitality room.

## Annual Support Campaign Success

Oahu Y's Men and Y's Women generated a whopping 12 percent of all the contributions pledged for the 2012 YMCA of Honolulu's "Healthy Communities" Annual Support Campaign.

Our volunteers and the Y staffers who are members of our clubs brought in \$124,797 out of the total of \$1.04 million in pledges.

**Mike Broderick**, president and chief executive officer of the YMCA of Honolulu, had this to say: "Will you please convey to your Y Service Clubs colleagues my sincere thanks for their remarkable efforts, not just with ASC, which truly were spectacular, but for all of their spirited, hard and effective work throughout the year. With deep appreciation. Mike."

**Kent Coarsey**, director of philanthropy for the nine-branch YMCA, had his staff sort the numbers at the request of the Hawaii

Region of Y Service Clubs International. When the numbers came to him he sent us this letter of appreciation:

"Aloha. The Y can't operate without of the support of the Y service clubs. That was once again proved by the support the services club members provided during the recent ASC Campaign.

"Russ Lynch of the Windward Y club asked me to look into how much funds members from all of the Oahu clubs (staff & volunteers) generated for the campaign. Stephanie ran the report today and to my joyful surprise, members of the Y Service Clubs generated \$124,797 or 12 percent of the entire campaign.

"Way To Go Y Service Clubs! Kent."

Our club is always a significant contributor to the ASC and our members **Marion Liu** and **Karla Redding** were co-chairs of the Windward YMCA event.

## New Clubs in Europe

Y Service Clubs International continues to grow and that growth, more and more, is outside the United States.

The latest two new clubs added, announced by **James Ole**, international projects coordinator at international headquarters in Geneva, are in Europe.

They are the Vilnius Community Y's Men's Club in Vilnius, Lithuania, and the Femelia Helsingfors Y's Men's Club in Helsingfors, Finland.

## Bulletins Show Variety

Even within Hawaii, the diversity of our clubs and their activities in their communities shows up splendidly in their club bulletins.

You can find those, going back several years, in the Hawaii Region website, [ysmenhawaii.org](http://ysmenhawaii.org). But to get a good look at what's

happening in the rest of the country and see how other clubs handle their daily tasks and challenges, check out some of the bulletins in the U.S. Area, Y Service Clubs International, web pages.

Go to <http://ysmenusa.com> and look at "What's New" across the bottom of the home page. That's where the new issues are filed for all to see.

## Facebook Group Starts

The Hawaii Region of Y Service Clubs International now has a group page on Facebook. It's at <http://www.facebook.com/groups/ysmenhawaii>.

It is still in its infancy but could turn into a useful communications tool. The more members join the group the better it will work. Items can only be posted by members and you have to have your own Facebook page before you can join.

## A Touch of Humor

One afternoon, I was in the backyard hanging the laundry when an old, tired-looking dog wandered into the yard.

I could tell from his collar and well-fed belly that he had a home. But when I walked into the house, he followed me, sauntered down the hall and fell asleep in a corner. An hour later, he went to the door, and I let him out.

The next day he was back. He resumed his position in the hallway and slept for an hour.

This continued for several weeks. Curious, I pinned a note to his collar: "Every afternoon your dog comes to my house for a nap."

The next day he arrived with a response pinned to his collar:

"We have ten children - he's trying to catch up on his sleep."