



# Windward Y'er

Bulletin of the Windward Y Service Club

## Zippy's Sale Success

Once again our annual fundraising sale of tickets for great food from Zippy's was a success. And again, Jim Kanehira found YMCA members at the Windward Branch very receptive. Many members did well with their personal sales and a few of us who aren't into selling just bought the tickets ourselves. An advertisement in the last issue of "Windward Y'er" had some effect. Immediate Past Regional Director Bobby Stivers-Apiki in Hilo bought tickets.

Jim made up a nice sign and spent some time at the Y. The sign brought him customers for 14 tickets.

"Members do respond at the Y," he said.

At our September meeting, 41 tickets were turned in by those unable to sell them. Jim took 26 of those

The final numbers won't be in until our October meeting but it looks like pretty much all of the 300 tickets we ordered will have been sold by then.

Tickets sell for \$9 each and the club keeps \$4, before taxes, from each one sold.

**Pick-up October 9.** Don't forget to remind your buyers that they must pick up their Zippy's items by October 9th, a Sunday. And pick up your own, of course.

## We Meet the New Branch Exec

By Russ Lynch

She had only been in her new job for a week and she had just spent a busy day in training at YMCA headquarters downtown but Leigh Ann Landreth made it to our September 12 club meeting and spent 40 minutes with us.

Leigh Ann started work September 6 as the new Windward YMCA executive director.

She told us about her 16 years of working in the YMCA, leading up to her most recent job as senior executive director of the Tampa Metropolitan Area YMCA.

Primarily that meant managing a Y with 11,000 members.

As she settles into life in Honolulu she has temporary accommoda-

tion at Central YMCA — where her biggest adventure was an encounter with a "giant" cockroach. She's looking for accommodation closer to our Y.

Leigh Ann has a number of goals but a leading one that she shares with us is reaching out to the younger generation and teaching them social responsibility and volunteerism.

Given her experience at major YMCAs, it was a bit of surprise to us to find that she has had no encounters with Y Service Clubs before ours.

It's certain that we will have a close relationship with her and plenty of chances to teach her about Y'sdom.



Leigh Ann Landreth, right, new executive director of the Windward YMCA, with our club president Karla Redding at the September 12 club meeting.

**Next Meeting: Monday  
October 10, 6 p.m.  
Windward YMCA**

Windward Y Service Club  
2016/2017

Chartered April 5, 1980

President: Karla Redding  
Vice president/Secretary:  
Joe-Ann McCarthy  
Treasurer: Donna Saito

Members: Kenneth Kadomoto,  
James Kanehira, Karel Ling,  
Makena Liu, Marion Liu,  
Russ Lynch, Jack McCarthy,  
Freda Nakamoto,  
Donald Scott, Osamu Shoji,  
Bill Stone, Gay Sulkey,  
Wendy Tupper, B.J. Watkins

Club Bulletin: Send items to  
Editor Russ Lynch  
[russlynch@mac.com](mailto:russlynch@mac.com)

We meet on the second Monday  
of every month at 6 p.m. in the  
Windward YMCA

## Club Calendar

**October Regional Focus:  
Alexander Scholarship Fund/  
Dollars for Scholars**

**Regional Service Director:  
Brad Ishida, Kaimuki**

**September 17, Saturday, 10 a.m.**  
Metro District meeting.  
Location to be announced.

**October 9, Sunday**  
Last day to pick up Zippy's  
fund raiser food items.

**October 10, Monday, 6 p.m.**  
Club monthly meeting  
Windward YMCA. Toiletries.

**November 14, Monday, 6 p.m.**  
Club monthly meeting  
Windward YMCA. Samaritan's  
Purse gift boxes.

**November 19, Saturday**  
Hawaii Region Mid-Year  
Cabinet Meeting, Ilima Hotel.

**December 10, Saturday**  
Brunch With Santa. Helping  
at fund raiser for Prevent  
Child Abuse Hawaii. Pomaikai  
Ballrooms at Dole Cannery.  
Ends at 2 p.m.

**Our International Motto:  
To acknowledge the duty that  
accompanies every right.**

# Endowment Honoree Chosen

Our club's choice for this year's Endowment "Golden Book" entry, Ann Wong, was picked for her 21 years of service to Windward YMCA.

