



Windward Y'er

December 2017

Bulletin of the Windward Y Service Club

Chartered April 5, 1980

Y Service Clubs International - U.S. Area, Hawaii Region

February Plant Sale Helps ASC

By Bj Watkins

Calling all plant lovers. February 3, 2018 marks the date for the annual Windward Y Service Club's Annual Support Campaign Fundraising Plant Sale.

This will be a wonderful opportunity to begin the new year with the beautiful décor that only plants provide.

The proceeds from this sale directly support programs at the Windward YMCA. and the Y Service Club.

Preparations for the sale are in full swing.

Plant lovers and club members **Bj Watkins** and **Jim Kanehira** have been propagating plants for months. **Joe-Ann McCarthy** and **Freda Nakamoto** are collecting beautiful pots and containers. Collection, propagation, and arrangement are ongoing throughout the year.

Beginning mid-December, there will be a "pot collection" drive in the Windward YMCA lobby. These pots will be used to create beautiful potted plant arrangements. As last year, Jim Kanehira's beautiful tillandsia (air plants) will be the featured item.

Many species of the air plants and arrangements will be available. From the rare to the more common, all types of air plants will be available.

These are raised with love by Jim throughout the year. This year "sun catchers" will be on sale. These are beautiful hand strung beaded chains with a crystal prism.

Put your new plant and a sun catcher in a sunny window.

It will bring happiness to your home.

As the date approaches, notifications will be posted.

The sale will be held in the back courtyard of the Windward YMCA



from 9 a.m. to 1 p.m. on Saturday, February 3.

Save the date for this fun event. It is an awesome opportunity to purchase plant arrangements only available at this sale.

You will be directly supporting the Windward YMCA.

**Next Meeting: Monday
December 11, 6 p.m.
Windward YMCA
Toiletry Gifts and
Used Greeting Cards**

**Editor: Russ Lynch
russlynch@mac.com**



Operation Christmas Child

In another of our annual service projects, members brought items for kids to our club meeting on November 13 and we packed them in more than 40 official "shoe boxes" for distribution to needy kids in other countries through Operation Christmas Child. In the picture with the finished product are, from left, **Joe-Ann McCarthy**, guest **Colleen Shibano**, **Karla Redding**, **Freda Nakamoto**, **Donna Saito**, **Mari-on Liu**, **Ken Kadomoto** and **Wendy Tupper**. Photo by Russ Lynch.

Windward Y Service Club
Chartered April 5, 1980

President: Karla Redding
Vice president/Secretary:
Joe-Ann McCarthy
Treasurer: Donna Saito

Members: Kenneth Kadomoto,
James Kanehira, Leigh Ann
Landreth, Makena Liu, Marion Liu,
Russ Lynch, Jack McCarthy,
Freda Nakamoto, Donald Scott,
Osamu Shoji, Gaye Sulkey,
Wendy Tupper, Bj Watkins

Club Bulletin: Send items to
Bulletin Editor Russ Lynch
russlynch@mac.com

We meet on the second Monday
of every month at 6 p.m. in the
Windward YMCA

Club Calendar

**December Regional Focus:
Christian Emphasis**
Regional Service Director:
Rick Lau, Central

December 1, Friday, 6 p.m.
Joint Christmas party with
Nuuanu club, Pagoda Hotel

December 11, Monday, 6 p.m.
Monthly Club Meeting
Windward YMCA. Bring
toiletry gifts items for spouse
abuse center people and
greeting cards for Jim K.

January 8, Monday, 6 p.m.
Monthly Club Meeting
Windward YMCA

February 3, Saturday, 9 a.m.
Plant sale at Windward YMCA

February 12, Monday, 6 p.m.
Monthly Club Meeting
Windward YMCA

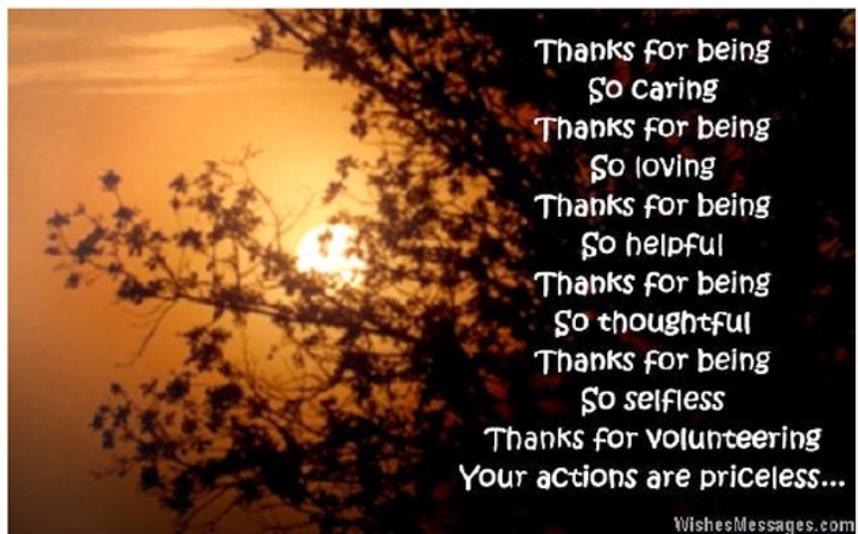
May 4-6, Friday-Sunday
Hawaii Region Convention
Hilo Hawaiian Hotel

Our International Motto:
To acknowledge the duty that
accompanies every right.

President's Message — From Karla Redding



I am so thankful for our wonderful members and for what we do for our community and the lives we have touched. This time of year is always time for reflection and I am so grateful that I can volunteer..I know even for me with my crazy schedule I will still take the time to help others because it makes me feel fulfilled and I am grateful for the mentoring along the way. I came across this poem and wanted to share...



Inspiration

Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.

— *Psalm 100:4 (NIV)*

This is known as a Psalm of ascents—or a Psalm that is to be sung as you enter the temple. This song tells us that thanksgiving and praise has little to do with emotions; they are choices that we have to make as we prepare our hearts for worship. So take a moment now and ask yourself: What can I be thankful for? How can I praise God's name today? Don't be surprised to see your heart change as you do, because praise and thanksgiving is designed to take our eyes off of ourselves and place them on the One who has the power to change us.

Commentary by Dave Whitehead
Senior Pastor
graceNYC.org

Submitted by Marion Liu, Club Service Director, Christian Emphasis
November 29, 2017

Christmas Party Fun —

We enjoyed joining Nuuanu Y's Men and Women's Club in their Christmas party December 1 in the La Salle Room at the Pagoda. Here are some of the photos that will be posted soon on the Internet.



Above: Clockwise from front are **Jack McCarthy**, **Donna Saito**, Regional Director-Elect **Sharon Ishida** (Kaimuki), **Lillian** and **Ken Kadomoto**, **Karla** and **Vic Redding**, **Marion Liu**, **Joe-Ann McCarthy** and **Freda Nakamoto**. Top Right: Nuuanu's **James Ouchi** got dressed as a snowman in one of the games. Right: Regional Director **Eddie Miwa** (Kalihi) with Nuuanu's **Albert Lee**. Not in the pictures is **Russ Lynch** who was behind the camera. Alas, **Jim Kanehira** was at home sick and couldn't lead the singing.



Goodbye Karel Ling, It Was a Great Joy Knowing You

It was with great sadness that we learned of the November 3 passing of Karel Ling, who joined our club in 1993 with her husband Kenneth. Karel was always joyful, always smart, participated in every club event that she could and brought her Christian faith with her at all times. Several of our club members were able to give our final farewells at her Celebration of Life at Borthwick Mortuary on December 1. Karel was 77. She was born in Bend, Oregon, and met Ken at Linfield College where she graduated with a degree in social work, as did Ken. Both used their degrees to help many challenged youths during their tenure at Palama Settlement. Karel went on to work at the Hawaii Children's Justice center and Koolau Boys' Home (Hawaii Youth Correctional Center). Karel retired in 2002 from the communications department at Marine Corps Base Hawaii. She loved her fellowship with Kailua Christian Church, her group bible studies with classes from Bible Institute of Hawaii and her time with the Windward Y Service Club, donating her time to help others. Karel is survived by three sons and two daughters, four siblings, 16 grandchildren and 11 great-grandchildren. We will always miss you, lovely lady.