Ann retired September 30 from the post of branch office manager and is looking forward to doing some travel and she'll "possibly do some volunteering."

Her name and a writeup were sent to the Hawaii Region service director for Endowment, Isaac Sakamoto (Nuuanu) and our club check for a \$120 donation to the International Endowment Fund has also been mailed.

Ann's career with the YMCA, all of it at the Windward Branch, started when her son started going to preschool and she was looking for a part-time job.

She started as a part-time office clerk, went on to work in the A+ after-school program, then in human resources and finally in 2010 was made office manager a job that also includes human resources.

The title "office manager" raises visions of someone buried in a cubicle somewhere, wearing an eye shade and leafing through lots of papers. Ann has always been the opposite of that, seen out in

the thick of whatever activities are going on at the Y.

Among other things, she played a big role in keeping the successful Annual Support Campaign organized.

The members have been a great part of what she loves about the Y, she said. "I got to meet them, got very close to them," a very rewarding experience, she said.

Ann will be presented with a copy of the "Golden Book" certificate in May.

Each year, Y Service Clubs honor individuals with entries in the book which is kept at Y Service Clubs headquarters in Geneva.

Along with the writeup we make a donation that goes into the Endowment Fund. Earnings from that fund are used for a variety of purposes around the world. An important example is helping YMCAs that have been hit by natural disasters.

Q: *Why do the French like to eat snails?*

A: *They can't stand fast food.*

Q: *Why did the physics teacher break up with the biology teacher?*

A: *There was no chemistry.*

## Inspiration

*I lift up my eyes to the mountains- where does my help come from?  
My help comes from the Lord, the Maker of heaven and earth.*

– Psalm 121:1-2

Where do we look when we feel overwhelmed? Our carnal nature may want to look to people or organizations when life gets tough, but those resources can quickly disappoint us. The Psalmist tells us to train our eyes to look above when we are discouraged. God made the heavens and the earth; he is the best thing that we can focus upon in the midst of crisis.

*by Dave Whitehead, Author of "Making Sense of the Bible"*  
Submitted by Marion Liu, Club Service Director for Christian Emphasis



## SAVE THE DATE!



### 81<sup>st</sup> Hawaii Region Y Service Clubs Convention

May 5 – 7, 2017  
Marriott Courtyard Hotel  
Kauai Island, Hawaii

*Aloha Fellow Y's Men & Women. You are cordially invited to the 2017 Hawaii Region Convention- an experience of a lifetime . . . affordable & memorable. SAVE THE DATE for now and in November we will email and post on our website and Facebook the Convention Information & Registration Packet. E komo mai . . . come join us! Mahalo, Eddie Miwa, Regional Director.*



## Future Projects and Emphasis

As well as preparing for the 81st Hawaii Region Convention on Kauai next May there are some other upcoming events our members should keep in mind. Some will take place at club meetings.

Here are some coming up soon:

**October 2016:** At the club meeting. Gathering toiletry bags for people in the abused-spouses center in Kailua. October emphasis is Alexander Scholarship Fund and Dollars for Scholars and our club service director for those is Karel Ling.

**November 2016:** Christmas boxes for needy kids overseas in the Samaritan's Purse program (t the club meeting.) Plant sale. Empha-

sis for November is Brotherhood Fund. (Club service director Ken Kadomoto.)

**December 2016:** Brunch with Santa December 10, 10 a.m.to 2 p.m. at Pomaikai Ballrooms. Dole Cannery. Emphasis for December is Christian Emphasis (club service director Marion Liu.)

**January 2017:** Time to get rolling on the YMCA's Annual Support Campaign. January emphasis is YMCA Service (club service director Gay Sulkey).

**February 2017:** Emphasis Time of Fast Global Project Fund, club service director Freda Nakamoto. See Page 4 for some examples of what this international fund does.



Our club's Ken Kadomoto, district secretary-treasurer, with District Governor Albert Lee at the Metro District meeting.

### We Will Host Metro Meet

Our club will be the host of the February 4 meeting of the Y Service Clubs Metropolitan District. Club President Karla Redding offered us as the host club when a schedule of upcoming meetings was discussed at the Metro meeting in the Ilima Hotel, Waikiki, on September 17.

Karla will provide her house for the meeting.

### Saved Pigeon 'Red' Gets a Home

*Two issues ago, readers of "Windward Y'er" learned about Jim Kanehira's adoption of a baby pigeon, brought to the Windward YMCA after falling from its nest. Jim kept us up to date and here is a final, good-news, chapter:*

*By Jim Kanehira*

Good news! I have found a good home for the pet pigeon. I asked Ken Kadomoto's neighbor who raises lots of pigeons if he would accept "Red" and he graciously responded that he would take care of him.

I'm relieved since I'm not sure if he could survive in the wild.

Raising him was a great experience and I'll miss him as I'm sure he would miss me for a while.

He always greeted me with a coo and came to the gate of the cage to go on my hands.

He would then fly and end on top of the cage.

He was a curious bird, walking around the table pecking at things on the table after eating. It was fun watching him grow.

## International News

### Aid Projects Funded

The Time of Fast Global Projects Fund of Y Service Clubs International will fund eight projects in various parts of the world, for the equivalent of \$146,000.

Created in 1973, Time of Fast has contributed more than \$6.3 million to various YMCA and community projects and emergencies. Funds are donated by Y Service Clubs members who theoretically give up a meal and donate what they have spent on it.

Hawaii clubs' donations are \$12 per year per member.

The latest round of approved projects include such activities as teen-ager development in Mongolia, teaching girls to be midwives in Nepal, and helping rural young people in Madagascar.

## U.S. Area News

### Convention in Las Vegas

The U.S. Area of Y Service Clubs International is planning to hold the next U.S. Area Convention in Las Vegas in 2017, probably in August. The convention is held every two years and the last one was in Grand Rapids, Michigan.

## Freda's Erdman Work Day Story

By Freda Nakamoto

It was dark when I got up to get ready for our Camp Erdman project.

Karla came and picked me up because I had never been to Camp Erdman and had no idea where it is located.

I did know what some of the cabins looked like since I watched the TV show, LOST.

We took a wrong turn but did manage to find our way to the Camp to be greeted by Russ who had been there 20 minutes waiting



Freda ready for action at the four-club work day at YMCA Camp H.R. Erdman on August 27th.

for someone else to show up.

Members of various Y Service clubs trickled in. Linda Chung, Joe-Ann and I went down to look at the beach. Gorgeous postcard worthy scenery and only 1 person on the beach as far as I could see. Joe Ann even found a puka shell.

Back at the staging area more Y people were arriving with arm-loads of goodies: danish, donuts, grapes, bananas, yogurt and more. More than enough sugar to rev us up for the work ahead.

Ron Okimoto greeted us and took us to see what needed to be done. The ramp was first and quickly claimed, the benches next (claimed by Windward), more benches and the clearing of the trail.

Pace yourselves, keep hydrated, take rest breaks, safety first. I don't expect all to be done today, especially clearing the trail we were told.

Like the little train that thought it could, the trail clearers trudged off with Jack and Russ.

We think we can, we think we can and all the others disbursed to their areas. Karla, JoeAnn, Marion, Jimmy and I went off to the benches. Well, not only did we think we could, we did! All the projects were completed and by lunch time no less.

It's a miracle Ron said as we gathered tired, dusty and aching but proud of our accomplishments. Off to lunch, yum, I was expecting chili, hot dog and rice but they provided us with a feast. Rice, shoyu chicken, cooked vegetables, noodles with shrimp, lumpia, vegetable salad and fruits. It was delicious.

We helped clean up and then headed home. Karla dropped me off and went to work. I don't know where she gets the energy. I took a shower, swallowed some aspirin and plopped myself on the couch until dinner time, too pooped to move.

### **Not a Member of our Club? Support Your YMCA Join the Windward Y Service Club**

We're a volunteer organization dedicated to helping the YMCA and other organizations in our community.

We meet at Windward YMCA on the second Monday of each month, at 6 p.m. in the Club Room.

Drop in and get to know us or, for more information, contact:

**Karla Redding, President, Windward Y Service Club**

**Phone: 780-0460 Email: 2happycoconuts@gmail.com**

Club membership is free for your first year. *(Membership of our club does not include membership of the YMCA but you don't have to be a Y member to join us.)*