From Our YMCA

by Leigh Ann Landreth

Executive Director, Windward YMCA



A Great Year - And More to Come

Over the past year our YMCA has made some great strides, all thanks to the dedication and hard work of our volunteer and staff team. Our Y Ambassadors are truly the face of our nonprofit charitable organization, and we could not make the broad and lasting impact that we make in the lives of others without your efforts.

None of these successes would be possible without you: Earlier this year, during our 2017 Annual Support Campaign, we surpassed our \$80,000 campaign goal by over \$10,000. Together, we raised over \$90,213, from 510 individual donors over the 12-week campaign. 100% of the funds we raised remained right here in our community to provide YMCA scholarships for children, families, and seniors to be able to participate in needed Y programs and services.

Youth Development.

Another measure of our YMCA's impact and progress are our SEER satisfaction surveys run by an independent company to measure the satisfaction of our members, program participants, and staff. Program survey results have been strong this year, indicative of the high quality programming we offer with our Swim Lessons, Day Camp, and A+ After school programming. Recently, our Membership satisfaction survey results showed improvements over prior year of 4-6% in key measurement areas. Our Staff satisfaction survey results showed astounding improvements of 3% and more over prior year results.

Healthy Living. In the past year, the Windward Y continued our efforts to help those who come to us to meet their own health and wellness goals. We now offer over 90 group exercise classes/week to our nearly 4,000 members.

Social Responsibility. Our army of YMCA volunteers has strengthened. We added six new volunteer leaders to our Windward Y Board of Managers. Our long-standing and tenured Y Service Club was named the Y Service Club of the year in the large club category at the 81st Annual Hawaii Region Convention.

Finally this year, more than ever, the Windward Y has answered the call to step outside the walls of our facility in strengthening our entire community. We came around the table with our local non-profit partners in the efforts to focus on the sustained upkeep and restoration of our beloved Ulupō heiau and Kawainui fishpond. We organized and hosted for the first time the YMCA Togetherhood initiative, which is the YMCA of the USA's signature social responsibility program. We started with just 35 volunteers at our first event, and grew to over 130 volunteers attending our 4th Togetherhood project in October. Our next Togetherhood work day is planned for Sat. Jan. 6, 2018 from 9 a.m. to 1p.m. The Windward Y also recently joined forces with other community non-profit organizations, local churches, and IHS to form the Kawainui Houseless Coalition.

I want to thank you for being a part of the Y movement. What an incredible group of people you are. Even more than that, what an incredible ohana you are. Thank you for all you do in service to others, and may God bring back to you all the blessings you have bestowed upon those children, families, and seniors that this YMCA serves.

*Wishing you a joyful holiday season,
Leigh Ann*

International News

President-Elect Voting

Clubs are voting on the election of someone to serve as International President-Elect of Y Service Clubs International and votes must reach headquarters in Geneva, Switzerland, by January 31. The elected person will serve as President-Elect from July 1, 2018, to June 30, 2019 and then will automatically become International President.

The candidates are, in alphabetical order, **Jose Alphonse**, Kerala, India; **Jennifer Jones**, Adelaide, Australia and **Rabi Panigrahi**, Berhampur, East India.

In the same election, clubs will vote on proposed amendments to the International Constitution. They are largely for clarification. For instance the term "young members" is stressed to apply only to the special class of young people elected to serve on the International Council, one from each Area.

Hawaii Region News

Officers Succession Plan

A Hawaii Region committee set up by Regional Director **Eddie Miwa** (Kalihi) is working to come up with a plan to fill the top offices of our region in the coming years. Meanwhile the top job, Regional Director, is covered for the next four years.

Sharon Ishida (Kaimuki) will serve as Regional Director for two years beginning on the last day of our 2018 convention in Hilo. A member willing to take over from Sharon in May 2020 has been chosen and has accepted the role but the name won't be disclosed until later.

The committee is looking two years out beyond that. The two-year term of Windward's **Joe-Ann McCarthy** as District Governor, Metropolitan District, will end in 1919 and RD Sharon will have to appoint a successor.

Succession Committee members are Eddie Miwa, Sharon Ishida, Phil Sammer, Duke Chung, Walter Osakoda and Linda Chung.